## NAHLA AL ALI

PROFESSOR/COMMUNITY HEALTH NURSING

DETAILS

Irbid Jordan 0796034723 nmali@just.edu.jo

> Place of birth Irbid

LINKS

Professional Website

Research Gate

Google Scholar

SKILLS

Leadership Skills

**Teamwork** 

Effective Time Management

Ability to Multitask

Fast Learner

Computer Skills

Adaptability

Microsoft Office

Ability to Work in a Team

Communication Skills

Ability to Work Under Pressure

LANGUAGES

Arabic

**English** 

HOBBIES

Traveling and Reading

#### PROFILE

Experienced and self-motivated Nursing professor with ten+ years of teaching experience. Highly competent communicator skilled in multitasking and effectively communicating with others. Helping to lead school professionals to work toward reaching goals. Proven ability to establish and maintain excellent communication and relationships with students and colleagues. Excellent time management skills combined with superior knowledge of different learning methods. Committed to utilizing my skills to help others while working towards a company's mission. Strong organizational abilities with proven success managing multiple academic projects and volunteering events. Well-rounded and professional team player dedicated to continuing academic pursuits at a collegiate level.

## EDUCATION

Ph.D, School of Nursing and Midwifery/ Queen's University of Belfast/UK.,
 Befast/Northen Ireland /UK

January 2005 - July 2008

Graduated with High Honor.

Research and course-taught tracks.

<u>Thesis Title:</u> A Cross-Cultural Comparative Study of Nursing, Dental, and Medical Students' Knowledge, Education, and Attitudes towards Domestic Violence and Abuse in Northern Ireland and Jordan.

Advisor: Dr. Anne Lazenbat

 Master's in Nursing/ Community Health Nursing, Faculty of Nursing, Jordan University of Science and Technology, Irbid

September 1999 - July 2001

Graduated with high honors.

<u>Thesis Title:</u> The Effect of the health belief model in explaining exercise participation among Jordanian Myocardial infarction patients.

Advisor: Prof. Linda Haddad.

Bachelor's Degree in Nursing in Jordan University of Science & Technology/Faculty of Nursing

September 1990 — July 1994 Graduated with high honors.

#### EMPLOYMENT HISTORY

Full professor at Jordan University of Science and Technology, Irbid July 2023 — present

Associate professor at Jordan University of Science and Technology, Irbid September 2016-2023

- Remained committed to helping each student grow and learn as an academic scholar.
- Continually offered a variety of teaching methods and curricular perspectives.

## Assistant professor at Jordan university of Science and Technology , Irbid February 2008 — September 2016

 Served as a Student Advisor, helping students to more clearly define and follow their academic path.

Part time lecturer at Queen's University of Belfast School of Medicine, Dentistry and Biomedical Sciences, Belfast/Northern Ireland /UK

January 2005 - December 2007

 Served as an instructor to plan and design tutorials, and exams for Micro-anatomy, Histology, and Anatomy Courses.

## Full-time lecturer at Jordan University of Science and Technology , Irbid September 2001 — January 2005

 Created and implemented lesson plans for many courses. Supervised and trained students in clinical settings.

## Clinical instructor at Jordan University of Science and Technology, Irbid October 1995 — September 1999

- Coordinated internship programs for students seeking clinical work in the area.
- Effectively practiced as a clinical and dedicated team member.
- Performed primary medical care practices and clinical duties.
- Developed a care plan based on clinical observations.
- Provided in-depth clinical assessments.

#### \* AREA OF INTEREST

Health Promotion throughout the life span, School Health, Mental health of adolescents, school bullying, The impact of social media on health-related issues, health promotion and prevention of NCDs, primary health care, Violence against women, child abuse, Family Violence, validation of dementia patients, women's health promotion issues.

#### ACADEMIC APPOINTMENTS

# Vic Dean/Deanship of Academic Development and Quality Assurance 05.Sept. 2023-present

Chairperson /Community and Mental Health Dept./Faculty of Nursing/ Jordan University of Science and Technology, Irbid September 2018 — September 2020

Chairperson /Community and Mental Health Dept./Faculty of Nursing/ Jordan University of Science and Technology, Irbid September 2013 — September 2014

Chairperson /Community and Mental Health Dept./Faculty of Nursing/ Jordan University of Science and Technology, Irbid September 2008 — September 2010

#### CERTIFICATION AND LICENSURE

- Granted the professional title of Clinical Nurse Specialist/Community Health with allrights, privileges, and responsibilities. Amman/Jordan Nursing Council
   June 2016 — Present
- Certified as VALIDATION WORKER (Level 1). , The Validation Training Institute/USA May 2013-Present
- CERTIFIED PROFESSIONAL TRAINER (TTT), Lead Academy and Jordan University of Science and Technology

May 2013 - Present

#### EXTERNAL EDUCATIONAL ACTIVITIES

May 3-9, 2023

Teaching mobility within ERASMUS PLUS project, Warsaw, Poland.

#### September 2020

External reviewer for the Master of Science in Community Health Nursing, Faculty of Nursing, King Abdulaziz University, Kingdom of Saudi Arabia.

#### August 2013

External examiner, practical Psychiatric Nursing, and Mental health examination (MSC Patch I). The University of Khartoum, College of Nursing Science.

Sudan.

#### December 2001 - September 2003

Part-time lecturer as a WHO Consultant. Tashreen University/Teaching many courses for BSN Students in Syria (*Psychiatric and Mental Health, Maternity, Public Health, Fundamentals of Nursing, and Administration*).

#### PROFESSIONAL DEVELOPMENT AND TRAINING

<u>Spet. 31- October 1.2023, "Measuring Student Learning Outcomes,"</u> Academic Development and Quality Assurance Center, Jordan University of Science and Technology

<u>September 14. 2023</u>, "Qualifications Alignment within the National Qualifications Framework," At Jordan University of Science and Technology.

<u>Jul 3.2023, "</u>Technical skills to manage the e-learning system," The Center Of E-Learning, And Open Educational Resources, JordanUniversity of Science and Technology

13-15 Oct. 2022, "E-learning media / building a website and placing it on the university server," Academic Development and Quality Assurance Center, Jordan University of Science and Technology

<u>22-23 Sept. 2021</u>, developing national capacities to develop eLearning in higher education institutions, Academic Development, and Quality Assurance Center, Jordan University of Science And Technology

**23-25 Sept. 2020**, Online / International Symposium "Global Collaboration on Data beyond Disciplines," Science Council of Japan, Roppongi, Minato-Ku, Tokyo, Japan.

April 10-11, 2018, designing e-learning, Academic Development, And Quality Assurance Center, Jordan University Of Science And Technology.

<u>April 4, 2018</u>, E-learning latest advance in e-learning in Europe, Creating and Editing Educational Videos using Camtasia Studio (9), Academic Development and Quality Assurance Center, Jordan University of Science and Technology.

<u>May 11-14, 2017</u> (presenters, two presentations), The 5th Congress of The Jordanian Society of Endocrinology, Diabetes & Metabolism (JSED)

<u>May 11, 2015</u>, I attended 3 hours "Authoring Seminar" workshop presented by Mr. Marc Chahin (Executive Publisher of the Middle East at Elsevier) at Jordan University of Science and Technology.

June 11-12, 2014, Certificate of successful completion of a two-day Training program

"Gender-based violence," UNFPA & Royal Health Awareness Society, Amman.

<u>June 3-4, 2014,</u> Certificate of successful completion of a Training course "E-learning: Open Educational Resources (OER)," 12 contact Hours, Academic Development and Quality Assurance Center, Jordan University of Science & Technology.

<u>Jan. 25-27, 2014</u>, certificate of successful completion of a training program SHABANA (Health Education for Youth), 24 Contact hours, UNFPA & Royal Health Awareness Society,

Amman.

Mar.16, 2014, brainstorming meeting "how can JICA support to strengthen and sustain a home visit program in Jordan" Higher Population Council (HPC) Jordan- Amman/

<u>Dec. 2-3, 2013,</u> Certificate of successful completion of a Training Program in "Creative Teaching Strategies for The Nurse Educator," 6.3 Contact Hours, PESI Healthcare, a division of CMI Education Institute, Inc., a non-profit organization. JNC, Amman.

<u>May 11-25, 2013,</u> Certificate of successful completion of a Training Program in CERTIFIED PROFESSIONAL TRAINER (TTT), Lead Academy and Jordan University of Science and Technology.

<u>April 22, 2013,</u> Certificate of successful completion of independent study "Workplace Violence: Recognition and Responses to Violence in Health Care," PESI Healthcare, a division of CMI Education Institute, Inc., a non-profit organization. JNC, Amman.

April 22, 2013, Certificate of successful completion of a 3 Contact-Hours Workshop Titled "Knowledge Base of Bioethics and Nursing Ethics," JNC, Amman-Jordan.

<u>May 27, 2013,</u> Certificate of Having completed the Requirements Prescribed by the Validation Training Institute for Level 1-Validation Worker, Certified as VALIDATION WORKER (Level 1).

<u>February 27, 2012,</u> Certificate of successful completion of 3.30 Contact Hours Workshop Titled "Introduction to the Validation Method," Amman- Jordan.

<u>Jan. 22-25, 2012</u>, Certificate of successful completion of a Training course in "STATISTICAL ANALYSIS USING SPSS," 16 Training Hours. Jordan University of Science & Technology, The Consultative Center for Science & Technology.

Mar. 15-21, 2010, Certificate of successful completion of a three-day workshop.

"Creating a culture for Evidence-Based Nursing Practice," 18 Contact Hours,

**Feb. 18-19, 2009**, Certificate of successful completion of a Training Course "Curriculum Design & Development in Health Sciences," 12 Training Hours. Jordan University of Science & Technology, The Academic Development Center.

<u>May 12 & 14, 2008</u>, Certificate of successful completion of a Training Course "Modern University Instructional Methods," 12 Training Hours. Jordan University of Science & Technology, The Academic Development Center.

Mar. 5-6, 2008, Certificate of successful completion of a Training Course "Testing and Evaluation of University Examinations," 12 Training Hours. Jordan University of Science & Technology, The Academic Development Center

<u>JUN 21. 2002</u>, Certificate of satisfactorily completing a three-week Home Care Nursing training program. Case Western Reserve University/ Frances Payne Bolton School of Nursing/Ohio /USA.

#### \*

## **CONFERENCES**

#### March 9-12, 2023

International Congress of Woman's Studies, Harran University and Istanbul Gedik University, Istanbul, Turkiye.

#### <u>September 24, 2020</u>

Envisioning: the nursing profession after the covid-19 pandemic, UAE, ministry of health and prevention.

## July 28. 2020

Primary Health Care and Welfare: Jordan Vision 2033 Conference. Faculty of Nursing, Jordan University of Science and Technology.

#### 24-25 Jan. 2019

3rd Annual Dubai International Nursing & Midwifery Congress Radisson Blu Hotel, Dubai Deira Creek, Dubai, UAE.

#### 05-06 September 2018

3rd International Nursing and Primary Healthcare Conference and World Congress on Alzheimer's Research & Therapeutic Advances. Dubai, UAE.

#### 30th April-02nd May 2018

International Conference on Nursing 2018, At Holiday Inn Wembley-London, United Kingdom

#### November 16, 2016

8th International Conference of The Royal Medical Services: 7th Regional Assembly of The Pan Arab Regional Working Group Of The ICMM.

#### February 19, 2014

Analytical meeting "Further analysis of contraceptive discontinuation based on DHS 2012 Calendar",

#### May 2010

Attended one day workshop called "Pracademia: bringing the concept to light, WHO Collaborating Center, Jordan University of Science and Technology. Higher Population Council (HPC) Jordan-Amman

#### Mar. 2010

Panel group meeting "Discussion of the draft of the law of legal accountability for healthcare professionals" Jordan Nursing Council, Amman

#### CONSULTATION ACTIVITIES

#### 2023-present

Consultant with Warchild Holland, project "Development and Evaluation of the Nurturing Families Interventions."

#### 2022

A member of the scientific committee, 2nd International Conference of Applied Medical Sciences 2023 and The International Conference of Enhancing Clinical Nutrition and Dietetic Practice in Palestine - ECNAD Project, which is to be held during March 14-15,2023 at Al Azhar University-Gaza, Palestine.

#### 2019-2021

Consultant with GIZ for the project Mental Health and Psychosocial Support (MHPSS) for children. Design and develop a training program for health workers on MHPSS for children.

#### 2019-2020

Review and refine all undergraduate courses according to ACEN standards.

#### 11-13 September 2018

Technical Consultative Workshop on Roles and Functions of Nursing Workforce in Family Practice-Based Primary Health Care in Libya.

#### 2018-2020

Reform the curriculum of the graduate program of Community Health Nursing, JUST.

#### 2017 – present

Consultant with International Rescue Committee (IRC) and researchers from the University of Southern California to conduct NCD in Jordan survey"Optimizing a community-based model for case identification, monitoring, and prevention of hypertension and diabetes among Syrian refugees in Jordan."

#### 2016- present

Head of the committee of community health licensure exam, Jordanian Nursing Council.

#### 2014-2015

Reform the curriculum of the graduate program of Community Health Nursing

#### 2013-2014

Review and reform the curriculum of the undergraduate nursing program.

#### August 2013

Review and Reform study plan and examination tools for practical Psychiatric and Community health nursing, University of Khartoum/College of Nursing Science

#### 2008-2013

Certificates' Accreditation Committee (Chairperson).

#### 2012

Develop and refine health promotion course. UNFPA & Royal Health Awareness Society, Amman.

#### 2012-present

A member of the Committee of Higher Education Accreditation Commission, Amman-Jordan

#### 2009-Present

Deputy to: WHO / JUST / Faculty of Nursing Collaborating Center "Center of Excellence for Development of Human Resources in Nursing" for EMRO Region.

## EDITORIAL RESPONSIBILITIES (EDITORIAL BORAD AND REVIEWER)

- · Horizon Research Publishing, USA (HRPUB)/Nursing and health
- Science Publishing Group
- Austin Journal of Women's Health
- Journal of Human Lactation
- Breastfeeding Medicine
- Public Health Nursing
- Nursing and Health
- American Journal of Nursing Science
- Psychology and Behavioral Sciences
- Maternal and Child Health Journal
- Children & Schools
- Eastern Mediterranean Health Journal
- SAGE Open
- Journal of Religion and Health
- Journal of Transcultural Nursing
- MBC Public Health
- PLOS one
- Child Abuse and Neglect

#### ONLINE COURSES

- Foundations of Teaching for Learning. Professor Stephen Dinham Commonwealth Education Trust. 6 weeks, From August 24, 2015
- Advanced instructional strategies in the virtual classroom. Chris Long,
   M.A. (c.long@uci.edu). From April 13, 2015, to May 17, 2015,
   https://class.coursera.org/advancedvirtual- 003/
- Assessment and Teaching of 21st-century skills. Patrick Griffin & Esther care. The University of Melbourne. Five weeks, 2014. <a href="http://www.coursera.org">http://www.coursera.org</a>
- Learning how to learn: powerful mental tools to help you master tough subjects. Nine weeks, 2015.
- Data analysis and statistical inference. Duke University. March 2015.

### PUBLICATIONS

- Determinants of Quality of Life in Family Caregivers of Patients With Leukemia: A Cross-Sectional Study. NM Al Ali, A Eid, N Aljada, SAGE Open 13 (4), 21582440231205350
- 2. Assessment of Food consumption, Smoking, Alcohol Use, and Physical Activity by Sex and Major of Study among a sample of College Students in Jordan. Nahla Al Ali & Fatima Khazaaleh (2023, May). Heliyon. 9 (2023) e16405.

- 3. Separate souls under one roof: Jordanian women's perspectives of emotional divorce. Gharaibeh, M., Al Ali, N., Odeh, J., & Shattnawi, K. (2023, May). In Women's Studies International Forum (Vol. 98, p. 102746). Pergamon.
- 4. The effect of health literacy in explaining medication adherence among patients with hypertension: A cross-sectional study of Syrian refugees in Jordan. Nahla Mansour Al-Ali, Reem Khaled Telfah. (2023). *International Journal of Nursing Practice*, DOI: 10.1111/jjn.13136.
- Caregiver burden among parents of children with chronic diseases: A cross-sectional study. Shattnawi, K. K., Al Ali, N., Almanasreh, A. A. A., & Al-Motlaq, M. A. (2023). Journal of Clinical Nursing. https://doi.org/10.1111/jocn.16672
- 6. Health promoting behaviors and associated factors among older adults: a narrative review. Rababa, M., Al-Ali, N., & Shaman, A. (2022). Working with Older People, (ahead-of-print).
- 7. Rapidly adapted community health strategies to prevent treatment interruption and improve COVID-19 detection for Syrian refugees and the host population with hypertension and diabetes in Jordan. Ratnayake, R., Rawashdeh, F., AbuAlRub, R., Al-Ali, N., Fawad, M., Bani Hani, M., ... & Parmar, P. K. (2022 International Health, ihac083, https://doi.org/10.1093/inthealth/ihac083
- 8. Resilience of patients with coronary heart diseases in Jordan: A cross-sectional study. Al Ali, N. M., & Al Ramamneh, I. S. (2022). *International Journal of Nursing Sciences*, 9(1), 86-91.https://doi.org/10.1016/j.ijnss.2021.12.003.
- Prevalence of adverse childhood experiences and their relationship with self-esteem among school-age children in Jordan. Shattnawi, K.K., <u>Al</u> <u>Ali, N</u>. & Ma'abreh, Y.M (2022). *Child Psychiatry Hum Dev* (2022). https://doi.org/10.1007/s10578-022-01378-9.
- 10. Social media use among university students in Jordan and its impact on their dietary habits and physical activity. Al Ali, N. M., Alkhateeb, E. A., Jaradat, D., & Bashtawi, M. (2021). Cogent Education, 8(1), 1993519.
- 11. Determinants of husbands' violence against women in Jordan. Rami Masa'Deh, Muna M. AlMomani, Omayma M. Masadeh, Samiha Jarrah, Nahla Al Ali. (2022), Nursing Forum, 1-8, https://doi.org/10.1111/nuf.12700.
- 12. Integrating community health volunteers into non-communicable disease management among Syrian refugees in Jordan: a causal loop analysis, PK Parmar, F Rawashdah, N Al- Ali, RA Al Rub, M Fawad, K Al Amire, ...BMJ open, 2021, 11 (4), e045455.
- 13. Adaptation of a community health volunteer strategy for the management of hypertension and diabetes and detection of COVID-19 disease: a progamme for Syrian refugees in in northern Jordan, R Ratnayake, F Rawashdeh, MB Hani, S Zoubi, M Fawad, R AbuAlRub, N Al-Ali, Ravi Goyal, Khaldoun Al-Amire, Rowaida AlMaaitah, Parveen Parmar. The Lancet Global Health, March, 2021. DOI:https://doi.org/10.1016/S2214- 109X(21)00122-4.
- 14. Effect of Mirror Therapy on Motor Function in xtremities and Daily Activities in Stroke Patients. Rakad Al-asaeed, Mohamed ALBashtawy, Nahla Al Ali, Khitam Ibrahem Mohammad, Bayan Albashtawy, Fadi Fawares, Abdullah Alkhawaldeh. Medico-legal Update, July-September 2021, 21(3), 260-262.
- 15. Self-Medication Use and Associated Factors among University Students. A. Alkhawaldeh, M. Al Bashtawy, O. Al Omari, K. Mohammad, A. Al-Natour, N. Al Ali, N. Abu Baker, S. Al Bashtawy, Z. Al Bashtawy, A. Musa1, M. Alshloul. Journal of Hunan University Natural Sciences, 2021, 48(12)
- 16. Health Promoting Behaviors, Health Needs and Associated Factors among Older Adults in Jordan: A Cross-Sectional Study. Rababa M, <u>Al Ali N</u>, Alshaman IJCBNM. 2021;9(2):106-116. doi: 10.30476/ijcbnm.2020.87493.1443
- 17. Access to Care and Prevalence of Hypertension and Diabetes AmongSyrian Refugees in Northern Jordan. R Ratnayake, F Rawashdeh, R AbuAlRub, N Al-Ali, M Fawad, MB Hani, ...JAMA Network Open. 2021, 3 (10), e2021678-e2021678
- 18. Testing the Effectiveness of Cognitive Behavioral Therapy in Relieving Nurses'

- Ageism Toward Older Adults: A Randomized Controlled Trial. Rababa, M., Alhawatmeh, H., Al Ali, N. M. Kassab. Cognitive Therapy and Research, 2020. https://doi.org/10.1007/s10608-020-10167
- 19. Development and psychometric evaluation of nurses and midwives' perceptions of their roles in primary healthcare. TN Al-Dwaikat, M Alrawashdeh, NA Baker, NA Ali. International Journal of Nursing Sciences. 2020.
- Caregivers help-seeking behaviors for post-discharged neonates from neonatal intensive care units: A Jordanian study. Abedallah Kasem, Sawsan Abuhammad, Manal KassabNahla, Al Ali Nahla. Journal of Pediatric Nursing, 2020. DOI: 10.1016/j.pedn.2020.06.003
- 21. Neonatal nurses' knowledge and beliefs about kangaroo mother care in neonatal intensive care units: A descriptive, cross-sectional study KK Shattnawi, N Al-Ali, K Alnuaimi Nursing & health sciences 21 (3), 352-358,2019.
- 22. Effect of Health Care Accreditation Council survey site visit on perceived stress level among Jordanian healthcare providers I Al-Faouri, A Al- Dmour, N Al-Ali, R AbuALRub, F Abu Moghli. Nursing forum 54 (1), 30-37, 2019.
- 23. The Effect of Short Duration Skin to Skin Contact on Premature Infants' Physiological and Behavioral Outcomes: A Quasi-Experimental Study. KK Shattnawi, N Al-Ali. Journal of pediatric nursing, 2019, 46, e24-e28.
- 24. Attitudes of Jordanian adolescent students toward overweight and obesity. NNA Baker, N Al-Ali, R Al-Ajlouni. The Open Nursing Journal 12,15, 2018.
- 25. Bullying in school (Book chapter). <u>NM Al-Ali</u>, KK Shattnawi. Health and Academic Achievement, 47-58, **2018**.
- Parents' knowledge and beliefs about the impact of exposure to media violence on children's aggression. <u>NM Al-Ali</u>, HS Yaghy, KK Shattnawi, NM Al-Shdayfat. Issues in mental health nursing 39 (7), 592-599, 2018.
- 27. Students' perceptions of characteristics of victims and perpetrators of bullying in public schools in Jordan, <u>NM Al Ali</u>, M Gharaibeh, MJ Masadeh, Nursing research 66 (1), 40-48, **2017**.
- 28. The reliability and validity of the Arabic World Health Organization quality of life-BREF instrument among family caregivers of relatives with psychiatric illnesses in Jordan. HF Dalky, JC Meininger, <u>NM Al-Ali</u>. Journal of nursing research 25 (3), 224-230, 2017.
- 29. Factors affecting help-seeking attitudes regarding mental health services among attendance of primary health care centers in Jordan. NM Al Ali, MK Alqurneh, H Dalky, H Al-Omari. International Journal of Mental Health 46 (1), 38-51, 2017.
- 30. The impact of training program on nurses' attitudes toward workplace violence in Jordan, NM Al-Ali, I Al Faouri, TF Al-Niarat Applied Nursing Research 30, 83-89,2016.
- 31. Acute care nurses' attitudes toward family presence during cardio- pulmonary resuscitation in the Kingdom of Saudi Arabia. S Omran, NALAII, H Alshahrani. Clinical Nursing Studies 3 (3), 69-75, 2015.
- 32. Health-care providers' perception of knowledge, skills and preparedness for disaster management in primary health-care centres in Jordan. NM Al-Ali, AH Abu Ibaid, Eastern Mediterranean health journal, 21 (10), 2015.
- 33. Knowledge and attitudes about pain management: a comparison of oncology and non-oncology Jordanian nurses S Omran, M Al Qadire, <u>NAAli</u>, MF Al Hayek Nursing and Health 2 (4), 73-80, **2014**.
- 34. Perception of shared governance among registered nurses in a Jordanian university hospital. IG Al-Faouri, <u>NA Ali</u>, MB Essa, International Journal of Humanities and Social Science 4 (6), 254-262, **2014**.
- 35. The influence of emotional intelligence training on nurses? Job satisfaction among Jordanian nurses. I Al-Faouri, <u>N Al-Ali</u>, B Al-Shorman. European Journal of Scientific Research 117 (4), 486-494, **2014.**
- 36. Secondhand smoke exposure among young adults in a developing country-a Jordanian case. L Haddad, NA Baker, O El-Shahawy, NAI-Ali, T Shudayfat. Substance abuse and rehabilitation 4, 45, 2013.
- 37. Female public Jordanian university undergraduate students' intentions and attitudes toward breastfeeding: Application of self-objectification theory. N Al-Ali, R Hatamleh, Y Khader. Breastfeeding review 21 (3), 31,2013.
- 38. Parents' knowledge and beliefs about the impact of exposure to media violence onchildren's aggression. tions, education, and training experience of domestic

- violence in .... NM Al-Ali, A Lazenbatt. Sage open 2 (4), 2158244012464974, 2012.
- 39. Intention and attitudes towards breastfeeding among undergraduate female students at a public Jordanian university. N Al-Ali, R Hatamleh, YKhader. Evidence Based Midwifery-Royal College of Midwives Library 10 (4), 119, 2012.
- 40. The effect of the health belief model in explaining exercise participation among Jordanian myocardial infarction patients N Al-Ali, LG Haddad Journal of Transcultural Nursing 15 (2), 114-121, 2004.

## TEACHING ACTIVITIES

#### **Graduate Courses**

- ADVANCED COMMUNITY HEALTH NUR. THEORY I (Nur 760).
- ADVANCED COMMUNITY HEALTH NUR. THEORYII (Nur 765).
- ADVANCED COMMUNITY HEALTH NUR. CLINICAL I (Nur760).
- ADVANCED COMMUNITY HEALTH NUR. CLINICAL II(Nur 765).
- PROGRAM PLANNING & EVALUATION FOR HEALTH PROMOTION PROGRAM (Nur.732).
- HEALTH PROMOTION AND EDUCATION (Nur 786).
- NURSING RESEARCH ADVANCED (NUR 790)
- SEMINAR (Nur 793).
- SPECIAL TOPICS IN NURSING (Nur 781).

#### **Undergraduate Courses**

- HEALTH PROMOTION (Nur 100)
- NURSING RESEARCH (Nur 302, 402)
- NURSING ETHICS AND ISSUES (Nur 301)
- PRINCIPLES OF NURSING ADMINISTRATION (Nur 403)
- COMMUNICATION SKILLS (Nur 311)
- COMMUNITY HEALTH NURSING (Nur 464, 364).

#### COMMITTEE ASSIGNMENTS AND ADMINISTRATIVE SERVICE

#### 2022-present

A member of the Saudi Journal of Nursing Research Advisory board

#### 2008-2020

Curriculum development Committee member (graduate, undergraduate.

#### 2017-2018

Head of Scientific research committee

#### 2008

A representative of the Faculty of Nursing in the University Council.

### 2016- present

Head of the committee of community health licensure exam, Jordanian Nursing Council.

#### 2011-2013

Scientific research committee member at the Faculty of Nursing/JUST

#### 2008-2010

Continuing Education Committee member at Faculty of Nursing/JUST

#### 2014-2015

Students Disciplinary Committee member at Faculty of Nursing/JUST

#### 2008-2013

Certificates' Accreditation Committee (Chairperson) at Faculty of Nursing/JUST

#### SCHOLARSHIPS AND AWARDS

#### 2022

Teaching mobility opportunity within the framework of ERASMUS +ICM project 2022.

#### 24-25 January 2019

Certificate of appreciation, 3rd Annual Dubai International Nursing & Midwifery Congress Awards, Second Place Winner.

#### 2005-2008

Full scholarship to UK/ doctorate in Nursing (Jordan University of Science & Technology)

#### 1999-2001

Scholarship to Jordan University of Science & Technology/ MSN Degree (Jordan University of Science & Technology).

#### 1990-1994

Full scholarship to Jordan University of Science & Technology/BSN (Higher Ministry of Education (HME)/Jordan)

#### THESIS SUPERVISION

- $\cdot$  The influence of emotional intelligence training on nurses' job satisfactiona; a quasi experimental study. 11/2009
- Acute Care Nurses Attitude Toward Family Presence During Cardio Pulmonary Resuscitation in Riyadh City Hospitals in the Kingdom of Saudi Arabia 05/2009
- $\,\cdot\,$  Perception of Shared Governance Among Registerd Nurses at King Abdullah University Hospital ( KAUH ).  $\,$  07/2011
- Knowledge, Attiudes and avoidance behaviors toward Secondhand Smoking among universityin Northern jordan 12/2011
- Attitudes of Jordanian Adolescent Students Toward Overweight and Obesity 04/2012
- Jordanian Parent's perception of physical child abuse and corporal punishment 07/2012
- risk factors of Unintentional Home Injuries in Jordanian Children Aged one to Five Years
   07/2012
- Students' Perceptions of Bullying in Public Schools in Irbid: Implications for School Health. 05/2013
- The health consequences of second -hand smoke exposure on asthma and respiratory health of Jordanian school -aged children 12/2013
- Health Care Providers' Perception of Knowledge, Skills, and preparedness for Disaster Management in primary Health Care Centers in Northern of Jordan 10/2013
- PERCEIVED LEVEL OF STRESS, SOURCE OF STRESSORS AND COPING STRATEGIES
   AMONG UNIVERSITY NURSING UNDERGRADUATES IN JORDAN 06/2014
- The effects of violent media on children's aggressive behaviors: the perspective of Jordanian parents 12/2014
- Jordanian University Students' Perceptions and Experiences of Sexual harassment 05/2015
- Effect of Health Care Accreditation Council survey site visit on perceived stress level among Jordanian health care providers 05/2015

- Factors influence the utilization of mental health services among a sample of clients in the primary health care centers in Jordan 04/2015
- The impact of training program on nurses' attitudes toward workplace violence in a military hospital 01/2014
- Perceptions of adolescents with Type 1 Diabetes and their Parents of Motivation,
   Self-Efficacy, and Family Responsibility in Relation to Diabetic Self-Care and Diabetic
   Control (HbA1C levels). 05/2016
- Health risk behaviors and associated factors among undergraduate university students in Jordan 01/2017
- Quality of Life Evaluation for Family Caregivers of Patients with Leukemia 11/2017
- Resilience and Related Factors among Jordanian Patients with Coronary Heart Disease
   12/2017
- nurses perception of their competence level and the associated factors. 08/2018
- $\cdot$  Assessment of health promoting behaviors, health needs, and associated factors of the elderly in Jordan. 04/2020
- An evaluation of the level of adherence to medication and its relationship with health literacy and self-efficacy among Syrian refugees patients with hypertension. 08/2020
- The Perceptions and Behaviors of University Students About The Impact of Social Media on Dietary Habits and Physical Activity 12/2019
- The effect of a school-based physical activity educational program on adolescents' physical activity-related knowledge performance, and self-efficacy. 02/2021
- $\cdot$  The effectiveness of school-based educational program about bullying on students' knowledge, behavior and self-esteem. 02/2021
- Prevalence of nomophobia and attitudes of university students towards smartphones use 08/2021
- Prevalence of Adverse Childhood Experiences and their Relationship with Self-esteem Among School-Age Childen in Jordan 06/2021
- the effectiveness of the telehome-based educational program in controlling blood pressure, improving knowledge, medication adherence and self-care of primary hypertensive patients. 01/2022
- $\cdot$  the impact of emotional divorce on health and sexual well being : Jordanian women perspective 02/2022
  - External examiner:

#### **Doctoral thesis**

- The impact of implementing an integrated model of care on hospitalized older persons on their quality of life, quality of care and health indicators in Palestine/west bank, The University of Jordan, Faculty of Nursing, Oct. 2017.
- Emotional and Behavioral Disorders among Adolescents and the Needs for Mental Health Services at Schools: A mixed Method, Aug. 2018.
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