



# **Curriculum Vitae (Last Updated August, 2025)**

# Heyam. F. Dalky, R.N., Ph.D. Professor Faculty of Nursing-JUST-Jordan

# **Address:**

(Permanent Work) Faculty of Nursing, Jordan University of science and Technology.

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(Sabbatical Vacation Work Placement) Health Science, Faculty of Health Sciences, Higher Colleges of Technology, Sharjah Women Campus,

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P.O. Box 4208 Irbid – Jordan

Mobile #: 0776303092

Place and date of birth: Irbid – Jordan. April 9, 1975

<u>Citizenship:</u> Jordanian

**Languages:** Arabic, English

## **Academic Background:**

Ph.D. Psychiatric/Mental Health Nursing May 2009
 University of Texas Health Science Center at Houston, Houston City/Texas

Thesis: Arabic Translation and Cultural Adaptation of the Stigm

Thesis: Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale for Use among Family Caregivers of Mentally Ill Relatives in Jordan

- M.S.N. Psychiatric/Mental Health Nursing May 2004
   New Mexico State University, Las Cruces/New Mexico
   Thesis: Psychoeducational Groups: A Proposal Effective Approach for Teaching Women in Jordan
- B.S.N. Jordan University of Science and Technology June 1997 Faculty of Nursing, Irbid/Jordan 1st Rank of nursing Students.

# **Recognitions/Rewards:**

- <u>Listed at the top 2% of the most-cited scientists</u> based on World Scientist and University Rankings 2024 report by Stanford University and Elsevier October, 2024
- <u>Listed at the top 2% of the most-cited scientists</u> based on World Scientist and University Rankings 2023 report by Stanford University and Elsevier October, 2023.
- <u>Listed at the top 2% of the most-cited scientists</u> based on World Scientist and University Rankings 2022 report by Stanford University and Elsevier August, 2022.
- <u>Listed at the top 2% of the most-cited scientists</u> based on World Scientist and University Rankings 2021 report by Stanford University and Elsevier August, 2021.

#### Awards

- Winner of the Distinguished Teacher Award for year 2019. Academic Development Center. Faculty of Nursing, Jordan University of Science & Technology.
- Sigma Theta Tau Research Award, 2008, University of Texas Health Science Center at Houston, School of Nursing, Houston City/Texas/USA.

#### **Affiliation:**

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- Faculty fellow with certificate in the Global Scholars Achieving Career Success (GSACS) project Spring-2023. This was a multi-campus, multinational program in designing and implementing International Virtual Exchange that addresses UN Sustainable Development Goals, facilitates experiential learning, and improves students' career competencies. I have collaborated with faculty from Guttmann faculty at Cunny university-USA.
- Fellowship in Responsible Conduct of Research program on 'Research Ethics', led by the University of California San Diego in collaboration with Jordan University of Science and Technology (JUST) Aug. 2016- 2017.

#### **WORK EXPERIENCES**

- 1. Full Professor, Jordan University of Science and Technology, Faculty of Nursing /April, 2025 until now.
- 2. Head of the Youth Friendly Clinic (العيادة الصديقة للشباب و الشابات) at Jordan University of Science & Technology, January 2023 until now.
- 3. An Associate Professor at Jordan University of Science and Technology, Faculty of Nursing /March, 2017 until April 2025.
- 4. Sabbatical vacation: Assistant Professor Faculty of Health Sciences-Higher Colleges of Technology, Sharjah Women Campus-UAE/August, 2019 until July-2022.
- 5. An Associate Professor at Jordan University of Science and Technology, Faculty of Nursing /March, 2017 until now.
- 6. An Assistant Professor at Jordan University of Science and Technology, Faculty of Nursing /October, 2009- until March, 2017.
- 7. Texas-licensed Registered Nurse: Level 2-ICU nurse worked at Memorial Herman Hospital 2005-2009.
- 8. A full time lecturer at Jordan University of Science and Technology/Faculty of Nursing/October, 2004-January 2005. I was involved in teaching courses such as:
  - 1. Psychiatric/Mental Health Nursing; Theory
  - 2. Psychiatric/Mental Health Nursing; Clinical
- 9. A Teaching Assistant at Jordan University of Science and Technology/ Faculty of Nursing/1998-2001. I was involved in teaching courses such as:
  - 1. Medical/Surgical Nursing
  - 2. Physical Assessment
  - 3. Fundamentals of Nursing
  - 4. Community Health Nursing
  - 5. Psychiatric/Mental Health Nursing

# EDUCATIONAL ADMINISTRATION AND LEADERSHIP

**2015-2016**: Vice Dean at Jordan University of Science and Technology, Faculty of Nursing.

2016-2017: Vice Dean at Jordan University of Science and Technology, Faculty of Nursing.

<u>2020-2022</u>: Applied Research Coordinator-Health Science Department-Nursing Program-Sharjah Campuses-UAE

# MAIN JOB TASKS, DUTIES AND RESPONSIBILITIES

- Select and develop instructional materials, plan and organize instruction to enhance student learning.
- Create appropriate assignments to encourage student learning, the development of communication skills, and higher order thinking
- Use available instructional technology, as appropriate.
- Use a variety of proven methods of engagement and assessment that facilitate student mastery of the content.
- Provide students constructive, encouraging, and corrective feedback.
- Evaluate student learning by creating and applying course competencies and accurately evaluating student progress.

- Strive to increase teaching effectiveness through the application of appropriate teaching and learning strategies
- Evaluate student learning and modify instructional methods and strategies as appropriate to meet diverse student needs.
- Demonstrate interpersonal and communication skills
- Fulfill all requirements as stated in Faculty of Nursing policies and procedures including mandatory training.
- Attend and participate in all required meetings.
- Supervise and monitor graduate students in their clinical projects and master's thesis.
- Use relevant technology to support instruction (E-LEARNING, MS TEAMS, ZOOM).
- Participate in instructional and Faculty planning and assist in the recruitment and retention of students, faculty, and staff.
- Serve on faculty and department committees and assist the Chair or Dean in the exercise of their duties.
- Attend and participate in professional development opportunities including activities during Professional Development Days and other opportunities offered by the faculty and/or external organizations.
- Create and revise, develop and amend where appropriate, departmental or program curricula.

## **KEY COMPETENCIES**

- 1. Communication and Interpersonal Skills
- 2. Verbal and written communication skills
- 3. Attention to details
- 4. High work standards
- 5. Problem-solving
- 6. Decision making
- 7. Organization and Planning
- 8. Classroom Management
- 9. Facilitation and Engagement
- 10. Assessment and Coaching
- 11. Collaboration and Teamwork
- 12. Caring and Inclusiveness
- 13. Flexibility and Adaptability

# **CERTIFICATION AND LICENSURE**

<u>Jan 2025</u> Advance Diploma in Health Action Training Facilitation. Royal College of Nursing, Nursing Now Challenge and Burdett Trust for Nursing.

<u>Jun 2016</u> Granted the professional title of Clinical Nurse Specialist/Psychiatric Mental Health Nursing with all its rights, privileges, and responsibility. Jordanian Nursing Council, Amman-Jordan.

<u>May 2013</u> CERTIFIED PROFESSIONAL TRAINER (TTT), Lead Academy and Jordan University of Science and Technology.

## Courses taught:

# **Undergraduate Courses:**

- 1. Psychiatric/Mental Health Nursing; Theory
- 2. Psychiatric/Mental Health Nursing; Clinical
- 3. Nursing Management and leadership
- 4. Foundation of Nursing Research
- 5. Nursing Issues and Ethics
- 6. Health Promotion
- 7. Community Health Nursing Theory
- 8. Community Health Nursing Clinical
- 9. Pathophysiology for nursing students.

#### **Graduate Courses:**

- 1. Advanced Nursing Research: Master in Nursing Science Program-JUST
- 2. Psychological Responses for Chronic Illnesses: Higher Diploma Course-National Diabetes Center-Amman

# **Advising Graduate Students**

# **Doctoral Thesis:**

2020 The Effect of a Contact-based Intervention on Attitudes and Behaviors of Nursing Students in Jordan toward People with Mental Illness. (Committee Member at University of Jordan-Amman). Note: Faculty of Nursing at JUST has no PhD nursing program yet!!

#### M

2014

(Advisor).

| Master Theses |   |  |
|---------------|---|--|
| 2010          | Burdens and Stigma Among Jordanian Family Caregivers of Patients with Mental Illness. (Committee Member)  |  |
| 2011          | Fatigue among Coronary Heart Disease CHD Patients. (Co-Advisor)   |  |
| 2011          | The prevalence of Mood and Anxiety Disorders Among Adolescent students in Irbid Jordan. (Co-advisor).   |  |
| 2012          | Depression among Jordanian Menopausal Women Prevalence and Associated Factors. (Committee member).  |  |
| 2013          | Students Perceptions of Bullying in Public Schools in Irbid Implications for School Health. (Committee member).   |  |
| 2013          | Quality of life in children with cystic fibrosis as perceived by children and parents results from northern of Jordan. (Committee member).                |  |
| 2013          | Perceived Stress and Coping Strategies among Jordanian Nursing Students during Clinical Practice in Psychiatric/mental Health Course. (Committee member). |  |
| 2014          | Depression in non-hospitalized patients with Coronary Artery Disease in Jordan. (Co-Advisor).   |  |

Eating habits and associated factors among adolescent students in Madaba city Jordan.

| 2014          | The Status of Social Networks Addiction among University Students Academic Performance And Psychosocial Impact. ( <b>Advisor</b> ).  |
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| 2014          | Psychosocial Burdens and Stigma of Epilepsy among Adult Patients in Jordan. (Advisor).   |
| 2014          | The Relationship between Emotional Intelligence and Job Performance among Jordanian Hospitals Registered Nurses. (Committee Member).   |
| 2015          | Nurses Work Ability Job Satisfaction and Shift worked Differences Relationships and Predictors. ( <b>Advisor</b> ).  |
| 2015          | Factors Associated with Antenatal Behaviors Among Jordanian Women. (Co-Advisor).   |
| 2015          | Nurses Professional Commitment and its effect on Patient Safety and Patient- Perceived Care Quality in Jordan (Co-advisor).  |
| 2015<br>prima | Factors influence the utilization of mental health services among a sample of clients in the ry health care centers in Jordan. ( <b>Committee Member</b> ).                    |
| 2015          | Perceived caregiving burden and quality of life of Jordanian caregivers of children with Autism. (Committee Member).   |
| 2015          | Perceptions of Jordanian nurse managers regarding napping during breaks on night shifts (Advisor).   |
| 2016          | Relationship between psychological wellbeing, marital violence, social support, and undernutrition among pregnant and lactating Jordanian and Syrian Refugees women. (Advisor) |
| 2017          | Nursing students' satisfaction, and its relationship to academic performance and students characteristics (Co-Advisor).  |
| 2017          | Psychological Distress among University Students in Jordan and Their Need for Mental Health Services. ( <b>Advisor</b> ).  |
| 2017          | Quality of Life Evaluation for Family Caregivers of Patients with Leukemia ( <b>Committee Member</b> ).  |
| 2017          | The effect of pre-cardiac catheterization education on Jordanian patients level of anxiety and Satisfaction: An interventional study ( <b>Committee Member</b> ).              |
| 2019          | Implementing the situation background assessment and recommendation SBAR handover tool among intensive care units' nurses in Jordan. ( <b>Advisor</b> ).                       |
| 2020          | The relationship between stress levels and mindfulness among Jordanian nurse leaders. (Co-Advisor).  |
| 2020          | The relationship between perceived stress, resilience, coping, and quality of life among   |

registered nurses: A structural Equation Modeling Approach. (Co-Advisor).

- The Relationship between Teachers' Attitudes towards School Bullying and Teacher-Student Relationship with school bullying victimization among Jordanian Students. (**Co-Advisor**).
- Psychological distress, antipsychotic medications, and cardiovascular risk factors among patients with schizophrenia. (**Co-Advisor**).
- Perceived health risks and behavioral change among tobacco users during COVID-19. (Committee Member).
- The relationship between work related stressors, and coping mechanisms among oncology nurses. (Advisor).
- The relationship between Self-compassion, Burnout, and Job Satisfaction among Healthcare Professionals: A cross-sectional Study from Northern of Jordan. (Advisor).
- The relationship of social media use, sleep quality and mental well-being of undergraduate students in Jordan. (**Advisor**).

# **Internationally and Nationally Funded Research Projects**

- 1. PI of the research project entitled "Work-related physical activity, sleep quality and psycholgocial discomfort among women in various occupations: A cross-sectional study". This is an active project between Universiti Malaya & Jordan University of Science & Technology; Matual Grant of 1317 JD. Research Grant No: 20230422.
- 2. Principal investigator of the Applied Research grant entitled: "The Impact of COVID-19 Pandemic on Work Readiness among College Graduate Students: A Cross-sectional Survey at the Higher Colleges of Technology- UAE". Approved for 2 years (Feb. 2022-Feb. 2024) funding by **AED 100,000. Grant code and No: Interdisciplinary \_213606.**
- 3. Co-investigator in WHO-TDR grant No. AP21-00546 entitled: "The Associations between Risk Perception, Cognitive Fatigue, Stigma and Quality of Life with Long-term Implementation of Social Measures during COVID-19 Pandemic in the UAE: A Correlational Study", has been peer-reviewed by esteemed experts and recommended for funding by USD 9,000.
- 4. Principal investigator for the student undergraduate research fellowship (SURF-2021) research grant-entitled "Health Promotion Lifestyle Profile for HCT Students: A descriptive cross-sectional study", funding by AED 10,000. Project completed, in progress for publication.
- 5. Principal investigator for the collaborative research project entitled "Assessment of the Awareness, Perception, Attitudes, and Preparedness of Healthcare Professionals Potentially Exposed to COVID-19 in the United Arab Emirates" with partners from MOHAP –UAE. The project finished and published September 28<sup>th</sup> 2020 in the "Multidisciplinary Health Journal".
- 6. Principal investigator for the Sabbatical research project entitled "Levels of Mental Health stigma among hospital-working Jordanian health care professionals". Supported by Deanship of Research at Jordan University of Science and Technology. Research Grant No: 20190211. In process of publication.
- 7. Principal investigator for the research project entitled "Resiliency and mental health among refugees in Jordan". Supported by Deanship of Research at Jordan University of Science and Technology and University of San Diego/California (Published). Research Grant No: 20180359.
- 8. **Erasmus Staff-teaching Mobility:** Visited Hacettepe University-Ankara Turkey as recipient of staff mobility grant for period of September 23-28, 2018.

- 9. Principal investigator for the research project entitled "Stigma Perception and Attitudes of Patients and Healthcare Professionals Toward Providing Mental Health Services in Primary Health Care Centers". Supported by Deanship of Research at Jordan University of Science and Technology and University of San Diego/California (Published). Research Grant No: 20170113.
- 10. Quality of life, Stigma and Burden Perception among Family Caregivers and Patients with Psychiatric Illness in Jordan" which is supported by Deanship of Research at Jordan University of Science and Technology. (Published, 2016).
- 11. Principal investigator for the research study entitled "Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale for Use among Family Caregivers of Mentally Ill Relatives in Jordan" which is Supported by Sigma Theta Tau-University of Texas Health Science at Houston-USA. 2008-2009. (Published).

# **Journals' Publications**

- Dalky H.F. (2011). Mental Illness Stigma Reduction Interventions: Review of Intervention Trials. Western Journal of Nursing Research, Mar 9.
- 2) **Dalky, H.F.** (2012). Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale in Jordan. Journal of Mental Health, 21 (1), 72-82.
- 3) **Dalky, H.F.** (2012). Perception and Coping with Stigma of Mental Illness: Arab Families' Perspectives. Issues in Mental Health Nursing Journal, 33:486–491. DOI: 10.3109/01612840.2012.676720
- 4) **Dalky, H. F.,** Meininger, J. C., & Al-Ali, N. M. (2016). The reliability and validity of the Arabic World Health Organization Quality of Life-BREF Instrument among family caregivers of relatives with psychiatric illnesses in Jordan. The Journal of Nursing Research, 25 (3), 224-230. doi:10.1097/jnr.000000000000146.
- 5) **Dalky, H.F.,** Al-Momani, M., Al-Darabha, T., Al-Jarrah, S. (2016). Eating Habits and Associated Factors among Adolescent Students in Jordan. Clinical Nursing Research. 1-15. DOI: 10.1177/1054773816646308.
- 6) **Dalky, H.F.,** Qandil, A., Al-Natour, A. Meininger, J. (2017). Quality of life, Stigma and Burden Perception among Family Caregivers and Patients with Psychiatric Illnesses in Jordan. Community Mental health Journal, 53 (3), 266-27. DOI: 10.1007/s10597-016-0028-0.
- 7) **Dalky, H. F.,** Raeda, A. F., & Esraa, A. A. (2018). Nurse managers' perception of night-shift napping: A cross-sectional survey. Nursing forum, 53(2), 173–178. <a href="https://doi.org/10.1111/nuf.12239">https://doi.org/10.1111/nuf.12239</a>
- 8) **Dalky, H.F.**, Gharaibeh, H. & Faleh, R. (2017). Psychosocial Burden and Stigma Perception of Jordanian Patients With Epilepsy. *Clinical nursing research*, 28(4), 422–435. <a href="https://doi.org/10.1177/1054773817747172">https://doi.org/10.1177/1054773817747172</a>
- 9) Al Ali, N. M., Alqurneh, M. Kh., **Dalky, H. F.**, Al-Omari, H. (2017). Factors affecting help-seeking attitudes regarding mental health services among attendance of primary health care centers in Jordan. International Journal of Mental Health, 46 (1).

- 10) Alslman, E., Abu Baker, N. & **Dalky, H**. (2017). Mood and anxiety disorders among adolescent students in Jordan. Eastern Mediterranean Health Journal, 23 (9).
- 11) Alhamdan, Z., **Dalky, H**. & Alramdneh, J. (2017). Nurses' Professional Commitment and Its Effect on Patient Safety. Global Journal of Health Science.
- 12) **Dalky, H.F.**, Qandeel, A. & Qawasmi, A. (2018). Factors Associated With Undernutrition Among Pregnant and Lactating Syrian Refugee Women in Jordan. Global Journal of Health Science.
- 13) **Dalky, HF**, Gharaibeh, B. & Al-khateeb, N. (2018). Work Ability Index of Shift Working Hospital Nurses in Jordan. *The open nursing journal*, 12, 116–124. https://doi.org/10.2174/1874434601812010116
- 14) **Dalky HF**, Gharaibeh Assel (2019). Depression, anxiety, and stress among college students in Jordan and their need for mental health services. *Nursing forum*, 54(2), 205–212. <a href="https://doi.org/10.1111/nuf.12316">https://doi.org/10.1111/nuf.12316</a>. [Accepted December, 2018].
- 15) IM AL-ZARU, F ALHALAIQA, **HF DALKY**, KA ARRAMADAN, AM BATIHA. (2019). Depression in Non-hospitalized Jordanian Patients With Coronary Artery Disease. The journal of nursing research: JNR.
- 16) **Heyam F Dalky**, Hana H Abu-Hassan, Alaa Fawwaz Dalky, Wael Al-Delaimy (2019). Assessment of Mental Health Stigma Components of Mental Health Knowledge, Attitudes and Behaviors among Jordanian Healthcare Providers. *Community mental health journal*, 56(3), 524–531. <a href="https://doi.org/10.1007/s10597-019-00509-2">https://doi.org/10.1007/s10597-019-00509-2</a>
- 17) S Abuhammad, **H Dalky** (2019). Ethical Implications of Mental Health Stigma: Primary Health Care Providers' Perspectives. Global Journal of Health Science, *11* (12). DOI: 10.1007/s10597-019-00509-2.
- 18) M Aldalaykeh, **H Dalky**, G Shahrour, M Rababa (2020). Psychometric properties of two Arabic Suicide Scales: stigma and literacy. Heliyon, 6 (4). doi.org/10.1016/j.heliyon.2020.e03877.
- 19) Dalky, Heyam; Abu Alrub, Raeda; & Rawan (2020). Evaluation of the 'SBAR' Handover Tool in Improving Communication and Satisfaction among Jordanian Nurses Working in Intensive Care Units. Dimensions of critical care nursing: DCCN, 39(6), 339–347. <a href="https://doi.org/10.1097/DCC.0000000000000441">https://doi.org/10.1097/DCC.00000000000000441</a>
- 20) **Dalky, Heyam F.**, Ayman M. Hamdan-Mansour, Basil H. Amarneh, ....et. al (2020). Social discrimination perception of health-care workers and ordinary people toward individuals with COVID-19. Social Influence, 1-15. DOI: 10.1080/15534510.2020.1838945
- 21) AlAzzam, M., Abuhammad, S., Tawalbeh, L., & **Dalky**, **H**. (2021). Prevalence and Correlates of Depression, Anxiety, and Suicidality Among High School Students: A National Study. Journal of

- Psychosocial Nursing and Mental Health Services, 59(8), 43-51. doi:doi:10.3928/02793695-20210426-02.
- 22) **Dalky, H. F.**, Ghader, N., Al Kuwari, M., Alnajar, M., Ismaile, S., Almalik, M., ... & Al Matrooshi, F. (2021). Assessment of the Awareness, Perception, Attitudes, and Preparedness of Health-care Professionals Potentially Exposed to COVID-19 in the United Arab Emirates. *Journal of multidisciplinary healthcare*, 14, 91–102. <a href="https://doi.org/10.2147/JMDH.S278479">https://doi.org/10.2147/JMDH.S278479</a>
- 23) Dehnel, R., **Dalky, H.,** Sudarsan, S. et al. Resilience and Mental Health among Syrian Refugee Children in Jordan. J Immigrant Minority Health (2021). https://doi.org/10.1007/s10903-021-01180-0
- 24) Mosleh, S. M., Shudifat, R. M., **Dalky, H. F.**, Almalik, M. M., & Alnajar, M. K. (2022). Mental health, learning behaviour and perceived fatigue among university students during the COVID-19 outbreak: a cross-sectional multicentric study in the UAE. BMC Psychology, 10(1), 47. doi:10.1186/s40359-022-00758-z.
- 25) **Dalky, H.**, Khraisat, A., Khalifeh, A., Abuhammad, S., & Hamdan-Mansour, A. (2022). Predictors of social response to COVID-19 among health care workers caring for individuals with confirmed COVID-19 in Jordan [version 2; peer review: awaiting peer review]. F1000Research, 11(312). doi:10.12688/f1000research.75740.1
- 26) Alhawatmeh, H., Alsholol, R., **Dalky, H.**, Al-Ali, N., & Albataineh, R. (2021). Mediating role of resilience on the relationship between stress and quality of life among Jordanian registered nurses during COVID-19 pandemic. Heliyon, 7(11). <a href="https://doi.org/10.1016/j.heliyon.2021.e08378">https://doi.org/10.1016/j.heliyon.2021.e08378</a>.
- 27) Abdulla A, Webb HC, Mahmmod Y, **Dalky HF**. Beliefs and Attitudes of Health Care Professionals Toward Mental Health Services Users' Rights: A Cross-Sectional Study from the United Arab Emirates. Journal Multidisciplinary Healthcare. 2022;15:2177-2188. <a href="https://doi.org/10.2147/JMDH.S379041">https://doi.org/10.2147/JMDH.S379041</a>.
- 28) **Dalky, H. F.**, Aljawarneh, Y. M., Rajab, L. M., Almas, S., Mazemi, F. A., Ali, L. A., Abdulghani, S., & Shamsi, S. A. (2022). Assessment and Evaluation of Psychological Status of Undergraduate College Students during COVID-19 Pandemic: A Cross-Sectional Study in the United Arab Emirates. International Journal of Environmental Research and Public Health, 19(19), 12487. <a href="https://www.mdpi.com/1660-4601/19/19/12487">https://www.mdpi.com/1660-4601/19/19/12487</a>
- 29) **Dalky, H. F.**, Alnajar, M., Dalky, A. A. F., Mahmoud, N., Al-Ma'ani, M., Mosleh, S., & Hamdan-Mansour, A. M. (2023). Social cognitive elements of mental illness stigma among healthcare professionals currently working in general hospitals: A cross-sectional study from Jordan. Nursing Open, 10(10), 6980-6988.
- 30) Dehnel, R., **Dalky, H.**, Sudarsan, S., & Al-Delaimy, W. K. (2023). Suicidality among Syrian refugee children in Jordan. Community mental health journal, 1-9.
- 31) Shahrour, G., Ananbh, N., **Dalky, H**. *et al.* The Role of Teacher-Student Relationship on Teachers' Attitudes Toward School Bullying: A Study from Jordan. *Int Journal of Bullying Prevention* (2023). <a href="https://doi.org/10.1007/s42380-023-00194-6">https://doi.org/10.1007/s42380-023-00194-6</a>

- 32) Al-Dwaikat, T.N., Al-Samouri, H.K., **Dalky, H**., Hamaideh, S.H., ALBashtawy, M. and Khatatbeh, H. (2025), Psychological Distress, Antipsychotic Medications and Cardiovascular Risk Factors Among Patients With Schizophrenia. J Clin Nurs. https://doi.org/10.1111/jocn.17606
- 33) Aljawarneh YM, Ghader N, Al-Bashaireh AM, **Dalky HF**, Al-Omari H, Alkouri O, Sanad SR, Mheiri NA, Gopakumar A, AlShaya S, Blatch GL, Ghunaim HY. Exploring Risk Perception, Mental Health, Mental Fatigue, Stigma, and the Quality of Life among UAE Healthcare Workers during the COVID-19 Pandemic: A National Multicentric Cross-Sectional Study. Int J Environ Res Public Health. 2024 Aug 26;21(9):1124. doi: 10.3390/ijerph21091124. PMID: 39338007; PMCID: PMC11431285.

# **Published Book Chapters**:

- 1. Dalky, H. F., Aljawarneh, Y. M., Haddad, R., & Rajab, L. M. (2022). Mental Health of University Students: Perspectives from Jordan and the United Arab Emirates in M. Zangeneh, M. Nouroozifar, & P. Chou (Eds.), Post-Secondary Education Student Mental Health: A Global Perspective (pp. 173). CDS Press.
- 2. Dalky, H. F., Aljawarneh, Y. M., Khraisat, A. M., & Rajab, L. M. (2023). Graduate Students' Work Readiness in the Context of COVID-19: Challenges and Recommendations. In Global Perspectives on Higher Education: From Crisis to Opportunity (pp. 435-453). Cham: Springer International Publishing.

### **Consultative Work:**

- 1. Refining and development of Health Promotion Course (NUR 100) in collaboration with the Royal Health Awareness Society and UNFPA- 2012-2015. JUSt-Amman Jordan.
- 2. Subject matter Expert in the Mental Health Training Program led by Emirates Health Services -UAE for training community health and psychiatric health nurses working in primary care settings in UAE. Participating in giving lectures in the training program. July 18<sup>th</sup>-24<sup>th</sup>.
- 3. Member of the SCIENTIFIC COMMITTEE for the "8th International Nursing Management Conference". Held in October 27 29, 2022. İstanbul, Turkey.
- 4. Jury member for the 4th Forum for Women in Research; The Fourth Forum for Women in Research "QUWA: Sustaining Women's Empowerment in Research & Innovation". August, 2022, 2023. Sharjah-UAE.
- **5.** 2009-Present Deputy to: WHO /JUST /Faculty of Nursing Collaborating Center "Center of Excellence for Development of Human Resources in Nursing" for EMRO Region.
- **6.** Reviewer for several regional and International Nursing Journals.

#### **Workshops and Conferences**

# 2009- till present Organizing, participating and attending workshops and conferences. Selected examples are below:

- Attending Launching Ceremony for the National Report on Evaluation of Mental Health Services in Jordan. Royal Scientific Society, Amman-Jordan, 2010.
- Presenting "Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale for Use among Family Caregivers of Mentally Ill Relatives in Jordan" at the Third International Nursing Conference "The Heart of the Matter: Relevance of Nursing Responsiveness" 2010, JNC/Jordan.
- Presenting "Translation and cultural adaptation of the SDS for use among family caregivers of mentally ill relatives in Jordan" at the World Psychiatric Association Thematic Conference, Istanbul-Turkey, 2011.
- Organizing a series of lectures as part of the 4<sup>th</sup> workshop of the national program to Promote Mental Health Services for nurses in Jordan, using evidence-based research and knowledge to guide the education program. Jordan Nursing Council, Jordan, July-December 2011.
- Attending workshop "Promoting Patient Safety Culture", Jordan University of Science and technology, Jordan, 2011.
- Organizing a scientific lecture on "Adolescents' problems, challenges and suggested solutions" for 9<sup>th</sup> grade female students at Yarmouk Model School, Irbid, 2012.
- Organizing a scientific day entitled "Pracademia: Bringing the Concept to Light" to introduce the concept
  of Pracademia and its importance in bridging the education practice gap / faculty of nursing, Jordan
  University of Science and technology/ Jordan, 2013.
- Organizing a workshop on "Psychological Needs of Patients in General Hospitals", at the Fourth International Nursing Conference: "The Tipping Point: Creative Solutions to Health and Nursing Challenges". Jordan Nursing Council, Jordan, 2013.
- Presenting "Perception and Coping with Stigma of Mental Illness: Arab Families' Perspectives" at the Fourth International Nursing Conference: "The Tipping Point: Creative Solutions to Health and Nursing Challenges". Jordan Nursing Council, Jordan, 2013.
- Attending a "TTT (Train the Trainers)" workshop held at Consultative Center of Jordan University of Science and Technology, and fulfilling the basic requirements for certified Trainer. Jordan, 2013.
- Attending a two days workshop on Advance Statistical Analysis "SPSS" held at the Academic Development Center at Jordan University of Science & technology. Jordan, 2013.
- Attending workshop "E-learning: Open Educational Resources" held at the Academic Development and Quality Assurance Center at Jordan University of Science & technology. Jordan, 2014.

- Organizing a workshop "National Exam: Tips for Success" held in National Rehabilitation Center for Addiction in Abu-Dhabi-UAE, October, 2014, and in collaboration with Consultative Center of Jordan University of Science and Technology-Jordan.
- Organizing Mental Health Awareness Day "يلا نحكي" that held in collaboration with Royal Health Awareness Society, Jordan Nurses Council and students' Affairs at Jordan University of Science & Technology, October, 2014.

• Attending the Elsevier "Authoring Seminar" workshop that have been conducted at JUST Library on Monday 11<sup>th</sup> of May, 2015.

- Attending an Elsevier training session hosted by Library Unit at JUST library on April, 2015.
- Attending a workshop entitled "Accreditation and Self-Evaluation for Nursing Faculties" , "ورشة ; which took place in Al-Eskandaria-Egypt over the period 27-28/4/2016.
- Attending workshops held regularly at the Journal club, Faculty of Nursing, Jordan, 2012-present
- Attending the "International Conference on Ethics and Biomedical Informatics in Jordan. August 10<sup>th</sup>, 2016. Jordan University of Science & Technology Irbid, Jordan.
- Attending the "The 2nd International Conference on Ethics in Jordan: Clinical Trials". August 2<sup>nd</sup> 4<sup>th</sup>, 2017. Jordan University of Science & Technology Irbid, Jordan.
- Attending and presenting paper entitled "Stigma Perception and Attitudes of Patients and Healthcare Professionals Towards Providing Mental Health Services in Primary Health Care Centers" at the 2<sup>nd</sup> Global Mental Health Conference". October 5<sup>th</sup>-7<sup>th</sup>, 2017. The University of Jordan, Amman, Jordan.
- Attending the "International Nursing Congress on Innovative Avenues: Practice drives Education, Research, and Policy. October 16<sup>th</sup> – 17<sup>th</sup>, 2018. Faculty of Nursing/JUST, Irbid, Jordan.
- Attending and presenting the paper entitled "Depression, Anxiety, And Stress Among College Students In Jordan And Their Need For Mental Health Services" at The 14th International Conference on Psychiatry "Evidence based therapies in Mental Disorders", Intercontinental Hotel, Jeddah, Kingdom of Saudi Arabia, 27 30 March 2019.
- Attending several workshops related to computer and communication skills as well as teaching and evaluation strategies, 2009-present.
- Summer semester 2020, I was consulted to teach at the ALEF—health care Education program initiative to prepare future nurses started from July 5th until August 11th. The health program targeted school students from 10-12 grades. Conducted as three-section a day three days a week for 5 weeks. Education and skills are shared with students.
- In February 2020 I collaborated with other nursing faculty in presenting a workshop on "Common Psychiatric Issues among Patients in General Hospitals" in the IEHS 2020 Conference-Dubai, UAE. The workshop was to identify major principles of psychiatric health nursing needed to successfully integrate within the traditional regular general nursing care.

- Of the other examples of community contributions are conducting awareness open day activity for students at HCT-SWC campus October 2019; in celebration of 'Mental Health Day'; entitled: "Let Us Talk", which tackled stigma associated with mental illness and provide more information about mental health for students.
- Completed the "MOOC ON IMPLEMENTATION RESEARCH (IR) WITH A FOCUS ON INFECTIOUS DISEASES OF POVERTY (IDP)" training course from March 29<sup>th</sup>-June 1<sup>st</sup>, 2021.
- Attending "Virtual" the Webinar entitled "Nursing System Management in the Context of COVID-19 Pandemic". June 2nd, 2021-Jordanian Nursing Council, Amman-Jordan.

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- Virtually attending and presenting "The Impact of COVID-19 Pandemic on Emirati Students' Psychological Status" at the 3RD INTERNATIONAL NURSING AND HEALTH SCIENCES CONFERENCE, 16-17, Nov. 2021. Saudi Arabia- King Saud bin Abdulaziz University for Health Sciences.
- Organizing the "Research Ethics Integrity Committee (REIC)" workshop at HCT: Introduction and Orientation on the Research Application Process and Approvals. October 17<sup>th</sup>, 2021 & March 2<sup>nd</sup>, 2022.
- Organizing the "HCT Research Grants Types and Application Process: Tips from HS-Expertise" workshop March 4<sup>th</sup>, 2022.

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- Organizing "Mental health Awareness Day Virtual", October 26<sup>th</sup>, 2021. Sharjah Women campus, UAE.
- Organizing "**Diabetes Awareness Event**", November 14<sup>th</sup>, 2021. Student Launch-Sharjah women campus-UAE.
- Organizing the "INAUGURAL RESEARCH CAPSTONE DAY-Virtual", May 16<sup>th</sup>, 2021. Sharjah–UAE.
- Basics of Distance Education, Academic Development and Quality Assurance Center at JUST. 27/06/2021-28/06/2021

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• Developing national capacities to develop e-learning in higher education institutions. Academic Development and Quality Assurance Center at JUST. 29/06/2021-30/06/2021.

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- Organizing "Health Sciences Students' Capstone Research Projects Presentations-Virtual".
   December 6<sup>th</sup> -7<sup>th</sup>, 2021. Sharjah-UAE.
- Organizing and moderating many collaboration meetings between applied research office and industry partners in UAE, for example; meeting with Dubai Health Authority (DHA), Ministry of Health and Prevention (MOHAP), Emirate Health Services (EHS) and SEHA.

- Attending and Participant at the International Conference on Quality Measurement in Health Professions Education Revisiting the Metrics Workshop: "Competency Assessment in Nursing-Ethical And Legal Practice Domain". February 27<sup>th</sup>, 2022. Ajman Bhai Hotel-UAE.
- Attending and participant in the "UAE National Nursing/Midwifery Research Agenda Workshop-Academic Nursing Faculty Group"; March 27<sup>th</sup>, 2022 Expo-Dubai 2020.
- Participating in the EHS designing comprehensive, competency-based research capacity building program curriculum: Taskforce meeting 01 April 7<sup>th</sup>, 2022.
- Attending the scientific day "Celebrating Mental Health World Day, "Making Mental Health for Students a Priority"; بعل الصحة النفسية الطلبة أولوية "الاحتفال باليوم العالمي للصحة النفسية ", and presenting " بعل الصحة النفسية الأخلاقية التي يجب اتباعها عند تقديم المشورة / العلاج للمراجعين (الطلبة) الذين يعانون " on Monday October 24<sup>th</sup>-at JUST-Jordan.
- Attending and Presenting: RISK OF EATING DISORDERS AMONG EMIRATI ADOLESCENT FEMALES: A CROSS-SECTIONAL STUDY" at the 25th World Congress of IACAPAP: Child and Adolescent Mental Health: Shaping the Future. December 5-9th 2022. Dubai-UAE.
- Attending 'Virtual' the 7th International Conference on Ethics in the MENA: Predatory Journals and Open Access" October 21<sup>st</sup>- 22<sup>nd</sup>, 2022.
- Attending the 2nd Arab Nurses & Midwives Virtual Conference. Hamad Medical Corporation-Qatar. October 29<sup>th</sup>, 2022.
- Attending and Presenting: "Predictors and Associated Factors for Depression, Stress and Anxiety Among Undergraduate University Students: A Cross-sectional Study from UAE" at the International Conference on Advancements in Health Sciences (ICAHS) 2023, March 8-9 2023.
   Dubai Men's' Campus, UAE.
- Attended and orally presenting "Predictors of social response to covid-19 among health care workers caring for individuals with confirmed covid-19 in Jordan" at the 3<sup>rd</sup> International Conference on nursing and Women's Health Care, November 13-14, 2023. Dubai-UAE.

- Head Research Review Committee-Faculty of Nursing, Jordan University of Science and Technology, 2022-present.
- Head Standard 2/ACEN Committee, Faculty of Nursing, Jordan University of Science and Technology, 2017-present.
- VIP Invitation for "Affiliate Membership" in the Nursing Research Group, HCT/ Office of Executive Dean, Health Sciences, HCT. August, 2022 – Current time.
- VIP Invitation for "Affiliate Membership" in the Social Work & Mental Health Research Group, HCT/ Office of Executive Dean, Health Sciences, HCT. August, 2022 – Current time
- Head Applied Research Coordinator-SJC, Higher Colleges of Technology, 2020-current.
- Health Science Research Activity, Higher Colleges of Technology, 2020-current.
- Head Central Academic Quality Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Member Professional Certificate Qualification Committee, -SJC, Higher Colleges of Technology, 2020-current.
- Member Advising Committee / Faculty of Nursing, Jordan University of Science and Technology, 2009-present.
- Member Curriculum Committee, Faculty of Nursing, Jordan University of Science and Technology, 2009- present.
- Member Department Research Committee, Faculty of Nursing, Jordan University of Science and Technology, 2012- present.
- Member Journal/Research committee, Faculty of Nursing, Jordan University of Science and Technology, 2012-present.
- Member Department Council/ Faculty of Nursing, Jordan University of Science and Technology, 2013-2017t.
- Member Library Committee, Faculty of Nursing, Jordan University of Science and Technology, 2014-2017.
- Member WHO Collaborating Center Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Member Communication & Media Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Academic Advising Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Students' Investigation Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- present.

- Head Course Evaluation & Verification Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2018.
- Head Graduation Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Member National Mental Health Committee/JNC, 2014-present.

#### **References:**

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