



Jordan University of Science and Technology
Faculty of Nursing
Midwifery Department

MW419 Postnatal Care (Theory)

First Semester 2022-2023

Course Catalog

2 Credit Hours. This course focuses on the theory and concepts of midwifery management in the care of the women in the postnatal period, newborns and their families. The course moves from normal physiological changes to pathological changes; starting with concepts of normal physiological and psychological adaptation, health promotion and maintenance, and the prevention of illnesses and accidents and then to selected health problems. Focus will also be on the development and the application of knowledge and skills necessary for the midwife in the provision of health care to women during postnatal period, newborns and their families. By utilizing the midwifery process, latest evidence based knowledge and updated clinical guidelines such as those in NICE and WHO.

Text Book

Text Book	
Title	Myles Textbook for Midwives
Author(s)	Marshall, J ., Raynor, M
Edition	17th Edition
Short Name	midwifery book
Other Information	

Instructor

Name	Dr. Fatima Malkawi
Office Location	N3 L-1
Office Hours	Sun : 08:00 - 09:00 Mon : 11:30 - 13:30 Tue : 08:00 - 09:00 Wed : 14:00 - 16:00
Email	fmalkawi@just.edu.jo

Class Schedule & Room

Section 1:

Lecture Time: Wed : 12:00 - 14:00

Room: M3301

Prerequisites

Line Number	Course Name	Prerequisite Type
423361	MW336 Labour & Birth (Theory)	Prerequisite / Pass

Tentative List of Topics Covered

Weeks	Topic	References
Week 1	Physiology and care during the puerperium	
Week 2	Postnatal period and postnatal in Jordan	
Weeks 3, 4	Physiological changes and observations	
Week 4	Returning to non-pregnant status	
Week 5	Future health, future fertility and Record keeping and documentation	
Week 5	Evidence and best practice	
Week 6	Potentially life life-threatening conditions and morbidity after the birth	
Weeks 6, 7, 8	Postpartum complications and identifying deviations from the normal	
Week 8	Practical skills for postpartum midwifery care after an operative birth	
Week 9	The psychological context	
Week 9	Normative emotional changes during pureperium	
Week 9	Postnatal blues	
Week 10	Distress and depression	
Week 10	psychiatric disorder after birth and treatment	
Week 11	Bereavement and loss in maternity care	
Weeks 12, 13	Contraception and sexual health in a global society	

Mapping of Course Outcomes to Program Student Outcomes	Course Outcome Weight (Out of 100%)	Assessment method
Integrate the role of the midwife in providing women-centered and evidence-based care during the postnatal period within an inter-professional model of care. [1MW- 3]	15%	

Utilize the role of midwife in assessing, planning, implementing and evaluating midwifery care in the postpartum period and leadership as a collaborative member of the interdisciplinary healthcare team at different settings (hospitals, health centers and homes). [1MW- 2]	15%	
Demonstrate knowledge and understanding of the process of maternal low risk and high-risk assessments to identify risk factors, existing or emerging morbidities and complications of the postnatal period. [1MW- 1]	15%	
Plan comprehensive midwifery care that reflects human caring for women, neonates and their family through multidisciplinary collaborations. [1MW- 5]	15%	
Analyze appropriate ethical principles used in postpartum health practice with the impact of culture, diversity and difference on the midwife-client relationship, and approaches to ensuring cultural safety. [1MW- 4]	10%	
Utilize critical thinking, problem solving, and decision-making skills in planning and providing care to patients at different health settings and at individual, family level. [1MW- 4]	15%	
Integrate evidence-based practice skills for working with vulnerable or at risk individuals, families and populations in a community setting including: group work, networking, the home visit, assessment in the home, case management, screening, referral and promoting continuity of care [1MW- 2]	15%	

Relationship to Program Student Outcomes (Out of 100%)					
MW- 1	MW- 2	MW- 3	MW- 4	MW- 5	MW- 6
15	30	15	25	15	

Evaluation	
Assessment Tool	Weight
First exam	25%
Second exam	25%
Final exam	50%

Policy	
Exams	All exams are closed book and notes. The final exam is comprehensive (covers all the material). Incomplete exams need approval from the instructor and the dean of the Faculty of Nursing
Cheating	Prohibited; and in case of cheating the student will be subject to JUST regulations (could be accessed through this link http://www.just.edu.jo/aboutjust/RegulationsTemp/40%201%20الطبيبة/20%تأديب%20نظام.pdf)

Testing Policy and Procedure	<p>a. Testing policy</p> <ul style="list-style-type: none"> -Students will be expected to place all books and papers away (outside the test-room) while they are taking the test. -Students should place their students? ID on the computer table during the exam. -Any question regarding students? sharing of test information, talking during the test or any other indication of academic dishonesty will not be tolerated. (Refer to College/Student Handbook). -Exam format for the course will be computer-based exam. -PRINTING or COPYING OF ANY EXAM OR PARTS OF AN EXAM IS CONSIDERED ACADEMIC DISHONESTY. INSTANCES OF ACADEMIC DISHONESTY WILL BE TREATED ACCORDING TO THE COLLEGE POLICY. <p>b. missing exams:</p> <p>If a student is unable to take a test due to acceptable excuse, that student must inform the course instructor. You must negotiate with instructor to make up the test within one week.</p>
Academic Progress	<p>Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about the course. Any student who earns a grade of 50% or less on any test or assignment is advised to contact the course instructor to discuss their academic progress</p>
Attendance	<p>The instructor will keep track of attendance according to JUST regulations. The Faculty of Nursing adheres to the following attendance policy: Attendance in class is mandatory. The faculty understands however, that at times students become ill or have personal or family emergencies that preclude them from attending class. In case of exceeding the permitted percentage of absenteeism (20%), the student will be dismissed from the course. If a student is absent with acceptable excuse, he/she is responsible for obtaining information/notes/handouts from another student. If a student is absent on a test day, this counts as 1 absence</p>
Participation	<p>The instructor will serve as a facilitator of learning in the classroom and through posting various assignments on E-Learning. This approach is expected to facilitate successful achievement of the SLO?s and course objectives. In the classroom, the instructor will implement different methods to encourage in-class participation</p>
Announcements	<p>You are responsible for any announcements posted by the Faculty of Nursing or by any member of the faculty. Additional notices and messages are posted on appropriate bulletin boards in the College of Nursing hallways. Students are responsible for messages announced in class and the bulletin boards. PLEASE CHECK THESE BULLETIN BOARDS ON A REGULAR BASIS.</p>
others	<p>Visitors: The Faculty of Nursing adheres to the following policy regarding visitors in class: Students are not permitted to bring children, family members, or other guests to class. This poses a liability to the College as well as a distraction to other students and the course faculty.</p> <p>Disabilities: If you have specific physical, psychological or learning disabilities and require accommodations, please let us know early in the semester so that your learning needs may be appropriately met.</p> <p>Diversity: The Faculty of Nursing adheres to the following policy regarding diversity: Students are to show respect for the interest, preferences, and opinions of others (clients, students, faculty, staff, etc.). There will be zero tolerance for displays of prejudice, discrimination, or hostility based on differences such as gender, nationality, religion, disability, age, or health status. Any student violates this policy will be referred to the Dean.</p> <p>Equipment/Materials: Any equipment or materials loaned to students becomes their responsibility and must be returned in proper condition at the designated date, time, and place. Students will not receive a course grade until all equipment and materials are returned.</p> <p>Withdraw: Should any student decides to withdraw from the class, s/he should refer to the university calendar for due date regarding the last date to withdraw.</p>

