

## Jordan University of Science and Technology Faculty of Applied Medical Sciences Occupational Therapy Department

O.T351 Occupational Therapy For Physical Dysfunction (1) - JNQF Level: 7

First Semester 2023-2024

## **Course Catalog**

2 Credit Hours. This course introduces most common occupational therapy theories and practices when working with adults with physical dysfunctions, including weakness, contractures, lack of voluntary movements, and spasticity. Students will understand normal and abnormal patterns of movement and how these relate to occupational therapy interventions. The course will focus on the main frame of references (theories) used with physical dysfunctions (including OT task Oriented, Biomechanical, & Bobath,). The course applies the discussed theories & techniques on stroke, hand injuries & orthopedic conditions treated in OT clinics. Other related therapeutic approaches and common physical dysfunctions will follow in physical dysfunctions II course.

Teaching Method: On Campus

|                      | Text Book                                     |  |  |
|----------------------|---|--|--|
| Title                | Occupational therapy for physical dysfunction |  |  |
| Author(s)            | Mary Vining Radomski & Catherine A. Trombly   |  |  |
| Edition              | 7th Edition                                   |  |  |
| Short Name           | Ref#1   |  |  |
| Other<br>Information |   |  |  |

## **Course References**

| Short<br>name | Book name                                      | Book name Author(s)           |                 | Other<br>Information |
|---------------|--|-------------------------------|-----------------|----------------------|
| Ref#2         | Willard and Spackman's Occupational<br>Therapy | Glen Gillen & Catana<br>Brown | 14th<br>Edition |                      |

| Instructor      |   |  |
|-----------------|---|--|
| Name            | Prof. Khader Al Mhdawi                            |  |
| Office Location | Faculty of Applied Medical Sciences, Ground level |  |

| Office Hours | Sun: 13:30 - 15:30<br>Mon: 08:00 - 09:00<br>Tue: 13:30 - 15:30<br>Wed: 08:00 - 09:00 |
|--------------|--|
| Email        | khader@just.edu.jo   |

## Class Schedule & Room

Section 1:

Lecture Time: Sun, Tue: 12:30 - 13:30

Room: M3303

| Prerequisites |   |                      |  |  |
|---------------|---|----------------------|--|--|
| Line Number   | Course Name   | Prerequisite Type    |  |  |
| 1122220       | O.T222 Independent Living Practical                 | Prerequisite / Study |  |  |
| 1122170       | O.T217 Assessment In Occupational Therapy Practical | Prerequisite / Study |  |  |

|                 | Tentative List of Topics Covered   |  |  |  |  |
|-----------------|--|--|--|--|--|
| Weeks           | Торіс  | References                                 |  |  |  |
| Week 1          | Introduction to physical dysfunctions  | From <b>Ref #1</b> ,<br>From <b>Ref #2</b> |  |  |  |
| Weeks 2, 3      | Assessing Range of motion, strength, and endurance                                     | From Ref #1                                |  |  |  |
| Week 4          | Optimizing motor abilities and capacities: Range of motion, Strength, and endurance    | From Ref #1                                |  |  |  |
| Week 5          | The Biomechanical Approach   | From Ref #1                                |  |  |  |
| Weeks 6, 7,     | Optimizing motor behavior using the Bobath approach                                    | From Ref#1                                 |  |  |  |
| Weeks 9, 10     | Optimizing motor behavior using occupation-based interventions ?task-oriented approach | From Ref#1                                 |  |  |  |
| Weeks 11,<br>12 | Orthopedic conditions  | From Ref#1                                 |  |  |  |
| Weeks 13,<br>14 | Stroke   | From Ref #1,<br>From Ref #2                |  |  |  |
|                 | Revision   | From Ref #1,<br>From Ref #2                |  |  |  |

|   | Course<br>Outcome |            |
|---|-------------------|------------|
| Many in a of Course Outcomes to Drawner Outcomes and NOT Outcomes | • •               | Assessment |
| Mapping of Course Outcomes to Program Outcomes and NQF Outcomes   | 100%)             | method     |

| Demonstrate basic knowledge of OT models, approaches and theories used physical conditions including Bobath, Biomechanical, and OT Task-oriented approaches [1PLO1, 1PLO8, 1PLO9] [1L7K1, 1L7S2, 1L7C4] | 30% |  |
|---|-----|--|
| Acquire and implement basic skills of OT evaluation in physical dysfunctions [1PLO3, 1PLO4, 1PLO5] [1L7S1, 1L7S3]   | 30% |  |
| Prescribe and implement individualized functional therapeutic activities for various physical dysfunctions [1PLO4, 1PLO5, 1PLO7] [1L7S1, 1L7S2, 1L7C2, 1L7C4]   | 30% |  |
| Adopt evidence-based practice as a clinical standard [1PLO1, 1PLO7, 1PLO9] [1L7S1, 1L7C2, 1L7C4]  | 10% |  |

| Relationship to Program Student Outcomes (Out of 100%) |      |      |      |      |      |       |      |       |
|--|------|------|------|------|------|-------|------|-------|
| PLO1   | PLO2 | PLO3 | PLO4 | PLO5 | PLO6 | PLO7  | PLO8 | PLO9  |
| 13.33  |      | 10   | 20   | 20   |      | 13.33 | 10   | 13.33 |

| Relationship to NQF Outcomes (Out of 100%) |       |      |      |       |       |
|--|-------|------|------|-------|-------|
| L7K1                                       | L7S1  | L7S2 | L7S3 | L7C2  | L7C4  |
| 10   | 25.83 | 17.5 | 15   | 10.83 | 20.83 |

| Evaluation      |        |
|-----------------|--------|
| Assessment Tool | Weight |
| First Exam      | 30%    |
| Second Exam     | 30%    |
| Final Exam      | 40%    |

|                          | Policy   |
|--------------------------|--|
| Professional<br>Behavior | Professional behavior is expected of students at all times. Attitude and professional behavior are a minimum criterion for passing this class. Repeated lack of professional behavior will result in failure of this course. Examples of unprofessional behavior include but are not limited to: missing classes, tardiness, lack of attention for a speaker, talking to others during lecture, passing food during lecture, leaving a lecture prior to its completion without prior authorization of the instructor, working on other class material during class, inappropriate dress for labs, and sleeping during class. |
| Cheating                 | All assignments and learning activities should be of the student?s own work unless instructed differently. The instructor will follow JUST?s roles and regulation in the cases of cheating and/or plagiarism.  Group discussions are highly recommended however it?s crucial for each student to submit individual assignment, unless I indicate otherwise   |
| Absence                  | According to Student Manual (Item 8: B, C & D), students are not allowed to be absent for more than 10% of lectures without any official excuse (and more than 20% with an official excuse). If a student exceeds either cases, he or she will not be allowed to sit for future course exams and will earn the least possible grade for the course (35%), unless the student had already withdrew from the course (according to item 13: B).   |

| Feedback | Concerns, complaints, questions, and/or feedback are appreciated and will be important for the instructor. |
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|          | You can contact your instructor during office hours or using the e-mail: khader@just.edu.jo                |

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