



Jordan University of Science and Technology
Faculty of Nursing
Nursing Department

NUR206 Health Assessment (Theory) - JNQF Level: 7

Second Semester 2024-2025

Course Catalog

3 Credit Hours. This course provides the student with necessary knowledge and skills to conduct a complete health history and systematic health assessment for adults. A systematic approach to assessment of physiological, psychological, and developmental aspects is utilized taking into consideration the individual's sociocultural context. Students are expected to recognize normal physical findings and variations in health, as well as common relevant laboratory and diagnostic tests, and common drugs. Students will have the opportunity to learn and practice these health history and systematic physical assessment skills in the laboratory setting.

Teaching Method: On Campus

Text Book

Title	Bates' guide to physical examination and history taking
Author(s)	Bickley L. S. & Szilagyi P. G.
Edition	12th Edition
Short Name	Ref#1
Other Information	

Class Schedule & Room

Section 1:

Lecture Time: Sun, Tue : 12:00 - 13:30

Room: N1301

Section 2:

Lecture Time: Mon, Wed : 09:00 - 10:30

Room: N4201

Section 3:

Lecture Time: Mon, Wed : 10:30 - 12:00

Room: N1301

Prerequisites

Line Number	Course Name	Prerequisite Type
401023	NUR102 Fundamentals Of Nursing (Theory)	Prerequisite / Pass

Tentative List of Topics Covered

Weeks	Topic	References
Week 1	orientation	
Week 2	Health History Taking	From Ref#1
Week 3	Skin, Hair, and Nails	From Ref#1
Week 4	Head and Neck	From Ref#1

Week 5	Ear, Nose, Mouth, Pharynx	From Ref#1
Week 6	The Cardiovascular system	From Ref#1
Week 7	The Cardiovascular system	From Ref#1
Week 8	Peripheral vascular	From Ref#1
Week 9	Thorax and lung	From Ref#1
Week 10	Abdomen	From Ref#1
Week 11	Breast and Axilla	From Ref#1
Week 12	Musculoskeletal system	From Ref#1
Weeks 13, 14	Nervous system	From Ref#1
Week 15	Review	

Mapping of Course Outcomes to Program Outcomes and NQF Outcomes	Course Outcome Weight (Out of 100%)	Assessment method
1. Integrate the physiological, psychological, developmental and sociocultural factors that directly and indirectly affect the individual's health. [1NUR-1, 1COMP-1] [1L7K1]	3%	
2. Differentiate between normal physical findings and findings which denote deviation in health [1NUR-1, 1COMP-1] [1L7K1]	10%	
3. Utilize basic techniques for complete health history and health assessment for adults [1NUR-1, 1COMP-1] [1L7K1]	10%	
4. Utilize critical thinking skills to conduct a systematic health assessment and consider potential health promotion issues [1NUR-5, 1COMP-5] [1L7S1, 1L7S2, 1L7S3]	2%	
5. Integrate proper documentation of comprehensive health history and physical exam findings using principles of recording and proper medical terminology. [1NUR-3, 1COMP-3] [1L7S1, 1L7S2, 1L7S3]	3%	

Relationship to Program Student Outcomes (Out of 100%)																	
NUR-1	NUR-2	NUR-3	NUR-4	NUR-5	NUR-6	COMP-1	COMP-2	COMP-3	COMP-4	COMP-5	COMP-6	MSN-1	MSN-2	MSN-3	MSN-4	MSN-5	MSN-6
11.5		1.5		1		11.5		1.5		1							

Relationship to NQF Outcomes (Out of 100%)			
L7K1	L7S1	L7S2	L7S3
23	1.67	1.67	1.67

Evaluation	
Assessment Tool	Weight
First exam	25%
participation	10%
Second Exam	25%
Final Exam	40%

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