



Jordan University of Science and Technology
Faculty of Nursing
Midwifery Department

MW491 Women'S Health

First Semester 2021-2022

Course Catalog

2 Credit Hours. This course provides an overview of national and international women's health issues presented in the context of a woman's life, beginning in childhood and moving through adolescence, reproductive years, and aging. The course content will emphasize the social, economic, environmental, behavioral, and political factors associated with women's health. Attention will be given to critical issues of women's health such as: discrimination against women; poverty; unequal access to education, food, and health care; and violence. Issues such as maternal mortality, sexually transmitted disease, violence in the home and in conflict and refugee situations, mental health, and the effects of traditional practices will be discussed. The student, will be provided the opportunity to explore the health issues and health care concerns of women through presentation of a broad range of health topics that are either unique to women or of special importance to women.

Text Book

| | |
|--------------------------|--|
| Title | Essential of Maternity, Newborn, and Women's Health Nursing. |
| Author(s) | Ricci, S. S. |
| Edition | 4th Edition |
| Short Name | RICCI |
| Other Information | 2017 |

Course References

| Short name | Book name | Author(s) | Edition | Other Information |
|------------|----------------------------------|--------------------------------------|--------------|-------------------|
| Lowdermilk | Maternity & women's health care. | Lowdermilk, D. & Perry, S I. (2012). | 10th Edition | |

Instructor

| | |
|-----------------|-----------------------------|
| Name | Dr. Karimeh Alnuaimi |
| Office Location | N3-L3 |

| | |
|--------------|---|
| Office Hours | Sun : 08:30 - 10:30 Mon : 10:00 - 11:30 Tue : 13:00 - 15:00 Wed : 15:00 - 16:00 Thu : 12:30 - 14:30 |
| Email | kmalnuaimi@just.edu.jo |

| Class Schedule & Room |
|--|
| Section 1: Lecture Time: Sun : 10:30 - 12:30 Room: N4204 |

| Prerequisites | | |
|----------------------|-------------------------------|---------------------|
| Line Number | Course Name | Prerequisite Type |
| 424192 | MW419 Postnatal Care (Theory) | Prerequisite / Pass |

| Tentative List of Topics Covered | | |
|---|--|--|
| Weeks | Topic | References |
| Weeks 2, 3 | Introduction to Women?s Health; Reproductive health, Health promotion and screening | From RICCI , From Lowdermilk |
| Week 4 | Benign disorders of the female reproductive tract(uterine fibroid, ovarian cysts, polycystic ovary) | From RICCI |
| Week 5 | Breast cancer and cancers of the female reproductive tract (cervical and ovarian cancers) | From RICCI , From Lowdermilk |
| Week 6 | Sexuality and sexual transmitted infections | From RICCI |
| Week 6 | Gender Roles and Health Violence against women | |
| Week 7 | Disadvantage groups (Displaced and refugee women) | |
| Week 8 | Women and chronic diseases Cardiovascular diseases | From RICCI , From Lowdermilk |
| Week 9 | Mental Health and substance use | |
| Week 10 | Aging and women health issues (menopause and osteoporosis) | |
| Week 11 | Exposure of women to physical environments (job related stress and its effect on women?s health) | |

| Mapping of Course Outcomes to Program Student Outcomes | Course Outcome Weight (Out of 100%) | Assessment method |
|---|--|--------------------------|
| | | |

| | | |
|--|-----|--|
| 1. Introduce critical health issues affecting women globally (particularly in developing countries including Jordan), in terms of their cultural and social contexts. [1MW- 5] | 10% | |
| Illuminate socio-cultural, political and economic influences on women's health [1MW- 1] | 15% | |
| Recognize the key initiatives in Jordan that may impact on women's health [1MW- 3] | 10% | |
| Identify the life course perspective on women's health and health care interventions, programs, and policy. [1MW- 5] | 15% | |
| Identify major demographic, behavioral and environmental factors that are associated with women's health and how such factors may be incorporated into public health interventions, programs, and policies. [1MW- 6] | 10% | |
| Identify trends in major health conditions that affect women [1MW- 2] | 10% | |
| Analyze a women's health problem relative to its public health implications. [1MW- 4] | 10% | |
| Identify & evaluate a variety of resources that contribute to promotion of women's health. [1MW- 6] | 10% | |

| Relationship to Program Student Outcomes (Out of 100%) | | | | | |
|--|-------|-------|-------|-------|-------|
| MW- 1 | MW- 2 | MW- 3 | MW- 4 | MW- 5 | MW- 6 |
| 15 | 10 | 10 | 10 | 25 | 20 |

Date Printed: 2021-11-14