

Curriculum Vitae

Dr. Ala Fawzi Ashour, RN, MSN, PhD



Personal Information:

Name ALA' FAWZI RASHED ASHOUR
Date of Birth 16th Mar 1976
Gender Male
Nationality Jordanian
Marital Status Married
Job Title Associate Professor
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Major and Minor **Adult Health Nursing/ Adult Acute Care Nursing**

Fields of Specialization: Special focus areas include Coronary Heart Disease [CHD], Heart Failure [HF], Chronic Respiratory Disease [CRD], Pulmonary Embolism [PE], and Pulmonary Rehabilitation [PR].

Research Interests

- Adult health nursing with emphasis on improving clinical outcomes and quality of life among individuals with long-term and chronic health conditions, including CHD, HF, CRD, and PE.
- Assessment of learning needs among patients with CHD, HF, CRD, and PE, as well as their family caregivers, nurses, and respiratory therapist (RTs).
- Knowledge, Attitudes and Practice (KAP) toward the implementation of PE management guidelines and Pulmonary Rehabilitation Programs among healthcare providers in Jordan.
- Public Knowledge, Attitudes, and Practices regarding lung and heart donation and transplantation.
- Illness perceptions among patients with CHD post percutaneous coronary intervention (PCI) and among adult patients with chronic obstructive pulmonary disease (COPD) and Asthma.
- Primary and secondary prevention strategies for patients with CHD.
- Assessment of cardiovascular and respiratory risk factors in patients with CHD and CRD.
- Management and psychosocial outcomes of chronic illnesses, including illness perception, anxiety, depression, sexual counseling, sleep disturbance, quality of life and hope among patients with CHD, HF, CRD, PE and end-stage renal disease.
- Health and psychosocial well-being of refugees, including coping strategies, post-traumatic stress disorders (PTSD), anxiety, stress, quality of life, fibromyalgia and insomnia.

Education:

Date	Degree	Field of Study	Institution and Location
2014	PhD	Adult Health Nursing	Ulster University, Belfast, United Kingdom
2003	Master MSN	Adult Acute Care Nursing	Jordan University of Science and Technology, Irbid, Jordan
2001	BSC	Nursing	Jordan University of Science and Technology, Irbid, Jordan
1997	Diploma	Nursing	Nusayba Al- Mazinia College for Nursing and Midwifery, Irbid, Jordan.

Titles of Master's Degree Thesis: Not applicable-degree awarded under the Comprehensive Examination track

Titles of the Doctoral Dissertation: Exploring the Provision of Secondary Prevention Services for Coronary Heart Disease in Public Hospitals in Jordan

Professional Experience:

Date	Position	Institution and Location
Sep 2025-Present	Assistant Dean	Jordan University of Science and Technology, Faculty of Applied Medical Sciences, Jordan
Oct 2023-Present	Associate Professor	Jordan University of Science and Technology, Faculty of Applied Medical Sciences, Jordan
Oct 2022-September 2023	Vice Dean	The Hashemite University, Faculty of Nursing, Jordan
June 2021-September 2023	Associate Professor	The Hashemite University, Faculty of Nursing, Jordan
February 2015-June 2021	Assistant Professor	The Hashemite University, Faculty of Nursing, Jordan
September 2015-September 2016	Head of Adult Nursing Department	The Hashemite University, Faculty of Nursing, Jordan
October 2003-August 2011	Program Supervisor and supervisor and lecturer in nursing departments – Executive Manager	Al- Afaaq Institute for Health Training, kingdom of Saudi Arabia
April 1999-October 2003	Staff Nurse	Princess Basma Hospital- Ministry of Health, Jordan
March 1998-April 1999	Staff Nurse	Jerusalem Hospital, Jordan

Professional Memberships:

- Member, Jordanian Nurses and Midwifery Council
- Member, European Society of Cardiology (ESC)
- Member, Council on Cardiovascular Nursing and Allied Professions (CCNAP).
- Member, European Association for Cardiovascular Prevention and Rehabilitation
- Member, European Association of Percutaneous Cardiovascular Interventions
- Member, European Heart Failure Association (HFA)
- Member, Irish Nurses Cardiovascular Association.
- Accredited and registered by the Saudi Commission for Health Specialties (SCFHS) as Senior Specialist in Nursing. Registration No: 08-R-N-0050729

Professional Certificates:

- **SPSS** training Certificate, UK- Belfast- University of Ulster.
- **Qualitative Analysis** certificate- UK- Oxford- University of Oxford.
- **CPT** (Certified Professional Trainer): International Association for People and Performance Development (IAPPD) Sep 2017 Registration No: 21313672
- Certified as Registered Nurse Jordan Ministry of Health-Jordan since July 1998
- **CNS** (Clinical Nurse Specialist / Adult Acute Care) The Jordanian Nursing Council.
- **BCLS** (Basic Cardiac Life Support): American heart association & European Resuscitation Council - Athens-Greece
- **ACLS** (Advanced Cardiac Life Support): American heart association & European Resuscitation Council Athens- Greece
- **ICDL**: International Computer Driving License.

Academic Duties- Faculty of Applied Medical Sciences, JUST:

- A) Teaching undergraduate and/or graduate courses and conducting examinations in accordance with academic standards.
- B) Carrying out innovative research and scholarly studies that contribute to the advancement of knowledge in the field.
- C) Supervising graduate theses and research projects, providing academic and ethical guidance to students, and monitoring their academic progress, activities and reports.
- D) Providing academic advising and mentorship to students.
- E) Participating actively in university councils and committees, as well as in external committees representing the university.
- F) Contributing to initiatives and activities that promote the university mission and foster its academic and institutional development.
- G) Committing to academic responsibilities within the university, striving to enhance its scientific mission, and maintaining excellence in research, teaching, advising, and administration.
- H) Engaging in community service and contributing to its development through professional expertise.

Academic Services and Activities - Faculty of Applied Medical Sciences -JUST:

Department Level / Department of Allied Medical Sciences

1. Chair, Committee for the transformation of the Respiratory Therapy program plan into an applied program (19-10-2023).
2. Chair, Curriculum Committee for the Respiratory Therapy Program (20-12-2023).
3. Chair, Committee for Qualifications Placement in the Jordanian National Qualifications Framework (JNQF) (30-1-2024).

Faculty Level –JUST, Faculty of Applied Medical Sciences

1. Member of the committee for developing a proposal to establish a Master's Program in Infection Control and Prevention (5-12-2023).
2. Member of the committee for developing a proposal to establish a Bachelor's Program in Clinical Psychology
3. Liaison Officer for deanship of Academic Development and Quality Assurance (ADQA)

University Level JUST

1. Participation in the SWOT analysis workshop for the Jordan University of Science and Technology (JUST) (10-1-2024).

Academic Services and Activities -Faculty of Nursing-The Hashemite University:

Department Level/ Adult Health Department

1. Head of the Adult Health Nursing Department (09/2015 to 09/2016)
2. Member of the council of Adult Health Department (2015- Present)
3. Chairman of the Scientific Research Committee (2018/2019- 2021/2022)
4. Member of the Scientific Research Committee (2015- 2021)
5. Member of the Graduate Studies Committee (2015/2016, 2016/2017, 2017/2018)

College Level HU

1. Vice Dean (2022/2023)
2. Chairman of the Studies & Consultations Committee (2016/2017)
3. Chairman of the Academic Advising Committee (1st and 2^{ed} year undergraduate students) (2016/2017, 2017/2018, 2018/2019)
4. Chairman of the Scientific Research Committee (2018/2019)
5. Chairman of the Curriculum Committee (2019/2020, 2020/2021, 2021/2022, 2022/2023)
6. Member of the Simulation lab establishing committee (2015- 2022/2023)
7. Member of the Accreditation and Quality Assurance Committee (2015- 2022/2023)
8. Member of the Graduate Studies Committee (2015/2016)
9. Member of the Curriculum Committee (2016- Present)
10. Member of the Faculty Council (2016/2017, 2022/2023)
11. Member of the Scientific Research Committee (2015/2016, 2016/2017, 2021/2022)
12. Member of the Strategic Planning Committee (2015/2016, 2016/2017)
13. Member of the Students Affairs Committee (2018/2019, 2019/2020, 2020/2021)
14. **Responsible for preparing for international accreditation (ACEN) and Chairman of Standard four Committee "Curriculum" (2021/2022, 2022/2023).**

University Level HU

1. A member of the "University Counsel" at Hashemite University for the academic year 2018/2019.
2. Liaison Officer for deanship of academic development and international outreach 2022/2023 at Hashemite University.
3. Member of the Committee for the preparation of data, documents and reinforcements required for The Impact rankings 2023- Sustainable Development Goal 3 (SDG3) Good Health and well-being 2022/2023 at Hashemite University.
4. Liaison Officer for Accreditation and Quality Assurance Commission for Higher Education Institutions (AQACHEI) for Qualifications Placement in the Jordanian National Qualifications Framework (JNQF) 2022/2023 at Hashemite University.

Additional Activity & Community Services

1. Member of the Scientific Committee at Accreditation and Quality Assurance Commission for Higher Education Institutions (AQACHEI) that prepared the first university proficiency exam for students graduated from BSc **Respiratory Therapist** Program in Jordan, 2024.
2. Member of the Jordanian Nursing Council (JNC) Committee in collaboration with Accreditation and Quality Assurance Commission for Higher Education Institutions (AQACHEI) for preparing a manual of practical procedures for implementing accreditation and quality standards for nursing faculties in Jordanian universities. 2022 for two years.
3. Participation in the implementation of Training of Trainers (TOT) course about implementing interactive teaching methods during the period from 5-8/9/2021 (4 days 24 training hours), which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund at Jordan (UNFPA).
4. Member of the Scientific Committee at Jordanian Nursing Council (JNC) that prepared the first Nursing Practice Act Exam for students graduated from nursing colleges in Jordan, 2019-2021.
5. Member of the reproductive Health Committee- in collaboration with UNFPA and Royal Health Awareness Society (RHAS) - 2017- Present.
6. Member of the consultation team (six consultants) that work with the Royal Health Awareness Society (RHAS) between 1/5-31/12/2019, to review, update and unify two elective courses in the Jordanian universities.
7. Member of the consultation team that work with the Jordan University Hospital (JUH) for establishing of the heart failure clinic 2019- Present.
8. Participating in a Health Education Campaign in conjunction with the Royal Health Awareness Society (RHAS) at the Hashemite University (4th of Nov, 2018 & 15-17 of Oct 2019)
9. Participating in a scientific day in conjunction with the Royal Health Awareness Society (RHAS) titled 'Health Education Initiatives at Hashemite University' in 13th of December 2017.
10. An external examiner in the Comprehensive Exam for Clinical Training and Professional Adaptation Nursing Course at University of Jordan (2018/2019).
11. An external examiner in the Comprehensive Exam for Clinical Training and Professional Adaptation Nursing Course at Al al-Bayt University (2019).

Continuing Education/ Workshops & Scientific Day:

26 – 30 November 2005	Teachers and student counselors Course about “Awareness of Harmful Effects of Drugs” (Work shop) - Organized by General Directorate for Drug Control, Al-Qassim Region, Kingdom of Saudi Arabia.
10 – 14 October 2009	Update of Infection Prevention in Clinical Practice Work shop - Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
3 – 4 May 2011	Health Institutes Education Future Accomplishments Work shop - Organized by Saudi Commission for Health Specialties, Riyadh, Kingdom of Saudi Arabia (KSA).
22 – 23 Mar 2012	Introduction to Qualitative Interviewing - University of Oxford- UK.
October 2013	An Introduction to Teaching, Learning and Assessment for Postgraduate Tutors and Demonstrators Course, University of Ulster. United Kingdom.
21 May 2015	Quality Clinical Training in Nursing Schools Seminar. Philadelphia University, Faculty of Nursing, Amman, Jordan.
11-13 January 2016	Higher Education Course. Organized by Center of Academic Quality Assurance at the Hashemite University. Zarqa, Jordan.
15 March 2016	Shaping the way we teach: part 2 Workshop. Organized by Danish Jordanian University Cooperation (DJUCO) and the Language center at Hashemite University. Zarqa, Jordan.
5 May 2016	Toward Healthy Lifestyle: Nursing Challenges 2end Scientific day. Philadelphia University, Faculty of Nursing, Amman, Jordan.
9 May 2016.	Fourth Scientific Day Entitled “Contemporary Issues in Nursing Care: Today and Tomorrow”. Al al-Bayt University, Princess Salma Faculty of Nursing, Mafraq-Jordan.
9-16 September 2017	"Train The Trainers" training course 7 days 63 training hours about interactive learning which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund at the Jordan University of Science and Technology.
October 2017	Introduction to conducting systematic reviews course. Cochrane Interactive Learning.
15th March 2018	Second Scientific Day Entitled “Innovations in Nursing Education, Research, and Practice”. Zarqa University Faculty of Nursing, Zarqa, Jordan.
29 April 2018	Eighth Scientific Day Entitled “Toward Education based on Competencies”. Isra University, Faculty of Nursing, Amman, Jordan.
2 3 Dec 2018	Consultative Nursing Scientific Day. Hashemite University, Faculty of Nursing, Zarqa, Jordan.
22-24 December 2019	Interactive learning course for health courses 3 days training which was implemented in cooperation with the Royal Health Awareness Society and United Nations population fund.
28 January 2020	Workshop "Developing a Competency Based Curriculum" The University of Jordan, Faculty of Nursing, Amman, Jordan.

23-30 September 2020	Workshop "Counselling and tutoring skills" 5 days training which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund (UNFPA). The Hashemite University, Faculty of Nursing, Zarqa, Jordan.
9 – 11 February 2021	Training on the national standards document for youth-friendly sexual and reproductive health services. The Hashemite University, Youth –friendly health clinic, Zarqa, Jordan.
15 March 2022	Fourth Scientific Day Entitled "Nursing education during COVID-19: lessons learned and recommended strategies". Zarqa University Faculty of Nursing, Zarqa, Jordan. Virtual
10 May 2022	Third Scientific Day Entitled "The effect of COVID-19 on nursing profession". Philadelphia University, Faculty of Nursing, Amman, Jordan. Virtual
2-3 November 2022	Workshop "ACEN accreditation standard, policies and processes, how to be prepared for ACEN accreditation. Organized by the Quality and Accreditation council at Association of Arab Universities (AArU) “Amman, Jordan.
19 Dec 2022	Assessment Best Practices: Writing Multiple Choice Question Exams Workshop. Organized by the Medical Education Center. The Hashemite University, Faculty of Medicine, Zarqa, Jordan.
10 Jan 2023	Assessment Best Practices: 'Incorporating Active Learning into Teaching Practice'. Organized by the Medical Education Center. The Hashemite University, Faculty of Medicine, Zarqa, Jordan.
12-13 April 2023	ACEN Spring 2023 Self-Study Forum. Organized by Accreditation Commission for Education in Nursing (ACEN). Atlanta, Georgia, USA.
4-6 Jun 2023	Workshop " Psychosocial Support" 3 days training which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund (UNFPA). The Hashemite University, Faculty of Nursing, Zarqa, Jordan.
14 Nov 2023	Workshop on how to use the course quality control system. JUST, Deanship of Academic Development and Quality Assurance, Irbid, Jordan. Virtual
27-28 Dec 2023	Workshop on "Education ethics and dealing with students". JUST, Deanship of Academic Development and Quality Assurance, Irbid, Jordan.
20-21 Feb 2024	Workshop on "Applying a matrix of standards to control the quality of electronic course design (Quality Matters)". JUST, Deanship of Academic Development and Quality Assurance, Irbid, Jordan. On line.

Conferences and Presentations:

- Nursing Symposium about "The impact of Nursing Regulations on Patient Safety" Kingdom of Saudi Arabia- Riyadh from 20 to 21 March 2007.
- Nursing Symposium about "Psychiatric Nursing best Performance and Quality" 2 – 3 June 2009- Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
- Stress and Health Symposium 28 October 2009- Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
- Irish Cardiac Society's Cardiovascular Nurses Scientific Conference 6th October 2011, Newcastle, United Kingdom.
- Euro Prevent Congress 3-5 May 2012-Dublin, Ireland.
- Euro Heart Care Congress 22-23 March 2013-Glasgow, Scotland, United Kingdom.
- Euro Prevent Congress 18-20 April 2013-Rome, Italy.
- Euro Heart Care Congress 4-5 April 2014- Stavanger, Norway. Oral Presentation
- Euro Prevent Congress 9 May 2014-Amsterdam, Netherlands. (Poster Presentation)
- ESC Congress 30 August-3 September 2014-Barcelona, Spain. (Poster Presentation)
- The First International Nursing Conference "Improving Clients' Outcomes through Implications of Scientific Evidence". 6-7 April, 2016. Zarqa University- Jordan.
- Euro Heart Care Congress 15-16 April 2016-Athens, Greece. Oral Presentation. "Secondary prevention in Jordan is underdeveloped and requires urgent improvement to meet the guidelines".
- 3rd Global Summit on Heart Diseases 2-4 November 2017 in Bangkok, Thailand. Oral Presentation. "Perceived learning needs of Jordanian patients after undergoing percutaneous coronary intervention".
- International Conference on Cardiology and Cardiac Nursing 25-26 March 2019 in Amsterdam, Netherlands. Oral Presentation. "The influence of illness perception on perceived learning needs among patients treated with percutaneous coronary intervention".
- The Sharjah International Conference on Education in post Covid-19. 14–16 March 2022, University of Sharjah. United Arab Emirates (UAE). Virtual.
- The Second International Nursing Conference "Nursing Profession in the Current Era". 17-18 May 2023. Zarqa University Faculty of Nursing, Zarqa, Jordan.

Honours Thesis Examination:

- Elham Hussan Al-Absi (2016). MSN. Jordan University of Science and Technology, Faculty of Nursing. "Quality of sleep and types of sleep disturbances within the different classes of heart failure using the New York Heart Association functional classification".
- Raghad Thaer Tawalbeh (2019). MSN. Jordan University of Science and Technology, Faculty of Nursing. "The effect of cardiac educational program among patients with Coronary Artery Disease on level of knowledge and satisfaction in north Jordan".
- Milian Waheeb Abu Dieh (2020). MSN. Jordan University of Science and Technology, Faculty of Nursing. "Jordanian Nurses Knowledge, Perception and Practice toward Discharge Planning in Acute Care Settings".
- Omaymah Mohammad Ayyoub Al-Gharaibeh (2020). MSN. Jordan University of Science and Technology. Faculty of Medicine. "Burnout among Emergency Healthcare Providers in Jordan: Physicians, Nurses, and Paramedics".
- Maysa Ahmad Ababneh (26. May, 2021). M.Sc. in health care management and quality. Jordan University of Science and Technology. Faculty of Medicine /Applied Medical Sciences. "Assessing Patient Handover Process between Pre-Hospital Care Practitioners and In-Hospital Health Care Providers in Jordan: A Mixed Method Study".
- Sara Rajab Assaf (12. Aug, 2021). M.Sc. in health care management and quality. Jordan University of Science and Technology. Faculty of Medicine / Department of Health Management and Policy. "The Impact of COVID-19 on dental care services and practices in Jordan".
- Mohammad Jamil Abdelhaq (26. Jul, 2022). M.Sc. Applied Science Private University. Faculty of Nursing. "The Predictors of Chest Pain Post Percutaneous Coronary Intervention among Patients with Coronary Heart Diseases."
- Alaa Mohammad Aliswed (24. Aug, 2022). M.Sc. The Hashemite University. Faculty of Nursing. "Effect of Social Support during first and Second stage of Labor in Jordan: randomized Control trial."
- Amaal Atalla Olimat (28. Nov, 2022). M.Sc. Al al-Bayt University. Faculty of Nursing. "Exploring the Implemented Guidelines for Hypertension Treatment and Care among Nurses and Physicians in Jordan."
- Majd Mohammed Husein (28. Dec, 2022). M.Sc. Jordan University of Science and Technology, Faculty of Nursing. "Knowledge, Attitude, and Practice Toward Traumatic Spinal Cord Injuries among Emergency Health Care Professionals in Jordan."
- Ziad Atef Bani Ahmed (5. Jan, 2023). M.Sc. Jordan University of Science and Technology, Faculty of Nursing. "Integration of Complementary Medicine in Supportive Cancer Care: Survey of Health Care Providers' Perspectives."
- Elham Ayoub Alnamrouti (9. Jan, 2023). M.Sc. Al-Zaytoonah University of Jordan, Faculty of Nursing. "Psychological Wellbeing, Spiritual Wellbeing, and Health related Quality of life among Patients with Coronary Artery Disease in Jordan."
- Sa'ed Ahmad Rawashdeh (31. Jan 2023). M.Sc. Jordan University of Science and Technology, Faculty of Nursing. "Virtual Reality and Live Standardized Patient Drill: Comparison between Two Triage Training Methods In Terms Of Triage Skills, Knowledge, and Performance of Paramedic Students."
- Muath Mohammad Al Talib (22. Jun 2023). M.Sc. Jordan University of Science and Technology, Faculty of Nursing. "Spiritual intelligence as A Predictor of Health-Related Quality of life in Breast Cancer Survivors."

- Hanan F. Salem (24. Aug 2023). M.Sc. The Hashemite University, Faculty of Nursing. "Pain, Functional Status, And Quality of Life Among Jordanian Women with Breast Cancer"
- Raghad Al-Khalili (28. Aug 2023). M.Sc. Jordan University of Science and Technology, Faculty of Nursing. "The Relationship between Emotional Intelligence and Burnout among Critical Care Nurses in Jordan."
- Heba Nabeel Alsalm (28. Nov, 2022). M.Sc. Al al-Bayt University. Faculty of Nursing. "Exploring the Implementation of Ischemic Stroke Management Guidelines among Healthcare Providers in Jordanian Hospitals"
- **Honours Thesis Supervision:**
- Abeer Mousa Nour (23. Nov 2023). The Hashemite University, Faculty of Nursing. "The Association between Mistreatment during Childbirth among Jordanian Women and Postpartum Depression".

Honors, Awards & Grants:

- Hashemite University PhD Scholarship for study at Ulster University.
- Travel grant of 500 Euros from the ESC Council on Cardiovascular Nursing and Allied Professions at its annual congress Euro Heart Care 2014 in Stavanger, Norway.
- Primary Investigator: Perceived learning needs of Jordanian patients post PCI: perspectives of patients and nurses (\$5000) (funded by Hashemite University, Jordan). (2017-2018)
- Applied for 150.000 USD to establish Specialized Health clinic to screen and educate publics for modifiable cardiovascular disease risk factors.

Curriculum and Course Development:

- Development of the course syllabus along with the text books for Fundamentals of Nursing, Respiratory and Cardiovascular, and Measurement of Heart and Lung Function Modules.
- Development of the course syllabus along with the text books for Emergency Nursing, Emergency Respiratory Care, Respiratory Therapist Clinical Training I,II,III, Cardiac, Pulmonary Rehabilitation and Respiratory Diseases Modules.
- Development of the course curriculum and course outline along with the text books for the Reproductive Health course and Health Education and First Aid course in collaboration with my colleagues in the department, these courses are delivered in Arabic language to students across the university as elective courses.
- Critically revised and updated the course curriculum and course outline along with the textbooks for the following courses: Adult Nursing I & II, Critical Care Nursing, Health Assessment, Fundamentals of Nursing (Theory & Clinical).
- Participated in the development of the online course of "Emergency Nursing" in the Hashemite University in 2017-2018.

Courses Taught:

- Respiratory and Cardiovascular Pharmacology
- Respiratory Therapist Clinical Training I,II,III
- Cardiac and Respiratory Diseases
- Pulmonary Rehabilitation

- Emergency Respiratory Care
- Measurement of Heart and Lung Function
- Introduction to Nursing (Theory)
- Adult Nursing, I & II (Theory & Clinical)
- Critical Care Nursing (Theory & Clinical)
- Health Assessment (Theory & Clinical)
- Fundamentals of Nursing (Theory & Clinical)
- Emergency Nursing (Theory & Clinical)
- Health Education (Theory)
- First Aids (Theory)
- Reproductive Health (Theory)
- Research Project (Theory) –Postgraduate

Student Advising:

I have been contributing to academic advising in the faculty of Nursing and faculty of applied medical sciences as an academic advisor for the undergraduate students.

Published Research Articles:

1. Bani Salameh R, Al-Smadi A, Gammoh O, Shajrawi A, **Ashour A**, Alrfooh O, et al. (2025). Exploring the implemented guidelines for dyslipidemia treatment and care among nurses and physicians: A qualitative study in Jordan. *PLoS One* 20(8): e0319126. <https://doi.org/10.1371/journal.pone.0319126> (Published August 7, 2025)
2. Alkhalili, R., Shahrour, G., Al-Faouri, I., Masha'al, D., & **Ashour, A.** (2025). The Relationship Between Emotional Intelligence and Burnout Among Critical Care Nurses: A Study From Jordan. *Critical Care Nursing Quarterly*, 48(3), 292-301. DOI: 10.1097/CNQ.0000000000000563 (Published May, 2025)
3. Al-Smadi, A. M., Shajrawi, A., Gammoh, O. S., **Ashour, A.**, Tawalbeh, L. I., Harb, E., Esmadi, H & Al-Akash, H. Y. (2024). Demographic Differences in Insomnia and Anxiety and the Association with Cardiovascular Risk Factors among Jordanian Healthy Adult. *Iranian Journal of Nursing and Midwifery Research*, 29(5), 555-562. DOI: 10.4103/ijnmr.ijnmr_350_22 (Published Sep, 2024)
4. Mrayyan, M. T., Al-Atiyyat, N., **Ashour, A.**, Alshraifeen, A., Algunmeeyn, A., Al-Rawashdeh, S., Sawalha, M et al (2024). Nurses' perceptions of the Obstacles and supportive behaviors of end-of-life care in intensive care units. *Enfermeria Intensiva*. 35(2024), 23-34. doi.org/10.1016/j.enfie.2023.04.001 (Published Jan, 2024)
5. Alyahya MS, Assaf SR, Alzoubi M, Al-Sheyab NA, **Ashour AF**. The Impact of COVID-19 on Dental Care Services and Practices in Jordan. *Journal of Health Management*. 2023;25(4):695-708. doi:10.1177/09720634231215156 (Published Dec, 2023)
6. Al-smadi, A. M., Bani Hani, S., Shajrawi, A., **Ashour, A.**, Halabi, M., Mousa, A., & Al Smadi, M. M. (2023). Knowledge and practice toward basic life support among nurses working with SARS-CoV-2 patients in Jordanian hospitals. *Working with Older People*, 27(4), 323-334. DOI: 10.1108/WWOP-09-2022-0039 (Published Nov, 2023)
7. Alshraifeen, A., Al-Rawashdeh, S., Alnuaimi, K., Tawalbeh, L., & **Ashour, A.** (2024). Depression and anxiety predicted quality of life in dyads of people receiving

- hemodialysis treatment and their family caregivers. *Current Psychology*, 43(10), 8839-8851. doi.org/ 10.1007/s12144-023-04942-1 (Published Aug, 2023)
8. Abdelhaq, Mohammad., Shajrawi, Abedalmajeed., Ismaile, Samantha., Al-Smadi, Ahmed., Al-Akash, Hekmat., **Ashour, Ala.**, Salah Anas & Abu-Safia, Ahmed. (2023). Predictors of Post-Percutaneous Coronary Intervention Chest Pain Among Coronary Heart Disease Patients. *Clinical Nursing Research*, 32(7), 1010-1020. doi.org/10.1177/10547738231184085 (Published Jul, 2023)
 9. Rania Abdel Rahman, Jamila Abuidhail, Sanaa Abujilban, Lina Mrayan, **Ala'a Ashour**, Shawkat Nsairat. Reproductive Health Education Using Interactive Learning Approach among the University Students. *Malaysian Journal of Medicine and Health Sciences* (2023) 19(2):214-220. doi.org/10.47836/mjmhs.19.2.31. (Published April, 2023)
 10. **Ashour, Ala**; Al-Rawashdeh, Sami; Tanash, Mu'ath; Al-Smadi, Ahmed; Alshraifeen, Ali; Shajrawi, Abedalmajeed. Changes in the Anxiety levels of Patients' Undergoing Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing* 42(1), 15-21. doi: 10.1097/DCC.0000000000000560 (Published Jan, 2023)
 11. Shajrawi, A. M., Al-Smadi, A. M., **Ashour, A.**, Momani, A., Al-Akash, H. Y., Granat, M., & Jones, I. (2022). The Impact of Type of Acute Myocardial Infarction on Cardiac Patient Self-efficacy After Hospitalization. *Dimensions of Critical Care Nursing*, 41(6), 295-304. doi: 10.1097/DCC.0000000000000547 (10-Nov-2022).
 12. Al-Smadi, A. M., **Ashour, A. F.**, Fitzsimons, D., Slater, P., O'Neill, B., Ajlouni, W., & Shajrawi, A. M. (2022). High levels of risk factors and poor secondary prevention for coronary heart disease patients in public hospitals: A descriptive repeated measures study. *International Journal of Nursing Practice*, e13111. DOI: https://doi.org/10.1111/ijn.13111 (3 Nov 2022).
 13. Al-Smadi, A. M., Tawalbeh, L. I., **Ashour, A.**, Shajrawi, A., Gammoh, O., & Abu-AL-Rous, N. (2021). Public knowledge, attitudes, and practice about COVID-19 pandemic. *Journal of Public Health in Africa*. 2021; 12 (2). 1519 doi.org/10.4081/jphia.2021.1519 (4 December 2021)
 14. Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., **Ashour, A. F.**, Shajrawi, A., & Attarian, H. (2021). Relationship between anxiety, post-traumatic stress, insomnia and fibromyalgia among female refugees in Jordan: A cross-sectional study. *Journal of Psychiatric and Mental Health Nursing*. 28 (4), 738-747. DOI: 10.1111/jpm.12732. (14 January 2021)
 15. **Ashour, A.**, Al-Smadi, A., Shajrawi, A., Al-Rawashdeh, S., Alshraifeen, A., & Abed, M. (2020). Changes in Illness Perception among Patients' Undergoing Percutaneous Coronary Intervention. *Heart & Lung. The Journal of Cardiopulmonary and Acute Care*. 49(6): 836-841. DOI: 10.1016/j.hrtlng.2020.08.026.
 16. **Ashour, A.**, Al-Smadi, A., Tawalbeh, L., Alshraifeen, A., Al-Rawashdeh, S., Gharaibeh, B. (2020). Do Illness Perception Predict Perceived Learning Needs among Patients Treated with Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing*, 39(5): 251-258. DOI: 10.1097/DCC.0000000000000436.
 17. **Ashour, A.**, Al-Rawashdeh, S., Alwidyan, M., Al-Smadi, A., & Alshraifeen, A. (2020). Perceived Learning Needs of Patients With Heart Failure in Jordan: Perspectives of

Patients, Caregivers, and Nurses: A Cross-Sectional Survey. *Journal of Cardiovascular Nursing*, 35(3), 273-279. DOI: 10.1097/JCN.0000000000000681.

18. Al-Rawashdeh, S., **Ashour, A.**, Alshraifeen, A., & Rababa, M. (2020). Experiences on Providing Home Care for a Relative with Heart Failure: A Qualitative Study. *Journal of Community Health Nursing*, 37(3), 129-140, DOI: 10.1080/07370016.2020.1780043
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Papers Accepted for Publication in Referred Journals

1.

Papers Submitted for Publication in Referred Journals:

1. Ala. Ashour, Ahmed Al-Smadi, Abedalmajeed Shajrawi. The implementation of Hypertension treatment and care guidelines for nurses and physicians in Jordanian hospitals. *Critical Care Nursing Quarterly* (16 OCT 2025).
2. **Ala. Ashour**, Ahmed Al-Smadi, Abedalmajeed Shajrawi. Coronary Heart Disease Patients' Perceptions of their Learning Needs Post Percutaneous Coronary Intervention: A cross-sectional study. *Nursing & health sciences*. (4 Jul 2024).

3. Ahmed Al-Smadi; Abedalmajeed Shajrawi; Omer Gammoh; **Ala. Ashour**. Cardiovascular Disease and Hypertension Knowledge amongst Public Jordanian Population: A Cross-Sectional Study. *Risk Management and Healthcare Policy*. (2 Jul 2024).
4. Mahmoud T. Alwidyan; Omaymah M. Algharaibeh; Mokhallad M. Aljanabi; **Ala F. Ashour**; and Alaa O. Oteir. Beyond the Frontline: Burnout among Emergency Healthcare Providers in Jordan. *Journal of Occupational and Environmental Medicine (JOEM)* (20 AUG 2025).
5. Abedalmajeed Shajrawi; Ahmed Al-Smadi; Samantha Ismaile; **Alaa Ashour**; Elham Othman; Anas Salah. Free-living physical activity pattern during weekdays and weekends among post-acute myocardial infarction patients. *Cardiology Research and Practice* (12 DEC 2023).

Papers in Process:

1. Physical Activity pattern during Weekday and Weekend among Patients with Acute Myocardial Infarction in Early Recovery Phase

Ongoing Research

1. Exploring the Implementation of Pulmonary Embolism Management Guidelines among Healthcare Providers in Jordan.
2. Pulmonary Rehabilitation Programs Knowledge and Awareness among Healthcare Providers in Jordan: Cross Sectional Study.
3. Public Knowledge, Attitudes, and Practices about Lung and Heart Donation and Transplantation in Jordan
4. Evaluation of Knowledge, Attitudes, perceptions and control among adult patients with Asthma
5. **Ala. Ashour**, Abedalmajeed Shajrawi, Ahmed Al-Smadi. The impact of patients' education on self-care behavior practice, quality of life and illness perception among patients with heart failure in Jordan.
6. The effect of heart failure disease management program (DMP) on quality of life and self-patients efficacy.
7. Public knowledge of stroke warning signs, potential risk factors and response to stroke in Jordan.

Scholarly Achievements

Scopus Page: <https://www.scopus.com/authid/detail.uri?authorId=57189391155>

Google Scholar Citation Page: <https://scholar.google.com/citations?user=nnBymhgAAAAJ>

Research Gate Page: <https://www.researchgate.net/profile/Ala-Ashour>

https://www.researchgate.net/profile/Ala_Ashour2

Reviewer for Refereed International Journal

I am a reviewer for the following refereed scholarly journals:

1. Heart & Lung. The Journal of Cardiopulmonary and Acute Care.
2. Journal of Public Health in Africa (JPHIA)
3. Clinical Nursing Research
4. Journal of Cardiovascular Nursing (JCN)
5. Journal of Medical Ethics
6. Nursing and Health Sciences
7. Journal of Evaluation in Clinical Practice
8. Psychology Research and Behavior Management
9. Quality of Life Research
10. Qualitative Health Research
11. Public Health Nursing
12. BMJ Open
13. Journal of Taibah University Medical Sciences