

Curriculum Vitae - Nihaya A Al-sheyab, PhD

Cover Letter

I had graduated from the Faculty of Health at the University of Technology, Sydney, Australia, in 2009 majoring in adolescent health behavior modification. My main research interest is examining the effect of peer-led education on school students' lifestyle behaviours including tobacco smoking. In recent years, we examined the effect of school-based peer-led asthma and smoking prevention education on important health-related outcomes among adolescents in Jordan by conducting a Randomized Controlled Trail, and this project is similar to the project I had conducted during my PhD candidature. Through this project, I have tested adolescents for saliva cotinine levels and Carbon Monoxide in their lungs as biomarkers to assess for smoking status. Three papers were published as a result of this big project and one currently under review. I am currently the principal investigator for several funded research projects mainly focusing on healthy lifestyle adoption by adolescents in Jordan and Australia focusing on adolescent tobacco smoking. I have also been involved in a big project testing the effectiveness of School based waterpipe smoking cessation intervention program among Jordanian adolescents. I also have supervised several master students in the last five years who had worked on various aspects of cigarettes and waterpipe smoking including health hazards on newborn babies whose mothers smoked waterpipe during pregnancy, which was a novel work.

In 2014, I had received training from experts in the field and earned the "Tobacco Treatment Certificate" from Jordan. In the same year, I had also received a similar training on nicotine addiction and smoking cessation for mental health professionals from the University of Sydney in Australia and was thus awarded a certificate. Since graduation, I have collaborated with scholars from different fields including physical therapy, nursing, veterinary medicine, and public health. These researchers are from Jordan and Australia. In 2013 and 2014, I was selected to participate in the first and second international conference on waterpipe smoking. This has been a platform for further international collaborations on tobacco and waterpipe smoking prevention research among adolescents in Jordan and Australia, United Arab Emirates, and some European countries. In 2014, Nihaya was appointed as Research Affiliate at Charles Perkins Centre and Sydney Nursing School, University of Sydney in recognition to her research work in Sydney schools and immigrant communities. In June 2012, she was also appointed as an

Honorary Associate at the Faculty of Health, University of Technology, Sydney (UTS), in which she had graduated from to continue her collaboration with her PhD supervisors. Nihaya is also passionate about teaching undergraduate and postgraduate nursing students and helping them to engage with the community as part teaching experience through using latest evidence-based practice. She has successfully supervised more than 10 master students and one PhD student over the past 6 years who had worked on various aspects of cigarettes and waterpipe smoking including health hazards on newborn babies whose mothers smoked waterpipe during pregnancy, which was a novel work. Recently, she was awarded a fellowship in Responsible Conduct of Research and this has enhanced her understanding of and utilization of ethical principles in research making her a good research leader. Additionally, Nihaya was appointed as a Vice Dean from 2015-2016 in the faculty of Nursing at JUST which helped her to prioritize the health needs of the local communities, and thus organize and manage relevant activities effectively. Prior to this position, Nihaya was the chairman of the department of Community and Mental Health Nursing at JUST, through which she had conducted several community-based activities and open medical days to improve health and well-being of youth and women in particular in rural and urban suburbs in Jordan. In November, 2016, I received a one year RCR (Responsible Conduct of Research) fellowship in bioethics from San Diego University in the US.

Sincerely yours:

Nihaya Al-sheyab, PhD, RN

Associate Professor and Vice Dean

Nihaya Al-sheyab

Contact details

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Telephone: Mobile: +962790463136 Office: +962 27201000

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Qualifications

Doctor of Philosophy (PhD), University of Technology, Sydney (UTS) NSW Australia (2009)

Thesis title: Evaluation of A school-Based Peer-Led Education Program for Adolescents with Asthma in Jordan.

Master of Nursing in Clinical Practice (major in Pediatrics) (non-thesis track), UTS NSW Australia (2005)

Bachelor of Nursing, Jordan University of Science and Technology (JUST) Irbid Jordan (1998)

Fellowship in Responsible Conduct of Research, San Diego University, California, US (2016)

Awards and Scholarships

2014 Full Travel & Accommodation award. RESCAP MED-Second Regional Symposium: Socio-Political Challenges in the Mediterranean Region: Implications for NCD Prevention and Control. Beirut: Lebanon

2014 Full Travel & Accommodation Fellowship. The Second International Conference on Waterpipe Tobacco Smoking. Doha: Qatar.

2013 Full Travel & Accommodation Fellowship. The First International Meeting on Waterpipe Tobacco Smoking: Building Evidence for Intervention and Policy. Abu Dhabi: United Arab Emirates.

2013 Full Travel & Accommodation Fellowship. Medical anthropology workshop. Izmir: Turkey

2013 Travelling Award. RESCAP-MED Capacity Development Workshop: Health Policy Evaluation. Amman, Jordan in collaboration with Newcastle University, UK

2007 Best Poster Award. 6th Australian and New Zealand Youth Health Conference: Research into Practice, Evidence into policy. Christchurch: New Zealand.

2007-2009 UTS Doctoral Scholarship for exceptional postgraduate candidates. Sydney: Australia

2003-2009 Postgraduate (Masters and PhD) Research Full Scholarship for Distinguished Teaching Staff. Jordan University of Science and Technology. Irbid: Jordan

Employment

Sep 2015-Current **Vice Dean** of the Faculty of Nursing, Jordan University of Science and Technology

June 2015-Current **Associate Professor**, Jordan University of Science and Technology

Sep 2014 – Sep 2015 **Chairperson** of Community and Mental Health Nursing, Jordan University of Science and Technology

Dec 2009 – June 2015 **Assistant Professor** for Child and Adolescent Health Faculty of Nursing, Jordan University of Science and Technology

June 2014 – Current **Research Affiliate**
Charles Perkins Centre and Sydney Nursing School, University of Sydney

June 2012 – Sep 2013 **Honorary Associate**
Faculty of Health, University of Technology, Sydney (UTS)

Aug 2007 – Feb 2008 **Registered Nurse (part-Time 0.8)**
Medical Care Westmead Childrens Hospital, Sydney

Feb 2005 – Oct 2005 **Registered Nurse (part-time 0.8)**
Medical care Auburn Hospital, Sydney

Sep 1999 – July 2003 **Pediatric Clinical Trainer/Teaching Assistant**
Faculty of Nursing, Midwifery, & Health, Jordan University of Science and Technology, Jordan

Sep 1998 – Sep1999 **Registered Nurse/Team Leader**
Pediatric Care Irbid Specialty Hospital, Jordan

Research Grants

EXTERNAL GRANTS

2014-2016 Alzyoud S KheirAllah K Pbert L Phani V **Al-sheyab N American University of Beirut** School based waterpipe smoking cessation intervention program among Jordanian adolescents in Zarqa governate.
USD 54000

2013-2014 Al-sheyab N Oweis A Shah S World Health Organization (WHO) (2013/341111-0) Seeding Grant Translating and piloting a peer-led education program (Triple A) to be integrated within health curriculum in high schools in Jordan.
USD 8000

2014-2017 Al-Motlaq M Al-sheyab N Scientific Research Support Fund Amman
Development, implementation and evaluation of a school based asthma management program for primary school children in Jordan.
JD 20000

INTERNAL GRANTS

2013-2014 Al-sheyab N Al Qudah K Tahboub Y Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant Levels of Perfluorinated Compounds (PFCs) in human breast milk in comparison to their level in local fresh cow milk in Northern Jordan.
JD 10000

2013-2014 Al-sheyab N Alomari M Gallagher R Shah S Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant (37/2013) The efficacy of a school-based, peer-led educational program (SALSA) in improving nutritional intake and physical activity behaviors among adolescents in Northern Jordan
JD 9000

2013-2014 Obaidat M Al-sheyab N Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant (204/2013) Seroprevalence, knowledge and preventive measures of toxoplasmosis in childbearing age in Jordan.
JD 2500

2013-2014 Khalil H Nazzal M Al-sheyab N Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant (48/2013) A DVD-based exercise programme to improve mobility and health-related quality of life in people with Parkinson's Disease: a pilot randomized controlled trial.
JD 6485

2012-2014 Al-sheyab N Shah S Gallagher R Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant A (96/2012) Randomized Controlled Trail of the Impact of a peer-led, school-based asthma and smoking program (Triple

A with the added smoking pledge) on important asthma and smoking outcomes in high schools for boys in Northern Jordan. JD 6300

2012-2014 Alzghoul M Al-sheyab N Shakhathreh M Jordan University of Science and Technology Scientific Research Fund Faculty Member Research Grant (177/2012)
Prevalence and risk factors of injury among Jordanian population in Northern Jordan.
JD 4200

Research Student Supervision

COMPLETED

Qawasmy M MN (Thesis) Risk factors of HBV HBC among pregnant and childbearing age women in Jordan (2013-2015)

Tazalat A MN (Thesis) The level of knowledge regarding associated risk factors of hepatitis B and C among Jordanian pregnant women and those in childbearing age. (2013 - 2015)

Al Fogaha'a R MN (Thesis) Effect of water pipe smoking among pregnant women on birth outcomes in Northern Jordan (2012-2015)

Gharaiyah T MN (Thesis) Influence of peer pressure on the eating behaviors of adolescents in Northern Jordan (2012-2014 Full time)

Abu Taimai R MN (Thesis) Smoking cessation counseling practices among health care providers in smoking cessation clinics in Jordan (2011-2014 Full time)

Al-sheyab, M MPH (Thesis) Prevalence, knowledge, attitude and practices of high school students about the health effects of passive smoking in Irbid governorate (2012-2014 Full time) (Co-supervisor)

2014 Al-shamali R MN (Thesis) The effect of complementary and alternative medicine on childhood cancer prognosis in Northern Jordan. (Co-supervisor)

2013 Malkawi S MN (Thesis) Nurses' Knowledge, Practice and Barriers of collecting and storing of breast milk in the Neonatal Intensive Care Unit in Northern Jordan. (Co-supervisor)

2013 Al-Hattab D MN (Thesis) Exploring nurses' knowledge and attitudes of developmental care practice at Neonatal Intensive Care Units (NICUs) in Northern Jordan. (Co-supervisor)

2012 Farahat E MN (Thesis) Maternal anemia in Jordan: prevalence and impact on anthropometric measurements of neonates. (Co-supervisor)

2012 Hasan R MN (Thesis) Nurses' perception of difficult patients' characteristics in Saudi Arabia. (Co-supervisor)

2016 Abd Elkarim A. MN (Thesis) The relationship between school violence and some lifestyle behaviours in Jordan (2013-2016).

2016 Al-sarayreh A. MN (Thesis) Effectiveness of smart phone application (asthmaMD) on quality of life among adolescents with asthma (2013-2016).

2017 Ayyoub H. MPH (Thesis). Interconnectedness between waterpipe use and cigarette smoking among adolescents in Jordan. (2011-2017).

Thesis Examination

Masters (Thesis) Nazaal A JUST 2014; Jumah D JUST 2013; Al-Yousef R JUST; 2012

Publications

REFERREED JOURNAL ARTICLES

Published/Accepted for publication

2017

Khabour, O. F., Alomari, M. A., & **Al-sheyab, N. A.** (2017). Parental Perceptions About Informed Consent/Assent in Pediatric Research in Jordan. *Journal of Empirical Research on Human Research Ethics*, 1556264617718937.

Mahmoud A. Alomari & **Nihaya A. Al-sheyab** (2017). Dual tobacco smoking is the new trend among adolescents: Update from the Irbid-TRY. *Journal of Substance Use*, Pages 1-7. doi.org/10.1080/14659891.2017.1348559

Alzghoul, M. M., Shakhathreh, M. K., & **Al-Sheyab, N.** (2017). Unintentional injuries and violence among adults in northern Jordan: a hospital-based retrospective study. *International journal of environmental research and public health*, 14(4), 343.

Al-sheyab, N. A., Khader, Y. S., Shah, S., Roydhouse, J. K., & Gallagher, R. (2017). The Effect of a "Class Smoke Free Pledge" on Breath Carbon Monoxide in Arabic Male Adolescents. *Nicotine & Tobacco Research*, ntx050.

Bani Salameh, A., **Al-sheyab, N.**, El-hneiti, M., Shaheen, A., Williams, L. M., & Gallagher, R. (2017). Effectiveness of a 12-week school-based educational preventive program on weight and

fasting blood glucose in “at-risk” adolescents of type 2 diabetes mellitus: Randomised controlled trial. *International Journal of Nursing Practice*.

2016

Gharaibeh, H. F., **Al-sheyab, N.**, & Malkawi, S. Y. (2016). Breast Milk Collection and Storage in the Neonatal Intensive Care Unit: Nurses' Knowledge, Practice, and Perceived Barriers. *The Journal of Continuing Education in Nursing*, 47(12), 551-557.

Al-sheyab, N. A., Al-Fuqha, R. A., Kheirallah, K. A., Khabour, O. F., & Alzoubi, K. H. (2016). Anthropometric measurements of newborns of women who smoke waterpipe during pregnancy: a comparative retrospective design. *Inhalation toxicology*, 28(13), 629-635.

Al-Sheyab, N. A., Alomari, M. A., Shah, S., & Gallagher, R. (2016). “Class smoke-free” pledge impacts on nicotine dependence in male adolescents: A cluster randomized controlled trial. *Journal of Substance Use*, 21(6), 566-574.

Khalil, H., Nazzal, M., & **Al-Sheyab, N.** (2016). Parkinson’s disease in Jordan: Barriers and motivators to exercise. *Physiotherapy theory and practice*, 32(7), 509-519.

Mangnall, L. J. T., Sibbritt, D. W., **Al-Sheyab, N.**, & Gallagher, R. D. (2016). Predictors of warfarin non-adherence in younger adults after valve replacement surgery in the South Pacific. *Heart Asia*, 8(2), 18-23.

Batieha, A. M., Khader, Y. S., Berdzuli, N., Chua-Oon, C., Badran, E. F., **Al-sheyab, N. A.**, ... & Ra’eda, J. (2016). Level, Causes and Risk Factors of Neonatal Mortality, in Jordan: Results of a National Prospective Study. *Maternal and child health journal*, 20(5), 1061-1071.

Alomari, M. A., & **Al-Sheyab, N. A.** (2016). Cigarette smoking lowers blood pressure in adolescents: the Irbid-TRY. *Inhalation toxicology*, 28(3), 140-144.

2015

Level, Causes and Risk Factors of Neonatal Mortality, in Jordan:Results of a National Prospective Study. *Maternal Child Health Journal*. Anwar M. Batieha, Yousef S. Khader, Nino

Berdzuli, Chuanpit Chua-Oon, Eman F. Badran, **Nihaya A. Al-sheyab**, Asma S. Basha, Ahmad Obaidat, Ra'eda J. Al-Qutob. DOI 10.1007/s10995-015-1892-x, 2015

Omar Khabour , Karem H. Alzoubi, **Nihaya Al-Sheyab**, Alan Shihadeh, Thomas Eissenberg . Investigating the Effects of Exposure to Waterpipe Smoke on Pregnancy Outcomes Using an Animal Model. *Nicotine and Tobacco Research*. 10.1093/ntr/ntv275

Al-sheyab N Al-Qudah KM Tahboub YR. Levels of perfluorinated compounds in human breast milk in Jordan: the impact of socio-demographic characteristics". *Environmental Science and Pollution Research-Accepted* 10Feb 2015 DOI: 10.1007/s11356-015-4462-2. Published online on the 24th of April, 2015-PMID:25903175

AL-sheyab N A Obaidat M M, Bani Salman A A Lafi S Q. Toxoplasmosis-related knowledge and preventive practices among undergraduate university female students in Jordan. *Journal of Food Protection-Accepted* 6Feb 2015. Doi: 10.4315/0362-028X.JFP-14-579

Al-Sheyab N A Kheirallah kh Thomson Mangnall L Gallagher R. Agreement Between Exhaled Breath Carbon Monoxide Threshold Levels and Self-Reported Cigarette Smoking in a Sample of Male Adolescents in Jordan. *The International Journal of Environmental Research and Public Health* 2015- 12, 841-854; doi:10.3390/ijerph120100841

2014

Obaidat M M **Al-sheyab N A**, Bani Salman A E Lafi S Q. Seroepidemiology and risk factors of *Toxoplasma gondii* infection in undergraduate university female students in Jordan. *Epidemiol. Infect.* © Cambridge University Press 2014. doi:10.1017/S0950268814003604

Al-sheyab N Alomari M A Shah S Gallagher P Gallagher R. Prevalence, Patterns and Correlates of Cigarette Smoking in Male Adolescents in Northern Jordan, and the Influence of Waterpipe Use and Asthma Diagnosis: A Descriptive Cross-sectional Study. *The International Journal of Environmental Research and Public Health* 2014, 11, 9008-9023; doi:10.3390/ijerph110909008

2013

Al-sheyab N Gallagher R Gallagher P Shah S. Cigarette smoking in adolescents with asthma in Jordan: impact of peer-led education in high schools. *Journal of Nursing, Education and Practice*. 2013; 3(9) e-version.

2012

Al-sheyab NA Gallagher R Crisp J Shah S. Peer-led education for adolescents with asthma in Jordan: a cluster-randomized controlled trial. *Pediatrics*. 2012 Jan; 129(1); e106-12 (Rated in the MORE system, Impact Factor 2012=5.119).

Al-sheyab N Gallagher R Roydhouse JK Crisp J Shah S. Feasibility of a peer-led, school-based asthma education program for adolescents in Jordan. Eastern Meditairian Health Journal. 2012; 18(5):468-473.

Al-sheyab N. Power of peer leaders in improving self-management skills among adolescents with asthma. Evidence Based Nursing. 2012; 15:45-46.

Professional development

A one year RCR (Responsible Conduct of Research) course/ Fellowship in bioethics.
(2016)

Registered Nurse (List A) - Overseas Qualified Nurses and Midwives Assessment Program
NSW (2004)

Certified Professional Trainer (Train The Trainer) Certificate, Amman, Jordan
(2013)

Tobacco Treatment Certificate, Amman, Jordan
(2014)

Nicotine Addiction and Smoking Cessation for mental health professionals Course Certificate,
The University of Sydney, Australia
(2014)

Conference Presentations and Panel Participation

INVITED KEYNOTE SPEAKERS

2013

Al-sheyab N. Adolescent Asthma and Smoking: Benefits of Peer Education in Jordan.
Research degree student conference. University of Technology, Sydney. Australia

2012

Al-sheyab N. Peer-led education for adolescents with asthma in Jordanian schools. Research
degree student conference. University of Technology, Sydney. Australia

INVITED WORKSHOPS

2015

Al-sheyab N. Digital health solutions in public health. The American University of Beirut. Beirut:
Lebanon

Al-sheyab N. 4 Day Nicotine addiction and smoking cessation training course for healthcare
professionals. Hamad Medical Institution. Doha: Qatar

2014

Al-sheyab N. Cross-sectional and longitudinal research: challenges and advantages. Research Design workshop for postgraduate students. The University of Sydney. Australia

2013

Shah S **Al-sheyab N.** Addressing health disparities and improving health and education outcomes using peer education. Istanbul Turkey

Al-sheyab N. Endnote Reference Software: basic and advanced levels for teaching staff at Faculty of Nursing at JUST Jordan

Shah S **Al-sheyab N.** SALSA Peer Leaders Training Workshop. Chiffely college high school Sydney Australia

Shah S **Al-sheyab N.** Triple A Peer Leaders Training Workshop. Blacktown high School Sydney Australia

2012

Shah S **Al-sheyab N.** SALSA Peer Educators Training Workshop for Medical and Pharmacy Students. The University of Sydney Australia

Shah S **Al-sheyab N.** Triple A Peer Educators Training Workshop for Medical Students. The University of Sydney Australia

Al-sheyab N. Endnote Reference Software: basic and advanced levels for postgraduate research students at Faculty of Nursing at JUST Jordan

PUBLISHED ABSTRACTS

2014

Khalil H Nazzal M **Al-sheyab N.** Exploring practices and perceptions toward exercise among PD patients in Jordan. 18th International Congress of Parkinson's Disease and Movement Disorders. Organized by the International Parkinson's and Movement Disorders Society. Stockholm, Sweden. Abstract published in Movement Disorders (Impact Factor 4.8)

Al-sheyab N Alomari M A Shah S Gallagher R. Feasibility and Acceptability of a school-based peer-led educational program (Students As Life Style Activists) in Jordan-Poster presentation. The 4th International Public Health Conference. Kuala Lumpur: Malaysia

2013

Al-Sheyab N. Adolescent Asthma and Smoking: Benefits of Peer Education. 10th World Congress of the International Association of Adolescent Health (IAAH). Istanbul:Turkey.

Smita Shah, **Al-sheyab N.** *Workshop PHW1(Public Health Track)*. Addressing Health Disparities and Improving Health and Education Outcomes Using Peer Education. 10th World Congress of the International Association of Adolescent Health (IAAH). Istanbul: Turkey.

2010

Al-sheyab, R. Gallagher, J. Crisp, & S. Shah (2010). Effectiveness of a peer-led education program on adolescent with asthma in Jordanian schools. American Thoracic Society (ATS) International conference. Identifying Barriers and Developing Interventions to Improve Pediatric Asthma Care (Mini Symposium). New Orleans: Louisiana. Abstract published in Am J Respir Crit Care Med 181;2010:A2253. (Impact Factor 11.041)

Al-sheyab N. Effectiveness of a peer-led education program for adolescents with asthma in Jordanian schools. The Jordanian Nursing Council (JNC) International conference. The Heart of the Matter: Relevance of Nursing Responsiveness. Amman: Jordan

Al-sheyab N Gallagher R Crisp J Shah S. Improved Health Outcomes for Adolescent with Asthma in Jordan: A Cluster Randomized Controlled Trial. World Allergy Organization (WAO), International Scientific Conference. Asthma and co-morbid conditions: Expanding the Practice of Allergy for Optimal Patient Care. Dubai: UAE.

2009

Al-sheyab N Gallagher R, Crisp J, Shah S. Evaluation of a School-Based, Peer-led Health Education Program for Adolescents with Asthma in Jordan. The 6th Health Services and Policy Research Conference. Health Services Research: Reforming, Responding, Rewarding. Brisbane: Australia

2007

Al-sheyab N. Feasibility and acceptability of the Triple A (Adolescent Asthma Action) program in Jordanian high schools. 6th Australian and New Zealand Youth Health Conference: Research into Practice, Evidence into policy. Christchurch: New Zealand. **Winner best poster award**

Al-sheyab N. Peer-led education among adolescents with asthma in Jordan: pilot study. Postgraduate students conference, University of Technology (UTS). Sydney: Australia.

Roles and Committees

UNIVERSITY AND FACULTY ROLES AND COMMITTEES

Member of the scientific committee of the 5th International Nursing Conference. Amman: Jordan. 2014-April 2015

Member of the competency based education for reforming nursing curricula at Jordanian Nursing Council. Amman: Jordan. Jan 2015-current

Chairing the journal club committee at JUST from 2014-Current

Member in the journal club committee at JUST from 2012-2014

Member in the journal club for postgraduate students at University of Sydney from 2014-current

Member in the Research Methods fortnightly meetings for postgraduate students at University of Sydney from 2014-current

Chairing the library committee in the Faculty of Nursing at JUST from 2012-current

Chairing the Advanced Pediatric Nursing/Master Degree Course-Curriculum Development Committee JUST Irbid Jordan from 2013-current

ETHICS COMMITTEES

Member in the IRB ethics committee at JUST FROM 2012-current

Developed Health Educational Manuals/Kits/DVDs

- | | |
|------|---|
| 2015 | Manual for Delivering Tobacco-Related Health Education for the Community in Qatar. Developed a manual for Hamad Medical institute- |
| 2014 | Al-doha-Qatar |
| 2014 | TAJ Program (Triple A in Jordan): Modification and Translation of Triple A Educational Manuals and Triple A Educational DVDs into Arabic Language - Chairman of the Advisory Committee , Irbid, Jordan |
| 2013 | SALSA (Students As Life-style Activists) Peer Leader Manual: Modification and Translation of the SALSA Peer Leaders Manual into Arabic Language - Chairman of the Advisory Committee , Irbid, Jordan |
| 2013 | Triple A (Adolescent Asthma Action) Manuals, Member of the Advisory Committee , Sydney, Australia |
| 2013 | SALSA (Students As Life-style Activists) Peer Leader Manual, Member of the Advisory Committee , Sydney, Australia |

Voluntary Participation and Community Services

2015

Al-sheyab N. Alomari M. Healthy lifestyle behavior modification: improving healthy food choices for high school students. Tounis high school for girls Jordan

2014

Al-sheyab N Al-Masa'deh A. Free open medical day at Sammou' village in Jordan. Organized by Jordan University of Science and Technology and Alsamra Pharmaceutical company. Irbid Jordan

Al-sheyab N. Asthma self management in high schools for teachers. Abu Baker high school for boys Jordan

Al-sheyab N Qandeel A Khater W Healthy lifestyle behavior modification: improving physical activity and healthy food for primary and secondary school students. Irbid Model Private School . Jordan

Al-sheyab N. Healthy lifestyle behavior modification: improving physical activity and healthy food for high school teachers. Natfeh high school for girls Jordan

2013

Al-sheyab N. Asthma awareness and management in high schools for teachers. Ghazy Academy Arramtha high school for boys Jordan

Al-sheyab N. Alomari M A. Healthy lifestyle behavior modification: improving physical activity and healthy food for high school teachers. Al-gadesyeh high school for girls Jordan

2012

Al-sheyab N. Asthma awareness and management in high schools for teachers. Assarih high school for boys Jordan

Professional Associations/Memberships

2015-Current

Member in the International Association for Food Protection. US

2014 - Current

Full member in the Australian Association of Smoking Cessation Professionals (AASCP), Sydney Australia

2013-Current

Full member in Asthma Thoracic Society (ATS), US