

Curriculum Vitae

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1. Summary of Experience

I am a highly accomplished Associate Professor of Nursing with over 15 years of academic and professional expertise in nursing practice, teaching, research, and leadership. I have contributed to the development of different undergraduate and graduate courses and applied various innovative teaching methodologies. My research portfolio includes 59 Scopus-indexed publications across 40 international journals. I have secured funding for 22 research projects, addressing diverse topics like health promotion, nursing education, and mindfulness interventions. I have served as an advisor or committee member for 24 graduate students. As a global contributor, I have collaborated with international researchers and addressed the following Sustainable Development Goals: SDG 3, SDG 4, SDG 5, SDG 10, SDG 13, SDG 16, & SDG 17. I have held several key administrative appointments, including Assistant Dean at the Deanship of Academic Development and Quality Assurance and the Faculty of Nursing, and Chairperson of the Adult Health Nursing Department. To demonstrate my commitment to lifelong learning and educational innovation, I have completed many professional development workshops and certifications. I actively contribute to the profession through memberships in university and national committees.

2. Education

- August 2016: PhD in Nursing, College of Nursing/Kent State University, Kent, Ohio, USA.
 - May 2014: Dissertation proposal defended.
 - Dissertation: *Examining the Effect of a Tai Chi Intervention on Psychosocial Consequences of Driving Cessation Among Older Adults*
 - Dissertation Chair: Dr. Barbara L. Drew
- December 2010: MSN in Nursing Education, College of Nursing/Kent State University, Kent, Ohio, USA.
- May 2005: BSN, Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.

3. Professional Experience

- September 2023-Present: Assistant Dean, Deanship of Academic Development and Quality Assurance, Jordan University of Science and Technology, Irbid, Jordan.
- September 2021-Present: Associate Professor of Nursing at the Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.
- December 2021: Tenure Associate Professor of Nursing at the Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.
- September 2016-September 2021: Assistant Professor of Nursing at the Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.

- September 2017- August 2018: Chairperson of the Adult Health Nursing Department, Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.
- September 2016- August 2017: Assistant Dean at the Faculty of Nursing, Jordan University of Science and Technology, Irbid, Jordan.
- January 2015- May 2016: Nursing Instructor and Clinical Learning Center Coordinator, Hiram College, Hiram, Ohio, USA.
- December 2012- December 2014: Nursing Faculty and ACEN Coordinator, Fortis College, Cuyahoga Falls, Ohio, USA.
- August 2007- December 2012: Graduate assistant, College of Nursing/Kent State University, Ohio, USA.
- August 2011-November 2012: Adjunct nursing faculty, Fortis College, Cuyahoga Falls, Ohio, USA.
- Fall semester 2010: Teaching assistant, College of Nursing/Kent State University, Kent, Ohio, USA.
- February 2009- August 2010: Orthopedic RN, Aultman Hospital Canton, Ohio, USA.
- October 2005- August 2007: Full-time clinical instructor, Faculty of Nursing/Jordan University of Science and Technology, Irbid, Jordan.

4. Membership in Professional Organizations & Committees

- Sigma Theta Tau International.
- Registered Nurse (RN), Ohio Board of Nursing.
- Registered Nurse (RN), Jordanian Nurses and Midwives Council.
- The International Health Literacy Association (IHLA).
- The Institute for Healthcare Advancement
- Scientific Committee, Jordanian Nursing Council.
- Chronic Care Nursing Committee, Jordanian Nursing Council.

5. Certificates and Educational and Professional Development Workshops

5.1 Delivered and/or organized

- May 2024: High alert and emergency medications. Princess Basma Hospital, Irbid.
- April 2024: Research in Healthcare. Jordan University of Science and Technology.

- September 2023: Project and Grant Management & Leadership training, Jordan University of Science and Technology jointly with Vrije Universiteit Amsterdam.
- May 2023: nursing care in intensive and emergency care units. Princess Iman Hospital, Ajlun.
- December 2022: Advancing nurses' knowledge and utilization of research in clinical practice. Princess Rahma Hospital, Irbid.
- May 2022: Mechanical ventilation, ABG's analysis, and ECG interpretation. Princess Basma Hospital, Irbid.
- December 2021: Evidence-based nursing practice in critical care units. Jordan University of Science and Technology, online.
- August-September 2019: “By My Side” Train the trainers workshop. Refugee Camps, Jordan.
- July 2018: Basic Life Support (BLS) Training. Al Takaful Health Center, Ramtha.
- April 2018: “Your Health Matters”. Al-Balqa Applied University, Al Huson College, Al Huson, Irbid.
- March 2018: “Success Story”. Jordan University of Science and Technology.
- June 2017: Simulation in Nursing Education. Faculty of Nursing/Sim lab, Jordan University of Science and Technology.
- February- March 2017: Basic and Advanced Life Support Training. University Health Center and Jordan University of Science and Technology, Irbid.

5.2 Attended

- June-November 2024: Blended and Online Learning Design (BOLD), The University of Strathclyde jointly with The British Council and the Accreditation & Quality Assurance Commission for Higher Education Institutions.
- January 2024: Climate for Health Ambassador Training, ClimateforHealth.org
- February 2024: Interprofessional Education in Health Sciences, Jordan University of Science and Technology, Irbid, Jordan.
- September 2023: Technical skills to manage the e-learning system, Jordan University of Science and Technology, Irbid, Jordan.
- September 2023: Technical skills to manage the e-learning system, Jordan University of Science and Technology, Irbid, Jordan.
- September 2023: Project and Grant Management & Leadership training, Jordan University of Science and Technology jointly with Vrije Universiteit Amsterdam.
- September 2023: Pain Control: Evidence-Based Approaches. Relias LLC. Online.
- September 2023: The Art and Science of Caring. Relias LLC. Online.
- September 2023: Working as an Interprofessional Team. Relias LLC. Online.

- September 2023: Best Practices for Mechanical Ventilation and Weaning. Relias LLC. Online.
- September 2023: Ohio Nurse Practice Act. Relias LLC. Online.
- September 2023: Communication with Patients. Relias LLC. Online.
- September 2023: Medication Error Prevention. Online.
- September 2023: Providing Culturally Competent Care to the Muslim Population. Relias LLC. Online.
- September 2023: Calming the Patient with Cognitive Impairment. Relias LLC. Online.
- September 2023: Recognizing and Treating Five Shock States. Relias LLC. Online.
- September 2023: Professional Responsibility in Infection Prevention. Relias LLC. Online.
- September 2023: Acute Stroke: Treatment and Outcomes. Relias LLC. Online.
- September 2023: Suicide Prevention in Acute Settings. Relias LLC. Online.
- September 2023: Preventing Blood Incompatibility Errors. Relias LLC. Online.
- September 2023: HIPAA and Confidentiality for Licensed Professionals. Relias LLC. Online.
- September 2023: Seizure Management: Essentials. Relias LLC. Online.
- September 2023: Transfusion-Free Medicine. Relias LLC. Online.
- September 2023: Nursing Documentation: Legal Aspects. Relias LLC. Online.
- August 2023: Earning Degrees by Distance Education. Relias LLC. Online.
- August 2023: Nursing Informatics: Leveraging Technology to Improve Patient Care. Relias LLC. Online.
- August 2023: Use Of Pet Therapy. Relias LLC. Online.
- August 2023: Nursing Ethics: Ethical Decision-making and Dilemmas. The Ohio Nurses Association. Online.
- August 2023: Ambulatory Preceptor: Principles of Adult Learning. Relias LLC. Online.
- August 2023: Managing Workplace Communication Challenges. Relias LLC. Online.
- August 2023: Pulmonary Patient: Palliative Care. Relias LLC. Online.
- August 2023: Mental Health and Older Adults. Relias LLC. Online.
- August 2023: Designing Effective E-Learning, Jordan University of Science and Technology, Irbid, Jordan.
- July 2023: 7/2023: Effective Communication and Conflict Resolution, Jordan University of Science and Technology jointly with Vrije Universiteit Amsterdam.

- November 2022: How to Design Your Online Course, Jordan University of Science and Technology, Irbid, Jordan.
- August 2022: Applying Quality Matters Rubric, Jordan University of Science and Technology, Irbid, Jordan.
- July 2021: The Ohio Nurse Practice Act. Relias LLC. Online.
- June 2021: Helping Patients Debunk Hoaxes: Teaching Media Literacy. The Ohio Nurses Association. Online.
- June 2021: From 'Distress' to 'De-stress' With Stress Management. Relias LLC. Online.
- June 2021: Every Nurse Is a Risk Manager. Relias LLC. Online.
- June 2021: Growing Strong: Going for Your Next Degree. Relias LLC. Online.
- June 2021: Family Caregivers: Doing Double Duty. Relias LLC. Online.
- June 2021: Community Practice Connections™: Chronic Fibrosing ILDs With Progressive Phenotype—Are You Aware of the Latest Data on Diagnosis and Emerging Treatments? Physicians' Education Resource. Online.
- June 2021: Current and Emerging Treatment Options for Lung Cancer and Head & Neck Cancer. Amedco, LLC. Online.
- June 2021: COVID-19: The Impact of a Pandemic on Mental Health Providing Mental Health Interventions for Patients and Healthcare Workers. Wild Iris Medical Education. Online.
- June 2021: Cases and Conversations: Clinical Considerations for the Use of DOAC Reversal Agents. Physicians' Education Resource. Online.
- June 2021: Reducing Pain During Minor Procedures for Pediatric Patients. Relias LLC. Online.
- June 2021: Medical Crossfire®: How Can We Refine Our Approaches to Better Personalize Patient Care in Community-Acquired Bacterial Pneumonia (CABP)? Physicians' Education Resource. Online.
- June 2021: An American Journal of Managed Care® Supplement Hyperlipidemia: Effective Disease Management to Decrease Economic and Quality of Life Burden. Physicians' Education Resource. Online.
- June 2021: Hypoglycemia Prevention Starts in Primary Care: Evidence-Based Interventions for Mitigating Risk and Improving Patient Outcomes. Physicians' Education Resource. Online.
- June 2021: Effective Management of Patients with Heart Failure During and After the COVID-19 Pandemic: Updates and Key Considerations for the Nurse Practitioner. The American Association of Nurse Practitioners. Online.
- June 2021: Emerging Strategies in the Management of Chronic Fibrosing ILD Patients Who Have Contracted COVID-19. Amedco, LLC. Online.

- June 2021: Telemedicine in the Era of COVID-19: Mitigating Risk for People Living with Multiple Sclerosis. The Consortium of Multiple Sclerosis Centers. Online.
- June 2021: Cases and Conversations™: Utilizing Real-World Evidence to Optimize Outcomes in Type 2 Diabetes –Reducing CV Events and Patient Hospitalizations With COVID-19 Considerations. Physicians' Education Resource. Online.
- June 2021: Advanced Practice Nurses: Educational Pathways for the APRN Role. Relias LLC. Online.
- June 2021: Medical Crossfire: How Do Recent Pathophysiological Findings in Pustular Psoriasis Have the Potential to Shape a New Treatment Paradigm? Physicians' Education Resource. Online.
- June 2021: Clinical Consultations™: Expert Perspectives in Choroideremia – Analyzing the Potential Impact of Gene Therapy. Physicians' Education Resource. Online.
- March 2021: Assessing a Patient With Long COVID-19. The France Foundation. Online.
- May 2019: PEAK level 2- Promoting the Emergence of Advanced Knowledge, Cairo, Egypt
- March 2019: Problem-Based Learning, Jordan University of Science and Technology, Irbid, Jordan.
- August 2018: PEAK level 1- Promoting the Emergence of Advanced Knowledge, Online workshop
- October 2017: Learning Design, Jordan University of Science and Technology, Irbid, Jordan.
- March 2012: Problem-Based Learning, Kent State University, Kent, Ohio, USA.
- October 2011: Social Networking for educators, Kent State University, Kent, OH.
- March 2011: Podcasting for Educators and Trainers, Kent State University, Kent, Ohio, USA.
- Academic year 2010-2011: Nursing graduate students' representative, Graduate Curriculum Committee (GCC), College of Nursing, Kent State University, Kent, Ohio, USA.
- January 2008-Current: Basic Life Support Provider.

6. Research Grants

6.1 Principal Investigator:

- Deanship of Scientific Research, Jordan University of Science and Technology. *Measurement and Predictors of Climate Science Literacy*. Amount: \$ 4795, Funded: 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Cultural adaptation and validation of the Arabic version of Self-Care Inventory in university students*. Amount: \$2500, Funded: 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *The Effect of The STEADI Program on Falls and Falls Prevention in Neurosurgical Patients in Jordan*. Amount: \$1760, Funded: 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Examining the Effectiveness of a Simulation Training Program on Enhancing Nurses' Ability to Deal with Workplace Violence: A Randomized Controlled Trial*. Amount: \$2110, Funded: 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *The relationship between patients' and family caregivers' health literacy and the discharge planning and post-discharge outcomes among myocardial infarction patients*. Amount: \$2610, Funded: 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Improving clinical decision-making and self-directed learning using concept mapping: A comparative study of nursing students and registered nurses*. Amount: \$7191, Funded: 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Examining the Effectiveness of Modified Motivational Interviewing Intervention in Improving University Students Health: A Mixed Methods Study*. Amount: \$6206, Funded: 2021.
- Deanship of Scientific Research, Jordan University of Science and Technology. *How Health Literacy and Health Promotion Affect College Students' Psychological Health and Quality of Life? A Structural Equation Model Analysis*. Amount: \$3920, Funded: 2019.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Healthier JUST: Exploring Health Promotion and Self-care Practices among University Students and Employees*. Amount: \$20,199.78, Funded: 2018.
- Kent State University, College of Nursing: Dr. Richard Zeller Nursing Research Fund Award. *Examining the Effect of a Tai Chi Intervention on Psychosocial Consequences of Driving Cessation among Older Adults*. Amount: \$2,500, Funded: 2015.

6.2 Co-principal Investigator:

- Deanship of Scientific Research, Jordan University of Science and Technology. *Examining a smoking cessation program: The impact of a modified motivational interviewing consultation approach.* Amount \$7375, Funded 2024 6392024.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Job Embeddedness: The Role of Mindfulness, Psychological Capital, and Organizational Justice.* Amount \$1974. Funded 2024.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Development and Validation of Teachers' Readiness for Inclusive Education Questionnaire.* Amount \$13961. Funded 2024.
- MENA Scholarship Programme – Tailor Made Training. Management of Development Projects and Programmes - €75.000, no. MSP-TMT 2022 JOR-J-12.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Effectiveness of Mindfulness-Based Interventions on Professional Quality of Life, Work Engagement, and Sleep Quality among Pediatric Nurses in Jordan.* Amount \$6,766. Funded 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *The effect of a modified motivational interviewing intervention on smoking cessation among university students.* Amount \$3,722. Funded 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Exploring the potential of acceptance and commitment therapy model in self-care behavior in persons with type 2 diabetes mellitus.* Amount \$564. Funded 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *The effect of mindfulness meditation intervention on behavioral and psychological variables among Jordanian nurses: randomized control trial study.* Amount \$2,047. Funded 2022.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Uncertainty, knowledge, and anxiety of Jordanian mothers concerning febrile seizure.* Amount \$893. Funded 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Gender differences in mental health literacy, mental help-seeking behavior, suicidal behaviors and attitude toward suicide among university students: A comparative study between Jordan and the United States.* Amount \$3,247. Funded 2023.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Flipped Classroom, Team Based Learning, and Probabilistic Reinforcement: A course redesign to promote learning in health profession schools.* Amount \$3900. Funded 2017.
- Deanship of Scientific Research, Jordan University of Science and Technology. *Psychological Predictors of Self-care Behavior in Persons with Heart Failure.* Amount: \$12,000, Funded: 2018.

7. Awards, Honors and Scholarships

- July 2005: Awarded by Her Royal Highness Princess Muna Al-Hussein, the president of Jordanian Nursing Council, as the student with the highest undergraduate GPA from the Faculty of Nursing at Jordan University of Science and Technology.
- October 2001- May 2005: Awarded a scholarship from the Jordanian Armed Forces to pursue the bachelor's degree in nursing.

8. Publications

8.1 Research Impact:

- Total number of Scopus-indexed publications (2014-present) = 59, published in 40 different Scopus-indexed, peer-reviewed, international journals.
- h-index = 13.
- i10-index = 20.
- Field-Weighted Citation Impact (FWCI) = 1.22.
- Percentage of documents in the top 25% journals by CiteScore = 59.5%.
- Percentage of documents in the top 25% most-cited documents worldwide = 32.4%.
- Percentage of documents co-authored with researchers in other countries/regions = 27%.
- Sustainable Development Goals (SDG's) addressed in Scopus-indexed publications: SDG 3, SDG 4, SDG 5, SDG 10, SDG 13, SDG 16, & SDG 17.
- SciVal Topics = 18, with 9 topics of FWCI ≥ 1 (indicating that the articles are more cited than expected).
- Total number of funded research projects = 22
- Training and supervising 12 research assistants.

8.2 Peer-reviewed journal Articles:

- **Rababah, J. A. & Al-Hammouri, M. M. (2025).** Examining the effect of modified motivational interviewing intervention on nursing students' self-care. *Journal of Professional Nursing*. 56, 71-76. <https://doi.org/10.1016/j.profnurs.2024.12.003>
- **Rababah, J. A. & Al-Hammouri, M. M. (2024).** Predictors of Jordanian registered nurses' clinical decision-making: the role of self-directed learning and personal characteristics. *Nursing Forum*. <https://doi.org/10.1155/nuf/5558520>

- Radaideh, A., **Rababah, J. A.**, Al-Hammouri, M., Ta'an, W. & Suliman, M. (2024), The Association of Health Literacy with the Quality of Discharge Planning and Readiness for Hospital Discharge in Jordanian Acute Myocardial Infarction Patients. *Journal of Clinical Nursing*. <https://doi.org/10.1111/jocn.17543>
- **Rababah, J. A.** (2024). Concept analysis of climate science literacy: implications to nursing and healthcare professions education. *Teaching and Learning in Nursing*. <https://doi.org/10.1016/j.teln.2024.07.002>
- AL-Hammouri, M.M., **Rababah, J. A.** & Dormans, J. (2024) The impact of cognitive fusion on stress among nurses: Exploring gender as a moderator controlling for depressive symptoms. *International Nursing Review*, 1–7. <https://doi.org/10.1111/inr.13027>
- AL-Hammouri, M. M., & **Rababah, J. A.** (2024). Mindfulness, work–family conflict, family–work conflict and depressive symptoms among nurses: A cross-sectional design. *International Journal of Nursing Practice*, e13305. <https://doi.org/10.1111/ijn.13305>
- Alsaqer, H., **Rababah, J. A.**, Al-Hammouri, M. M., Barbarawi, M. M., & Suliman, M. (2022). The effect of the stopping elderly accidents, deaths, and injuries program on falls prevention in neurosurgical patients. *Journal of Neuroscience Nursing*, 10-1097. <https://doi.org/10.1097/JNN.0000000000000753>
- **Rababah, J. A.**, Al-Hammouri, M. M., & Alsaqer, H. H. (2024). Healthcare Professionals' Insights Regarding the Applicability of the STEADI Falls Prevention Program Among Neurology Patients: A Qualitative Study. *Journal of Multidisciplinary Healthcare*, 17, 2591–2599. <https://doi.org/10.2147/JMDH.S463667>
- Al-Hammouri, M. M., **Rababah, J. A.**, & Dormans, J. (2024). Exploring Gender Dynamics and Predictors of Resilience among Nursing Students. *Nurse Education in Practice*, 104160. <https://doi.org/10.1016/j.nepr.2024.104160>
- **Rababah, J. A.**, Al-Hammouri, M. M., & Radaideh, A. (2024). Identifying Health Literacy Strengths and Needs Among Jordanian Acute Myocardial Infarction Patients. *Journal of Community Health*, 49(5), 835-842. <https://doi.org/10.1007/s10900-024-01372-3>
- Al-Hammouri, M. M., **Rababah, J. A.**, Jamahneh, O. M., Kasem, A., & Suliman, M. M. (2024). Uncertainty, knowledge, and anxiety of mothers concerning febrile seizure: A comparison between affected and unaffected mothers. *Journal of Pediatric Nursing*, 78, e411-e416. <https://doi.org/10.1016/j.pedn.2024.08.002>
- Al-Hammouri, M. M., **Rababah, J. A.**, & Dormans, J. (2024). Nurses valued domains of living: Exploring gender differences. *PloS one*, 19(8), e0307070. <https://doi.org/10.1371/journal.pone.0307070>
- Al-hamzat, S., **Rababah, J. A.**, & Al-Hammouri, M. M. (2024). Examining the Effectiveness of a Simulation Training Program on Enhancing Nursing Students' Efficacy About Managing Nonphysical Violence. *Clinical Simulation in Nursing*, 93, 101577. <https://doi.org/10.1016/j.ecns.2024.101577>
- Al-Hammouri, M. M., & **Rababah, J. A.** (2024). A brief mindfulness-based intervention, sleep quality, sleep duration, and fatigue among nurses: A randomized controlled

trial. *Journal of Clinical Psychology*, 80(7), 1504-1514.
<https://doi.org/10.1002/jclp.23677>

- **Rababah, J. A.**, Al-Hammouri, M. M., & Awawdeh, A. (2024). The association between undergraduate nursing students' health literacy and bullying and cyberbullying victimization. *Journal of Professional Nursing*, 52, 15-20.
<https://doi.org/10.1016/j.profnurs.2024.03.002>
- Al-Hammouri, M. M., & **Rababah, J. A.** (2024). Testing a modified motivational interviewing counseling program. *Journal of Professional Nursing*, 51, 90-96.
<https://doi.org/10.1016/j.profnurs.2024.02.008>
- Alfurjani, A. M., Al-Hammouri, M. M., **Rababah, J. A.**, Alhawtmeh, H. N., & Hall, L. A. (2024). The effect of a mindfulness-based intervention on stress overload, depression, and mindfulness among nurses: A randomized controlled trial. *Worldviews on Evidence-Based Nursing*, 21(1), 34-44. <https://doi.org/10.1111/wvn.12695>
- **Rababah, J. A.** (2024). The role of self-care in determining healthcare professions students' mindful eating. *Health Professions Education*, 10(3), 5.
<https://doi.org/10.55890/2452-3011.1286>
- Ta'an, W. A. F., **Rababah, J. A.**, Al-Hammouri, M. M., Yousef, J., Mukattash, T. L., & Williams, B. (2024). Validation and cross-cultural adaptation of the six-dimension scale of nursing performance-arabic version. *BMC nursing*, 23(1), 55.
<https://doi.org/10.1186/s12912-024-01740-3>
- AL-Hammouri, M. M., **Rababah, J. A.**, & Dormans, J. (2024). Informing Academia: Predictors of Decision Fatigue among Nursing Students. *Health Professions Education*, 10(3), <https://hpe.researchcommons.org/journal/vol10/iss3/10/>
- **Rababah, J. A.**, & Al-Hammouri, M. M. (2024). Improving clinical decision-making and self-directed learning among Jordanian nursing students using concept mapping. *Teaching and Learning in Nursing*, 19(2), e283-e287.
<https://doi.org/10.1016/j.teln.2023.11.011>
- Kombo, S. A., Sani, D. K., Gommaa, H. E., **Rababah, J. A.**, & Muhammed, A. (2023). Work relationships and Intensive Care Decision Challenges among Critical care nurses: a Phenomenological study. *Bayero Journal of Nursing and Health Care*, 4(2), 1014-1022.
<https://www.ajol.info/index.php/bjnhc/article/view/247830>
- Al-Hammouri, M. M., **Rababah, J. A.**, & Alfurjani, A. M. (2023). The Effect of a Mindfulness-Based Intervention on Family-Work and Work-Family Conflicts Among Nurses: A Randomized Controlled Trial. *Journal of Holistic Nursing*, 08980101231218361. <https://doi.org/10.1177/08980101231218361>
- **Rababah, J. A.**, Al-Hammouri, M. M., & Luciani, M. (2023). Psychometric properties and measurement invariance of the Arabic Self-Care Inventory. *Plos One*, 18(9), e0291904. <https://doi.org/10.1371/journal.pone.0291904>
- Awawdeh, A., **Rababah, J. A.**, Al-Hammouri, M. M., Al-Natour, A., & Hamaideh, S. H. (2023). The prevalence and gender differences of bullying and cyberbullying victimization among university students in Jordan. *Violence and Gender*, 10(3), 159-166.
<https://doi.org/10.1089/vio.2022.0055>

- Al-Hammouri, M. M., & **Rababah, J. A.** (2023). Work family conflict, family work conflicts and work-related quality of life: The effect of rotating versus fixed shifts. *Journal of Clinical Nursing*, 32(15-16), 4887-4893. <https://doi.org/10.1111/jocn.16581>
- Al-Hammouri, M. M., & **Rababah, J. A.** (2023). The Effect of Risk Propensity on Family–Work and Work–Family Conflicts in Jordanian Nurses: Does Gender Matter?. *Journal of Transcultural Nursing*, 34(3), 211-217. <https://doi.org/10.1177/10436596231159018>
- Gharaibeh, B. A., **Rababah, J.**, & Haneyah, O. (2023). Relationships between Inflammatory Biomarkers and Fatigue among Patients with Moderate and Severe COVID-19. *International Journal of Inflammation*, 2023. <https://doi.org/10.1155/2023/7057458>
- **Rababah, J. A.**, Al-Hammouri, M. M., & Ta'an, W. (2023). Health literacy of university employees: The role of sociodemographic characteristics and nutritional status. *Work*, 1-11. <https://doi.org/10.3233/WOR-211462>
- Al-Hammouri, M. M., & **Rababah, J.** (2023). Psychometric properties of the Arabic version of Barratt Impulsiveness Scale 11: The development of short form. *Archives of Psychiatric Nursing*. <https://doi.org/10.1016/j.apnu.2022.12.022>
- **Rababah, J.**, & Al-Hammouri, M. M. (2022, November). Effect of a modified motivational interviewing intervention on university students' psychological, cognitive, and nutritional health: A randomized controlled trial. In *Nursing Forum*. <https://doi.org/10.1111/nuf.12841>
- **Rababah, J.**, & Al-Hammouri, M. M., Ta'an, W., & Alfuqaha, O. A. (2022). Predictors of Depression in Older Adults with Heart Failure: An Acceptance and Commitment Therapy-derived Linear Regression Model. *Jordan Journal of Nursing Research* 1 (2), 68-76. <https://doi.org/10.14525/JJNR.v1i2.07>
- Al-Hammouri, M. M., & **Rababah, J. A.** (2022). Examining the underlying processes of different dimensions of self-care behavior among persons with heart failure. *BMC Cardiovascular Disorders*, 22(1), 1-8. <https://doi.org/10.1186/s12872-022-02876-3>
- **Rababah, J. A.**, & Al-Hammouri, M. M. (2022). Health Literacy and Smoking Habits Among a Sample of Jordanian University Students. *Journal of Community Health*, 1-8. <https://doi.org/10.1007/s10900-022-01139-8>
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8.3 Select Conference Presentations

- **Rababah, J.**, Al-Hammouri, M. (2023). *Using concept mapping to improve nursing students' clinical decision-making and self-directed learning: A randomized controlled trial*. Presentation at the 5th Asian Congress in Nursing Education, November 2023, Istanbul, Turkey.
- **Rababah, J.**, Al-Hammouri, M. (2023). *The Association between Bullying Victimization and Depressive Symptoms among Jordanian University Students: Exploring Gender Differences*. Presentation at 12th Conference of the International Society for Affective Disorders (ISAD 2023), December 2023, Milan, Italy.
- Al-Hammouri, M. M., **Rababah, J. A.** (2022). Combining innovative teaching strategies: Novelty testing. At the 8th International Nurse Education Conference 19-22 October 2022 Sitges, Barcelona, Spain.
- **Rababah, J.**, Al-Hammouri, M. (2021). *Investigating the relationship between the dimensions of health literacy and health-promoting lifestyle among healthcare undergraduate students*. Presentation at the IHLA Global Health Literacy Summit, October 2021, Virtual.
- **Rababah, J.**, Drew, B. L (July, 2015). *Examining the Effect of a Self-Care Intervention on Psychosocial Consequences of Driving Cessation among Older Adults*. Poster presented at the Sigma Theta Tau International 26th Nursing Research Congress, San Juan, Puerto Rico.

- **Rababah, J.**, Drew, B. L. (April, 2015). *Facilitating the Driving Cessation Transition in Older Adults: A Literature Review*. Poster presented at the MNRS 2015 Annual Research Conference, Indianapolis, Indiana, USA.
- Parsons, E. C., Drew, B. L., Motter, T., Bozeman, M. C. & **Rababah, J.** (April, 2015). *Student experiences with mind-body self-care during their first nursing course: Content analysis of focus groups*. Poster presented at the MNRS 2015 Annual Research Conference, Indianapolis, Indiana, USA.
- **Rababah, J.** (2013, October). *Driving performance and behaviors in older adults: an integrative literature review*. Poster presentation at the National Gerontological Nursing Association 2013 Convention, Clearwater, FL, USA.
- Drew, B. L., Motter, T., Ross, R., Bozeman, M. C., Goliat, L., Sharpnack, P. A., ... **Rababah, J.** (2013, July). *Care for the caregiver: Evaluation of a self-care module for accelerated nursing students at three universities*. Presentation at Sigma Theta Tau International's 24th International Nursing Research Congress, Prague, Czech Republic.
- Drew, B. L., Motter, T., Ross, R., Bozeman, M. C., Goliat, L., Sharpnack, P. A., ... **Rababah, J.** (2013, April). *Mind-body self-care for accelerated nursing students at three universities*. Poster presentation at the Sigma Theta Tau International conference on Creating Healthy Work Environments, Indianapolis, Indiana, USA.
- **Rababah, J.** (2013, April). *Driving performance and behaviors in older adults: an integrative literature review*. Presentation at Robinson Memorial Hospital's 19th Annual Research Day, Ravenna, Ohio, USA.
- Drew, B.L., Motter, T.L., Ross, R., Bozeman, M., Goliat, L., Govoni, A. L., Sharpnack, P.A., **Rababah, J.** (2013, March). *Evaluation of a mind-body self-care module for accelerated nursing students at three universities*. Poster presented at the 37th Annual Research Conference of the Midwest Nursing Research (MNRS) Society. Chicago, IL, USA.
- **Rababah, J.**, Drew, B. L., and Motter, T. (2013, March). *The effect of age, employment status, and enthusiasm on nursing students' response to a mind-body self-care intervention*. Poster presented at the MNRS 2013 Annual Research Conference, Chicago, Illinois, USA.
- **Rababah, J.**, and Drew, B. L. (2012, October). *Loneliness in dementia: A concept analysis*. Poster presented at the National Gerontological Nursing Association 2012 Convention, Baltimore, MD, USA.
- **Rababah, J.**, Drew, B. L., and Motter, T. (2012, March). *The relationship between students' age, employment, and enthusiasm on response to a mind-body self-care intervention*. Poster presented at Driving the Future 12 Conference on Self-Care and Wellness, Kent, OH, USA.

8.4 Invited Presentations

- **Rababah, J., & Al-Hammouri, M.** (2024). *Research in Healthcare*. Jordan University of Science and Technology, Irbid, Jordan.
- **Rababah, J.** (September 2011). “Nursing research fund sources in Jordan”. *Practicing in a Global Society: Perspectives on International Nursing*, Stark Carroll District Nurses Association, Kent State Stark Campus, North Canton, OH, USA.
- **Rababah, J.** (November 2007). “Health care system in Jordan: an overview”. College of Nursing/Kent State University, Kent, OH, USA.

9. Graduate Students Advising

9.1 Advisor

- *Improving Patients’ and Family Caregivers’ Outcomes with a Mobile App for Cardiac Catheterization Education*. Student: Ms. Sahar Shawabkah, Jordan University of Science and Technology. Master Thesis Ongoing.
- *The relationship between patients' and family caregivers' health literacy and the discharge planning and post-discharge outcomes among myocardial infarction patients*. Student: Ms. Ayat Radaideh, Jordan University of Science and Technology. Master Thesis defended June 2024.
- *The Effect of The STEADI Program on Falls and Falls Prevention in Neurosurgical Patients in Jordan*. Student: Ms. Heba Alsaqer, Jordan University of Science and Technology. Master Thesis defended August 2023.
- *Examining the Effectiveness of a Simulation Training Program on Enhancing Nurses' Ability to Deal with Workplace Violence: A Randomized Controlled Trial*. Student: Ms. Sajedah Al-Hamzat, Jordan University of Science and Technology. Master Thesis defended June 2023.
- *The association between health literacy, Wight status, psychological health and bullying among university students*. Student: Ms. Ayat Awawdeh, Jordan University of Science and Technology. Master Thesis defended September 2022.
- *Self-Care Among Heart Failure Patients: Examining the Impact Of Mindfulness And Impulsivity Using Conditional Process Analysis*. Student: Mr. Mohammed Maher, Jordan University of Science and Technology. Master thesis defended Summer 2021.
- *The Effectiveness of an Evidence-Based Approach to Improve Healthcare Providers' Knowledge of Acute Stroke care in the Emergency*. Student: Ms. Esra'a Alnusour, Jordan University of Science and Technology. Master thesis defended Summer 2017.

9.2 Co-Advisor/examiner

- *Job Embeddedness: The Role of Mindfulness, Psychological Capital, and Organizational Justice*. Student: Ghadeer Awwadeh. Master's student at Jordan University of Science and Technology. Master Thesis ongoing.
- *The Impact of Sleep Quality and Chronotype on Cognitive Performance Among Nurses in Acute Care Settings*. Student: Shefa' Almomani. Master's student at Jordan University of Science and Technology. Master Thesis defended December 2024
- *Demographic and Social Determinants of Smoking Quantity among University Students in Jordan*. Student: Ahmad Abu Laimoun, Master's student at Jordan University of Science and Technology. Master Thesis defended September 2024
- *Effectiveness of Mindfulness-Based Intervention on Compassion Fatigue and Compassion Satisfaction in Pediatric and Neonatal Intensive Care Nurses in Jordan*. Student: Nida Jdaitawi, Master's student at Jordan University of Science and Technology. Master Thesis defended June 2024
- *Exploring the potential of acceptance and commitment therapy model in self-care behavior in persons with type 2 diabetes mellitus*. Student: Wa'ed Jawahar, Master's student at Jordan University of Science and Technology. Master Thesis defended February 2024
- *Uncertainty, knowledge, and anxiety of Jordanian mothers concerning febrile seizure*. Student: Oraib Jamahneh, Master's student at Jordan University of Science and Technology. Master Thesis defended January 2024
- *A National Study Assessing the Educational Needs of Nurses Working in Acute-Care Hospital Setting in Jordan*. Student: Ahmad Mestarihi, Master's student at Jordan University of Science and Technology. Master Thesis defended February 2024
- *The Effect of Mindfulness-Based Intervention on Psychosomatic Symptoms and Pro-Inflammatory Biomarkers in Patients Receiving Hemodialysis*. Student: Ishraq Njadat. Master's student at Jordan University of Science and Technology. Master Thesis defended Spring 2023.
- *The effect of mindfulness meditation on behavioral and psychological variables among Jordanian nurses: a randomized control trial study*. Student: Aida Alfurjani. Master's student at Jordan University of Science and Technology. Master Thesis defended January 2023.
- *Relationships between inflammatory biomarkers and fatigue among patients with moderate and severe COVID*. Student: Obaida Haneyeh. Master's student at Jordan University of Science and Technology. Master Thesis defended June 2022.
- *Nurses' experience of Collaboration with health team members in intensive care units (ICU) of Northern Nigeria-A phenomenological study*. Student: Mr. Abdulrahman Kombo, Salihu. Ahmadu Bello University, Zaria-Nigeria. Doctoral Dissertation defended May 2022.

- *Jordanian Nursing Students' Adherence to the Rights of Medication Administration: An Observational Study.* Student: Mr. Walid Ta'ani. Master's student at Jordan University of Science and Technology. Master Thesis defended Spring 2022.
- *Effects of mindfulness meditation on trait mindfulness, perceived stress, emotion regulation, and quality of life in hemodialysis patients: A randomized controlled trial.* Student: Mr. Sami Alshammari. Master's student at Jordan University of Science and Technology. Master Thesis defended Summer 2021.
- *The impact of an educational intervention on nursing knowledge and practice for patients with Central line in the critical care unit.* Student: Shorouq Shawaqfeh, Master's student at Jordan University of Science and Technology. Master Thesis defended Spring 2021.
- *Policy Change Initiative: The Effectiveness of Early Position Change Post Cardiac Catheterization on Patient's Outcomes: A Randomize Controlled Trial.* Student: Ms. Rawan Shatnawi, Jordan University of Science and Technology. Master thesis defended Summer 2019.
- *The Effect of Cardiac Educational Program on the Level of Knowledge and Satisfaction Among Patients with Coronary Artery Disease in North of Jordan.* Student: Ms. Raghad Tawalbeh, Jordan University of Science and Technology. Master Thesis defended Spring 2019.
- *The Effect of Educational Interventional Program on Nurses' Knowledge Acquisition and Retention Concerning Sedations and Analgesics Titration Among Jordanian Nurses Working in Intensive Care Units.* Student: Mr. Maher Bani Yaseen, Jordan University of Science and Technology. Master thesis defended Summer 2017.

10. Professional Service

10.1 Editorial and Peer Review Experience

- November 2024-present: peer reviewer, Journal of Clinical Nursing.
- November 2024-present: peer reviewer, Risk Management and Healthcare Policy.
- September 2024-present: peer reviewer, International Journal of Nursing Practice.
- August 2024-present: peer reviewer, Croatian Medical Journal.
- July 2024-present: peer reviewer, Journal of Transcultural Nursing.
- March 2024-present: peer reviewer, Journal of Multidisciplinary Healthcare.
- February 2024-present: peer reviewer, BMC Public Health.
- November 2023-present: peer reviewer, Journal of Religion and Health.
- October 2023-present: Associate editor, BMC Nursing.
- August 2023-present: peer reviewer, Plos One.
- January 2023-present: peer reviewer, Healthcare.
- January 2023-present: peer reviewer, Work.

- December 2022-present: peer reviewer, Journal of Clinical Medicine.
- November 2022-present: peer reviewer, Jordan Journal of Nursing Research.
- August 2022-present: peer reviewer, International Journal of Environmental Research and Public Health.
- August 2022-present: peer reviewer, SAGE Open Medicine.
- August 2022-present: peer reviewer, Sustainability.
- July 2022-present: peer reviewer, Asia Pacific Journal of Public Health.
- September 2021-present: peer reviewer, Journal of Nursing Management.
- April 2021-present: peer reviewer, Nigerian Journal of Clinical Practice.
- May 2020-present: peer reviewer, Journal of American College Health.
- January 2020-present: peer reviewer, Journal of Advanced Nursing.
- November 2019-present: peer reviewer, Current Medical Research and Opinion.

10.2 Committees membership at JUST

- 2024: Member, Institutional Quality Assurance, JUST.
- 2024-Current: Member, Exam Review Committee, Faculty of Nursing, JUST.
- 2021-Current: Member, Project Management Committee, Faculty of Nursing, JUST.
- 2024-Current: Member, Standard 4 of the Central Academic Quality Committee, Faculty of Nursing, JUST.
- 2024: Member, Nursing Core Courses Evaluation Committee, Faculty of Nursing, JUST.
- 2023-2024: Member, MSN Comprehensive Examination Committee, Faculty of Nursing, JUST.
- 2023: Member, Nursing Residency Course Development Committee, Faculty of Nursing, JUST.
- 2022-2023: Member, Academic Advising Committee, Faculty of Nursing, JUST.
- 2022-2023: Member, Appointment and Promotion Committee, Faculty of Nursing, JUST.
- 2021-2022: Member, Faculty of Nursing Council, Faculty of Nursing, JUST.
- 2021-2022: Member, WHO Collaborating Center Committee, Faculty of Nursing, JUST.
- 2021-2022: Member, Curriculum Committee, Faculty of Nursing, JUST.
- 2020-2023: Member, IRB committee, Department of Adult Health Nursing, Faculty of Nursing, JUST

- 2018-2024: chairperson, Standard 4 of the Central Academic Quality Committee, Faculty of Nursing, JUST
- 2017-2021: Chairperson, Labs & Resources Committee, Faculty of Nursing, JUST
- 2017-current: Member, Central Academic Quality Committee, Faculty of Nursing, JUST
- 2017-current: Member, Clinical Training & Simulation Lab Committee, Faculty of Nursing, JUST
- 2017-2018: Chairperson, Department of Adult Health Nursing Council, Faculty of Nursing, JUST
- 2017-2018: Member, Scientific Committee for the International Nursing Congress “Innovative Avenues: Practice Drives Education, Research, and Policy”, Faculty of Nursing, JUST
- 2017-2018: Member, Steering Committee for the International Nursing Congress “Innovative Avenues: Practice Drives Education, Research, and Policy”, Faculty of Nursing, JUST
- 2016-2018: Member, Faculty of Nursing Council, JUST
- 2016-2018: Member, Scientific Research Committee, Faculty of Nursing, JUST
- 2016-2018: Graduate Studies Committee, Faculty of Nursing, JUST
- 2016-2017: Member, Students’ Investigation Committee, Faculty of Nursing, JUST
- 2016-2017: Chairperson, Graduation Committee, Faculty of Nursing, JUST
- 2016-2017: Member, Course Evaluation & Verification Committee, Faculty of Nursing, JUST
- 2016-2017: chairperson, Clinical Training & Simulation Lab Committee, Faculty of Nursing, JUST
- 2016-2017: Member, Library Committee, Faculty of Nursing, JUST

10.3 Committees membership outside JUST

- 2024-Current: Member, Special Accreditation for Nursing Programs/Bachelor's Degree in Jordanian Universities, Accreditation & Quality Assurance Commission for Higher Education Institutions, Amman, Jordan.
- 2023: Member, Preparing the Analytical Study for the Human Development Index Committee, Ministry of Higher Education, Amman, Jordan.
- 2023-Present: Member, Chronic Care Nursing Committee, The Jordanian Nursing Council, Amman, Jordan.
- 2021-2023: Member, Jordanian Nursing and midwifery Licensure Exam Committee, The Jordanian Nursing Council, Amman, Jordan.

- 2020-2021: Member, Emergency Care Nursing Committee, The Jordanian Nursing Council, Amman, Jordan.
- 2019-current: member, Board of Trustees at “Ana Huna” Organization for persons with Disabilities, Amman, Jordan.

11. Teaching Experience

11.1 Courses taught (during the past 3 academic years)

- Adult Acute Care (2) Clinical
- Adult Acute Care (2) Theory
- Adult Acute Care (I)
- Adult Acute Care (I) Clinical
- Adult Acute Care (II)
- Adult Acute Care Clinical (I)
- Adult Health Nursing (2) (Theory)
- Advanced Health Assessment
- Biostatistics
- Critical Care Nursing (Theory)
- Family Health
- Fundamentals Of Nursing (Lab)
- Health Assessment (Lab)
- Health Assessment (Theory)
- Nursing Ethics and Issues
- Quality Control Infection Control and Patient Safety
- Nursing Seminar

11.2 Curriculum Development

Participation in the review and development of the following nursing courses:

11.2.1 Undergraduate courses:

- Critical Care Nursing (Theory)
- Communication and Health Education
- Adult health Nursing I
- Adult health Nursing II
- Physical Examination
- Fundamentals of Nursing
- Introduction to Nursing
- Biostatistics
- Quality Control, Infection Control & Patient Safety

11.2.2 Graduate Courses:

- Adult Acute Care I (Clinical)
- Adult Acute Care I (Theory)
- Adult Acute Care II (Clinical)
- Adult Acute Care II (Theory)
- Nursing Residency

11.3 Innovative teaching methods

- Flipped Classroom
- Online and Blended Learning
- Project-based Learning
- Problem-based Learning
- Case-Based Learning
- Concept Mapping
- Simulations
- Team-based Activities
- The Good Behavior Game