

Jordan University of Science and Technology Faculty of Applied Medical Sciences Optometry Department

OPT.458 Contact Lenses(2) Lab - JNQF Level: 7

Second Semester 2023-2024

Course Catalog

1 Credit Hours. This course is a practical application for contact lenses theoretical courses. The course will run initially as a lab where students will apply skills on each other, then as a mimicking of clinic using the university setting labs students in this course will have the responsibility to collect their patients, examine them for suitability of contact lenses, fitting and management of contact lens fitting, lens ordering and following up patient?s after care. Generally, students will go through more in practice experience in contact lenses fitting and management. The course will solely be based on course manual available in the lab, notes from clinical contact lens practice book, flash cards and case studies provided by the International Association of Contact Lens Educators (IACLE). Any modification will be considered and hint for.

Teaching Method: On Campus

Text Book		
Title	Clinical Contact lens practice	
Author(s)	Edward S. Bennett and Barry A. Weissman	
Edition	4th Edition	
Short Name	1.	
Other Information		

Instructor	
Name	Dr. Mera Haddad
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Office Hours	
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Instructor	
Name	Prof. May Bakkar
Office Location	FAMS -LEVEL 0

Office Hours	Sun : 10:30 - 11:30 Sun : 11:30 - 12:30 Tue : 10:30 - 11:30 Tue : 11:30 - 12:30 Wed : 08:30 - 09:30 Thu : 10:30 - 11:30
Email	mmbakkar@just.edu.jo

Class Schedule & Room

Section 1:

Lecture Time: Sun : 08:30 - 10:30 Room: LAB

Section 2:

Lecture Time: Tue : 08:30 - 10:30 Room: LAB

Section 3:

Lecture Time: Thu : 08:30 - 10:30 Room: LAB

Tentative List of Topics Covered		
Weeks	Торіс	References
Week 1	Review of Contact lenses (Keratometry Slit lamp biomicroscopy (prior, during and after contact lens fitting), spherical and toric contact lens fitting	From 1 .
Week 2	RGP lens fitting and assessment	From 1 .
Week 3	RGP lens fitting and assessment	From 1 .
Week 4	RGP lens fitting and assessment	From 1 .
Week 5	Scleral contact lens fitting	From 1 .
Week 6	Scleral contact lens fitting	From 1 .
Week 7	Scleral contact lens fitting	From 1 .
Week 8	Monitoring contact lens complications	From 1 .
Week 9	Contact lens clinic: Soft spherical , toric, scleral CLs, prefitting assessment, after care assessment	From 1 .
Week 10	Contact lens clinic: Soft spherical, toric, scleral CLs, prefitting assessment, after care assessment	From 1 .

Week 10	Contact lens clinic: Soft spherical , toric, scleral CLs, prefitting assessment, after care assessment	From 1 .
Week 11	Contact lens clinic: Soft spherical , toric, scleral CLs, prefitting assessment, after care assessment	From 1 .

Mapping of Course Outcomes to Program Outcomes and NQF Outcomes	Course Outcome Weight (Out of 100%)	Assessment method
Apply knowledge of ocular anatomy and physiology to select appropriate contact lens types, sizes, and parameters for individual patients, considering factors such as corneal curvature, refractive error, tear film dynamics, and patient lifestyle. [1PLO 1, 1PLO 3] [1L7K1]	25%	Final Exam
Evaluate patients for suitability for contact lens wear through comprehensive pre-fitting assessments, including visual acuity testing, slit lamp biomicroscopy, tear film assessment, and consideration of any ocular health conditions or contraindications [1PLO 2] [1L7S1]	25%	Final Exam
Implement troubleshooting strategies to address common challenges associated with contact lens wear, such as discomfort, dryness, blurred vision, and lens decentration, utilizing appropriate adjustments, lens modifications, or alternative lens options as necessary. [1PLO 2, 1PLO 4] [1L7C2, 1L7C3]	50%	Final Exam

Relationship to Program Student Outcomes (Out of 100%)								
PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9
12.5	50	12.5	25					

Relationship to NQF Outcomes (Out of 100%)			
L7K1	L7S1	L7C2	L7C3
25	25	25	25

Evaluation	
Assessment Tool Weight	
Midterm exam	50%
Final Exam	50%

Policy

course policy	Statement on
	Professionalism
	Professional behavior is expected of students at all times.
	Attitude and professional behavior are a minimum criterion for
	passing this class. Examples of unprofessional behavior include
	but are not limited to: missing classes, tardiness, lack of attention
	for a speaker, talking to others during lecture, leaving a lecture
	prior to its completion without prior authorization of the
	instructor, working on other class material during class, and
	sleeping during class.
	Cheating University regulations will be applied on cases of cheating and/or
	plagiarism
	Cell phone: The use of cellular phone is prohibited in class rooms and during
	exams.
	The cellular phone must be switched off in class rooms and
	during exams.
	Attendance No points will be count for points attendance of this class,
	however attending the lectures will greatly enhance your grade.
	The student is responsible for any information discussed in
	lecture sessions. It is imperative to attend all classes!
	Absences: University regulations will be applied. Students are not allowed
	to be absent for more than 20% of lectures for any reason or
	excuse. If a student exceeds the absence limit, he or she will not
	be allowed to sit for future course exams. (Please review
	university regulation for more details)
	Make-up Exam Make-up exams is entitled for students who miss the exam with
	accepted legal or medical excuse endorsed by the instructor
	within 24 hours after the scheduled exam (Please review
	university regulation for more details)
	Feedback Concerns, complaints, questions, and/or feedback are
	appreciated and will be important for the instructor. You can
	contact your instructor using the e-mail or during office hours

Date Printed: 2024-03-14