

# Jordan University of Science and Technology

## Characteristics of pregnant Jordanian women dissatisfied with life: A comparison between satisfied and dissatisfied women's demographics

**Authors:** Sanaa Abujilbana, Jamila Abuidhaila, Lina Mrayana, and Reem Hatamleh

**Abstract:** ARTICLE HISTORY Received 18 May 2016 Accepted 28 January 2017 ABSTRACT Dissatisfied pregnant women who are at higher risk of negative outcomes perinatally have not been identified in Jordan. The purposes of the researchers were to identify and compare sociodemographic characteristics of satisfied pregnant women with dissatisfied pregnant women. A non-experimental, descriptive, comparative design was employed. Jordanian pregnant women (n = 203) were consecutively selected. We found that younger, better educated pregnant women with a high economic status and a small number of children were more satisfied with their lives. Practitioners can identify dissatisfied women and develop an educational and interventional package that focuses on improving satisfaction with life for pregnant mothers.