



**Jordan University of Science and Technology**  
**Faculty of Nursing**  
**Nursing Department**

NUR433 Mental Health Nursing (Clinical)

First Semester 2020-2021

**Course Catalog**

3 Credit Hours. This course focuses on providing nursing students with clinical learning experiences at a general hospital and a psychiatric setting. In both settings, the students are going to apply the theoretical knowledge gained in the theory course in the provision of care for patients suffer from psychosocial, emotional and behavioral problems. The emphasis is on providing holistic mental health nursing care to patients using the nursing process with emphasis on therapeutic communication. Integrating the concepts of team collaboration, leadership, and conflict management as well as modeling of professional and legal/ethical values are essential components in the provision of quality care to patients. Different assessment approaches will be used to achieve those outcomes including: case study presentation, psychiatric and psychosocial assessment, clinical seminar, and a written final exam.

**Text Book**

<b>Title</b>	Essentials of Psychiatric Mental Health Nursing
<b>Author(s)</b>	Mary C. Townsend
<b>Edition</b>	7th Edition
<b>Short Name</b>	Essential of Psych Nursing
<b>Other Information</b>	

**Course References**

Short name	Book name	Author(s)	Edition	Other Information
REF#2	Website Link	none	1st Edition	

**Instructor**

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Class Schedule & Room	

Section 1:

Lecture Time: Sun, Tue, Thu : -  
Room: N4202

Section 2:

Lecture Time: Sun, Tue, Thu : -  
Room: N4203

Section 3:

Lecture Time: Sun, Tue, Thu : -  
Room: N4204

Section 4:

Lecture Time: Sun, Tue, Thu : -  
Room: HOSPITAL

Section 5:

Lecture Time: Sun, Tue, Thu : -  
Room: HOSPITAL

Section 6:

Lecture Time: Sun, Tue, Thu : -  
Room: HOSPITAL

Section 7:

Lecture Time: Sun, Tue, Thu : -  
Room: HOSPITAL

Section 8:

Lecture Time: Sun, Tue, Thu : -  
Room: HOSPITAL

Section 9:

Lecture Time: Mon, Wed, Thu : -  
Room: HOSPITAL

Section 11:

Lecture Time: Mon, Wed, Thu : -  
Room: N4202

Section 12:

Lecture Time: Mon, Wed, Thu : -  
Room: N4203

Section 14:

Lecture Time: Mon, Wed, Thu : -  
Room: HOSPITAL

Prerequisites		
Line Number	Course Name	Prerequisite Type
403442	NUR344 Maternal Health Nursing (Clinical)	Prerequisite / Pass
403561	NUR356 Child Health Nursing (Clinical)	Prerequisite / Pass
403660	NUR366 Community Health Nursing(Clinical)	Prerequisite / Pass

Tentative List of Topics Covered		
Weeks	Topic	References
Weeks 1, 2	Establish therapeutic relationships with patients in psychiatric clinical settings	From <b>Essential of Psych Nursing</b>
Weeks 3, 4, 5, 6, 7, 8	Psychopharmacology	From <b>Essential of Psych Nursing</b>
Weeks 3, 4, 5, 6, 7, 8	Nursing care of patients with mental disorders	From <b>Essential of Psych Nursing</b>
Weeks 9, 10, 11, 12, 13, 14, 15, 16	Establish therapeutic relationships with physically ill patients	From <b>Essential of Psych Nursing</b>
Weeks 9, 10, 11, 12, 13, 14, 15, 16	Nursing care of patients with chronich physical illnesses	From <b>Essential of Psych Nursing</b>
Weeks 9, 10, 11, 12, 13, 14, 15, 16	Comprehending mental health concepts	From <b>Essential of Psych Nursing</b>
Weeks 5, 6, 7, 8	Safety/Emergency Interventions	From <b>Essential of Psych Nursing</b>
Weeks 3, 4, 5, 6, 7, 8	Treatment modalities & activities for improving psychological status of clients.	From <b>Essential of Psych Nursing</b>

Mapping of Course Outcomes to Program Student Outcomes	Course Outcome Weight (Out of 100%)	Assessment method
1. Illustrate adequate knowledge of major psychiatric disorders, psychopharmacology, and evidence-based treatment modalities of clients with psychiatric-mental health disorders. [1COMP-1, 1NUR-1]	25%	
2. Recognize the impact of biological, sociodemographic, and environmental factors on the psychological well being of individuals with various medical and/or psychiatric problems. [1COMP-1, 1COMP-5, 1NUR-1]	10%	
3. Use therapeutic communication techniques and effective interpersonal skills in the provision of psychiatric-mental health care to patients. [1COMP-3, 1COMP-5, 1NUR-3]	15%	
4. Employ collaboration between patients, families, and the healthcare team for the provision of quality client-centered care. [1COMP-4, 1COMP-5, 1NUR-3]	5%	

5. Develop a holistic plan of care tailored to the needs of individuals with psychiatric-mental health disorders using critical thinking and clinical reasoning skills. [1COMP-1, 1COMP-5, 1NUR- 5]	30%	
6. Relate core professional values and legal/ethical principles in the provision of care for individuals with psychiatric-mental health disorders [1COMP-6, 1NUR- 6]	10%	
7. Demonstrate leadership and conflict-management skills to promote safety for individuals with mental health disorders. [1COMP-2, 1COMP-6, 1NUR- 2]	5%	

Relationship to Program Student Outcomes (Out of 100%)											
NUR-1	NUR-2	NUR-3	NUR-4	NUR-5	NUR-6	COMP-1	COMP-2	COMP-3	COMP-4	COMP-5	COMP-6
15.83	1.67	6.67		10	5	25.83	1.67	5	1.67	20	6.67

Evaluation	
Assessment Tool	Weight
case study	15%
clinical seminar	15%
psycho-social assessment	15%
Attitude & Professional Performance	15%
Competency-based Evaluation	15%
Final Written Exam	25%

Policy	
Exams	The final exam is comprehensive (covers all the material). Incomplete exams need approval from the instructor.
Cheating	Cheating is Prohibited; and in case of cheating the student will be subject to punishment according to the university exams policy and rules
Attendance	if a student misses more than 20%of the clinical days. she/he will fail the course and receive a course grade of 35%
Participation	Each student is required to show active participation in group discussions / pre and post clinical meetings and clinical seminars
Laboratory attendance	Attendance of orientation psych mental health nursing lab is mandatory during the first week of the semester
Withdraw	Withdraw from the course according to period designated by office of registration published in the academic calendar