

Name	Naseem Alshwaiyat		
Post	Instructor of Nutrition Science		
Academic career	M.Sc.	Jordan University of Science and Technology, Jordan	2006
	B.Sc.	Jordan University of Science and Technology, Jordan	2004
Employment	Lecturer	Qassim University, Saudi Arabia	2007-2019
	Instructor	Jordan University of Science and Technology, Jordan	2023-now
Research and development projects over the last 5 years	<ul style="list-style-type: none"> Obesity and iron deficiency. Obesity and dietary pattern. 		
Industry collaborations	-		
Patents and proprietary rights	-		
Important publications over the last 5 years	<ul style="list-style-type: none"> Alshwaiyat, N. M., Ahmad, A., & Al-Jamal, H. A. N. (2023). Effect of diet-induced weight loss on iron status and its markers among young women with overweight/obesity and iron deficiency anemia: a randomized controlled trial. <i>Frontiers in nutrition</i>, 10, 1155947. AlTamimi, J. Z., AlFaris, N. A., Alshwaiyat, N. M., Alkhalidy, H., AlKehayez, N. M., Alsemari, M. A., & Alagal, R. I. (2023). Prevalence of fast-food intake among a multi-ethnic population of middle-aged men and connection with sociodemographic factors and obesity. <i>Medicine</i>, 102(15), e33555. AlTamimi, J. Z., Alshwaiyat, N. M., Alkhalidy, H., AlKehayez, N. M., Alagal, R. I., Alsaikan, R. A., ... & AlFaris, N. A. (2023). Sugar-sweetened beverages consumption in a multi-ethnic population of young men and association with sociodemographic characteristics and obesity. <i>International journal of environmental research and public health</i>, 20(6), 4861. AlFaris, N. A., Alshwaiyat, N. M., Alkhalidy, H., AlTamimi, J. Z., Alagal, R. I., Alsaikan, R. A., ... & AlKehayez, N. M. (2022). Sugar-sweetened beverages consumption in a multi-ethnic population of middle-aged men and association with sociodemographic variables and obesity. <i>Frontiers in Nutrition</i>, 9, 987048. AlTamimi, J. Z., Alshwaiyat, N. M., Alkhalidy, H., AlFaris, N. A., AlKehayez, N. M., Alsemari, M. A., & Alagal, R. I. (2022). Prevalence of fast food intake among a multi-ethnic population of young men and its connection with sociodemographic determinants and obesity. <i>International Journal of Environmental Research and Public Health</i>, 19(22), 14933. Alagal, R. I., AlFaris, N. A., AlTamimi, J. Z., Alshwaiyat, N. M., Ahmad, A., Alzaheb, R. A., & AlKehayez, N. M. (2022, April). Differences in overweight and obesity prevalence among young men from twelve middle eastern and Asian countries living in Saudi Arabia. <i>Healthcare</i>, 10, 690. AlTamimi, J. Z., Alshwaiyat, N. M., AlFaris, N. A., AlKehayez, N. M., Ahmad, A., & Alagal, R. I. (2022). Differences in overweight and obesity prevalence in middle-aged men from twelve middle eastern and Asian countries living in Saudi Arabia. <i>International Journal of General Medicine</i>, 15, 3333-3343. AlTamimi, J. Z., Alshwaiyat, N. M., Alkhalidy, H., AlFaris, N. A., AlKehayez, N. M., & Alagal, R. I. (2022). Breakfast skipping among a multi-ethnic population of young men and relationship with sociodemographic determinants and weight status. <i>International Journal of Environmental Research and Public Health</i>, 19(5), 2903. AlFaris, N. A., Alshwaiyat, N. M., Alkhalidy, H., Alagal, R. I., AlTamimi, J. Z., & AlKehayez, N. M. (2022). Breakfast skipping in a multi-ethnic population of middle-aged men and relationship with sociodemographic variables and weight status. <i>Frontiers in Nutrition</i>, 8, 761383. AlTamimi, J. Z., Alagal, R. I., AlKehayez, N. M., Alshwaiyat, N. M., Al-Jamal, H. A., & AlFaris, N. A. (2022). Physical activity levels of a multi-ethnic population of young men living in Saudi Arabia and factors associated with physical inactivity. <i>Frontiers in Public Health</i>, 9, 734968. AlFaris, N. A., Alshwaiyat, N. M., AlTamimi, J. Z., Alagal, R. I., Al-Jamal, H. A., & AlKehayez, N. M. (2022). Physical activity levels of a multi-ethnic population of middle-aged men living in Saudi Arabia and factors associated with physical inactivity. <i>International Journal of Public Health</i>, 66, 1604328. Alshwaiyat, N. M., Ahmad, A., Wan Hassan, W. M. R., & Al-Jamal, H. A. N. (2021). Association between obesity and iron deficiency. <i>Experimental and Therapeutic Medicine</i>, 22(5), 1268. 		
Activities in specialist bodies over the last 5 years	Organisation	Role	Period
	<ul style="list-style-type: none"> Agricultural Engineers Association, Jordan. 	Member	2004-now