



Jordan University of Science and Technology
Faculty of Nursing
Nursing Department

NUR431 Mental Health Nursing (Theory)

First Semester 2022-2023

Course Catalog

3 Credit Hours. This course provides nursing students with the essential knowledge and skills in providing nursing care for patients with psychological, emotional, and behavioral disturbances. This course introduces the principles and basic concepts of psychiatric mental health nursing and its applications. In this course the students will be able to recognize different classes of mental disorders across the life span in terms of signs and symptoms, diagnostic criteria, risk factors, etiology, and treatment approaches. The students will also be able to apply therapeutic communication and critical thinking when providing care to patients with mental disorders. Evidence-based teaching strategies and materials are integrated in this course to better address the complexity of the health needs of patients with mental or psychiatric illnesses.

Text Book

Title	Essentials of Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice
Author(s)	Townsend, M; Morgan, K
Edition	7th Edition
Short Name	Ref#1
Other Information	

Instructor

Name	Dr. Mohammed Aldalaykeh
Office Location	-
Office Hours	Mon : 10:30 - 12:00 Tue : 11:30 - 13:00 Wed : 10:00 - 11:30 Thu : 12:00 - 13:30
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Instructor

Name	Dr. TARIQ ALDWAIKAT
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Office Location	M3 L-4 office 29
Office Hours	Sun : 11:45 - 13:45 Mon : 11:45 - 13:45 Tue : 11:45 - 13:45 Wed : 10:00 - 12:00
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Instructor	
Name	Dr. Heyam Dalky
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Office Hours	Sun : 12:30 - 14:30 Mon : 12:30 - 14:00 Tue : 10:30 - 11:30 Wed : 10:00 - 11:30
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Class Schedule & Room
<p>Section 1: Lecture Time: Sun, Tue : 10:00 - 11:30 Room: N1303</p> <p>Section 2: Lecture Time: Mon, Wed : 08:30 - 10:00 Room: N1301</p> <p>Section 3: Lecture Time: Mon, Wed : 08:30 - 10:00 Room: N1303</p>

Prerequisites		
Line Number	Course Name	Prerequisite Type
402290	NUR229 Clinical Practice For Nursing	Prerequisite / Pass
403421	NUR342 Maternal Health Nursing (Theory)	Prerequisite / Pass
403640	NUR364 Community Health Nursing (Theory)	Prerequisite / Pass
403520	NUR352 Child Health Nursing (Theory)	Prerequisite / Pass

Tentative List of Topics Covered		
Weeks	Topic	References
Week 2	Definition of mental health and mental illness	Chapter 1, 6 From Ref#1
Week 3	Concepts of personality development and Treatment Models	Bonus Chapter 1 From Ref#1
Week 4	Biologic Implications	Chapter 2 From Ref#1

Weeks 5, 6	Schizophrenia Spectrum and other Psychotic Disorders	Chapter 15 From Ref#1
Week 7	Mood Disorders	Chapter 12, 16 & 17 From Ref#1
Week 8	Anxiety Disorders	Chapter 18 & 19 From Ref#1
Week 9	Somatic Symptom and Dissociative disorders	Chapter 20 From Ref#1
Week 11	Personality Disorders	Chapter 23 From Ref#1
Week 12	Substance Use and Addictive Disorders	Chapter 14 From Ref#1
Week 14	Disorders of Children and Adolescents	Chapter 24 From Ref#1
Week 13	Eating Disorders	Chapter 22 From Ref#1
Week 10	Neuro-cognitive Disorders	13 From Ref#1

Mapping of Course Outcomes to Program Student Outcomes	Course Outcome Weight (Out of 100%)	Assessment method
Recognize the concepts of mental health and mental illness and the body's response to stress, physically and psychologically. [1NUR-1, 1COMP-1]	5%	1st Exam
Identify effective communication and therapeutic techniques when communicating with patients with mental disorders. [1NUR- 3, 1COMP-3, 1COMP-4, 1COMP-5]	5%	1st Exam
Relate to theoretical frameworks regarding the etiology of mental disorders when providing care to clients with mental disorders. [1NUR- 5, 1COMP-1, 1COMP-5]	10%	1st Exam
Recognize the role of brain biology and chemistry in the development of mental disorders. [1NUR-1, 1COMP-1]	10%	1st Exam
Identify a wide range of mental health disorders across the life span according to the DSM-V diagnostic criteria. [1NUR-1, 1COMP-1]	15%	1st Exam, 2nd Exam, Final Exam
Recognize biological, sociodemographic and environmental risk factors associated with mental disorders based on research findings and evidence. [1NUR-1, 1COMP-1]	5%	2nd Exam, Final Exam
Illustrate abilities in assessing, diagnosing planning, and intervening appropriately and effectively for clients with different mental disorders across the life span. [1NUR-5, 1COMP-1, 1COMP-5]	35%	2nd Exam, Final Exam
Appraise different evidence-based treatment approaches of mental disorders including psychotherapy and pharmacology to achieve patients' health outcomes. [1NUR- 2, 1COMP-1, 1COMP-5]	15%	2nd Exam, Final Exam

Relationship to Program Student Outcomes (Out of 100%)											
NUR-1	NUR-2	NUR-3	NUR-4	NUR-5	NUR-6	COMP-1	COMP-2	COMP-3	COMP-4	COMP-5	COMP-6
17.5	5	1.25		15		37.5		1.25	1.25	21.25	

Evaluation	
Assessment Tool	Weight
1st Exam	30%
2nd Exam	30%
Final Exam	40%

Policy	
Exams	<p>All exams are closed book and notes.</p> <p>The format of the exams will be multiple choice questions. (25% for 1st and 2nd, and 40% for the final)</p> <p>The final exam is comprehensive (covers all the material).</p> <p>Incomplete exams need approval from the dean of the nursing college and the instructor of the course</p> <p>The valid excuse should be submitted within the first week of the missed exam.</p>
Presentation	<p>Students will divide into groups (4-5 students each) and will choose to provide brief 7-10 minutes presentation about a topic (up-to-date information) related to the course materials. Examples include, but not limited: psychiatric disorders? treatment, causes, prevention, psychosocial factors, suicide-related topics, nutrition and psychiatric disorders, Gender-related issues, crisis management?etc. Students can start as early as 2 weeks of course start; you have to arrange with the course teacher ahead to get ok for the topic. One group at least should present weekly. You can volunteer, however, if no students do choose, then course teacher will assign students randomly to present. Of those who choose not to present or don't show up the day of presentation, then a ZERO mark will assign to him/her. No excuses for re-arranging a second chance. An attached 1-2 typed pages well-written report is required for the assignment to be completed. See the evaluation criteria.</p>
Cheating	<p>Prohibited, and in case of cheating the student will be subject to punishment according to the university regulations</p> <p>The commitment of the acts of cheating and deceit such as copying during examinations, altering examinations for re-grade, plagiarism of homework assignments, and in any way representing the work of others as your own is dishonest and will not be tolerated. Standard JUST policy will be applied.</p> <p>المادة 6 من نظام تأديب الطلبة: إذا ضبط الطالب أثناء الامتحان أو الاختبار متلبساً بالغش فتوقع عليه العقوبات التالية مجتمع أ- اعتباره راسباً في ذلك الامتحان أو الاختبار ب- الغاء تسجيله في بقية المساقات المسجل لها في ذلك الفصل ج- فصله من الجامعة لمدة فصل دراسي واحد، و هو الفصل التالي للفصل الذي ضبط فيه</p>
Attendance	<p>1. Excellent attendance is expected.</p> <p>2. JUST policy requires the faculty member to assign ZERO grade (35) if a student misses 10% of the classes that are not excused.</p> <p>3. If you miss class, it is your responsibility to find out about any announcements or assignments you may have missed</p>
Participation	<p>Students are expected to be active during the lecture ask and answer questions related to the topic of the day.</p>
Withdraw	<p>Please see the university calendar for deadlines: http://www.just.edu.jo/calendar/Pages/default.aspx</p>

Laboratory	No laboratory work for this course.
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