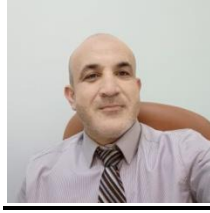


CURRICULUM VITAE

May 2025



Dr. Othman Beni Yonis, MD.

Short Bio:

Dr. Othman Beni Yonis, is an associate professor, and consultant physician of family medicine at JUST University and King Abdullah University Hospital-Jordan. He is the head and the program director of JUST family medicine residency program.

He had graduated from JUST University/Jordan(1999) and The University of Illinois College of Medicine Peoria UICOMP/USA (2012).

Dr. Beni Yonis was granted an "Award In Recognition for Excellence in Teaching" from UICOMP/USA in 2011.

His medical and research interests lie in the areas of public health, family medicine, preventive health, primary care, evidence based medicine, women's health, communicable and non-communicable diseases and medical education as well.

He had many published researches in highly ranked international journals on diabetes mellitus, hypertension, mental health, thyroid Diseases, exercise Counseling, COVID 19, and others.

Personal information:

Name: Othman A. Beni Yonis.

Date of Birth: 01/05/1975.

Place of Birth: Tobneh-Jordan.

Citizenship: Jordanian.

Languages: Arabic-native,

English-Fluent

Contact information:

Public Health and Family Medicine Department

Jordan University of Science and Technology

PO box 3030 Irbid, Jordan 22110

Phone: 0096227201000-28211

Email: oabaniyonis@just.edu.jo

Professional titles:

- Clinical associate professor of family medicine at Department of Public Health and Family Medicine-JUST University/Jordan.(2020-present).
- Clinical assistant professor of family medicine at Department of Public Health and Family Medicine-JUST University/Jordan.(2014-2020).
- Program Director of Family Medicine Residency Program-JUST University. (2022-Present).
- Academic division supervisor-Family Medicine. (2022-Present).
- Consultant in family medicine/King Abdulla University Hospital(KAUH), Jordan. (2014-present).

Previous posts

- **Sep 2019-Sep 2022:** Director of JUST Health Center-JUST University –Jordan
- **Oct 2010-Sep 2012:** Clinical instructor at University of Illinois College of Medicine at Peoria (UICOMP), Peoria IL, USA.

Awards& Honors

- Teaching Excellence Award in recognition For Excellence in Teaching-(UICOMP)/USA. (Oct 2011).
- Ranked the first top in residency, 2004.
- Ranked the second top in Al-Kourah Department - Jordan in the high school examination (Tawjihi),1993.

Education & Certification

- **Oct 2010–Sep 2012:** Women's Health Fellowship /University of Illinois College of Medicine at Peoria (UICOMP),Peoria IL,USA.
- **Aug 2004:** Jordanian Board in Family Medicine/Jordan Medical Council/Jordan.
- **Jul 2000-Jun 2004:** Higher Specialty in Family Medicine/JUST University/Jordan.
- **1999- 2000:** Internship/ Ministry of Health Hospitals/Jordan.
- **Sep 1993–Jun 1999:** Bachelor of Medicine, Bachelor of Surgery (MBBS), (JUST) University/Jordan.

ECFMG Exams

2006: Certified by ECFMG (ECFMG Certificate # 0-676-595-2)

Membership of Professional Societies:

- **2023-present:** Member of the scientific committee for the The Arab Board of Health Specializations.
- **2014-2019:** Member of the scientific committee for the Jordanian board exam in family medicine at Jordanian medical council/Jordan.
- **2014:** Member of the scientific committee for internship exam at Jordanian medical council/Jordan.
- Registered in the Jordanian Medical Association (JMA).
- Registered in the Jordanian Medical Council (JMC).
- Member of the Graduate Medical Education Committee (GMEC) for the ACGME-I accreditation at Jordan University of Science and Technology.
- Member of the drugs and therapeutic committee at JUST University
- Member of the students medical committee at JUST University.

Skills and expertise:

Evidence based medicine, Preventive medicine, Family medicine, Medical education, Primary care medicine, Health education and promotion, Patient education, Public health education, Community medicine, Non communicable diseases and Chronic disease management.

Bibliography

Book chapters

The first and the only author of the chapter "Hypertension Control: The Effect of Dietary Patterns and Lifestyle" for Blood pressure physiology book, publication pending.

Journal review:

Reviewer of "Current Psychology" and "patient education and counseling" journals, and other journals.

Published papers:

All found at:

Google scholar:

https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=othman+beni+yonis&oq=othman+beni

Research Gate:

<https://www.researchgate.net/profile/Othman-Beni-Yonis/research>

- 1) Psychosocial and emotional well-being of Syrian refugee children and adolescents in Jordan: In-camp versus out-of-camp comparative analysis
OB Yonis, Y Khader, H Taha, A Al-Madhwahi, SA Khudair, E Tanaka, ...

Narra J 4 (2), e849

- 2) Behavioural and emotional symptoms among schoolchildren: a comparison between Jordanians and Syrian refugees
MD Othman B. Yonis, Yousef Khader, Abdel-Hameed Al-Mistarehi, Sara A. Khudair

- 3) Exercise counseling by primary care physicians in Jordan—a preliminary study
Beni Yonis, R Saadeh, Z Chamseddin, H Alananzeh

Journal of Primary Care & Community Health 11, 2150132720946947
- 4) Post-traumatic stress disorder among Syrian adolescent refugees in Jordan
Beni Yonis, Y Khader, A Jarboua, MM Al-Bsoul, N Al-Akour, MA Alfaqih, ...

Journal of Public Health
- 5) High rate of hypertension control among treated patients attending a teaching primary healthcare centre in Jordan
Beni Yonis, Y Khader, A Okour, M Al Omari, T Al Quran, A Khassawneh, ...

Postgraduate Medical Journal 95 (1122), 193-197.
- 6) Dual mapping of MTHFR C677T (A1298C) and BDNF G196A (Val66Met) polymorphisms in patients with diabetic peripheral neuropathy.
A Yehya, Z Altaany, O Beni-Yonis

European Review for Medical & Pharmacological Sciences 27 (14)
- 7) Premenstrual Syndrome's Impact on Work-Related Quality of Life Among Jordanian Nurses
Y Al-Hmaid, OB Yonis, M Alkhalili, K Kheirallah

Cureus 16 (2)
- 8) Knowledge, attitudes, and practices of pregnant Jordanian women towards physical activity in pregnancy: A cross-sectional study
AJ Alhemedi, OB Yonis, N Abdo, HA Salem, E Alomari, RF Alrosan, ...

Medicine 104 (15), e42149
- 9) Reported long-term effects of COVID-19 patients after hospital discharge in Jordan
R Karasneh, S Al Sharie, S Al-Azzam, SM Altawalbeh, B Khassawneh, ...

- 10) Improving clinical documentation: automatic inference of ICD-10 codes from patient notes using BERT model
E Al-Bashabsheh, A Alaiad, M Al-Ayyoub, O Beni-Yonis, RA Zitar, ...
The Journal of Supercomputing 79 (11), 12766-12790

- 11) Characterization of ESKAPE pathogens in urinary tract infections among Jordanian patients
RH Alsharedeh, A Yehya, OB Yonis, O Alameri, N Alshraiedeh
The Journal of Infection in Developing Countries 17 (03), 374-380

- 12) Perceptions of primary healthcare physicians in Jordan of their role in the COVID-19 pandemic: A cross-sectional study
R Saadeh, MA Alfaqih, A Al-Shdaifat, M Alyahya, N Alrabadi, Y Khader, ...
International Journal of Clinical Practice 75 (11), e14797

- 13) Effect of multimedia messaging service on exercise self-efficacy in diabetic patients
MS Alyahya, NA Al-Sheyab, JA Alqudah, OB Younis, YS Khader
American Journal of Health Behavior 45 (5), 902-915

- 14) The psychosocial and clinical concerns of physicians treating patients with COVID-19
RA Saadeh, MA Alfaqih, OAB Yonis, AHM Okour, KA Obeidat
Journal of Taibah University Medical Sciences 15 (6), 544-549

- 15) Quality of life among patients on levothyroxine: A cross-sectional study
T Al Quran, Z Bataineh, AH Al-Mistarehi, A Okour, OB Yonis, ...
Annals of Medicine and Surgery 60, 182-187

- 16) The role of primary healthcare physicians in the COVID-19 pandemic: a cross-sectional study

R Saadeh, M Alfaqih, A Al Shdaifat, M Alyahya, N Alrabadi, Y Khader, ...

Authorea Preprints

- 17) Prevalence and predictors of thyroid dysfunction among type 2 diabetic patients: A case-control study
AH Khassawneh, AH Al-Mistarehi, AM Zein Alaabdin, L Khasawneh, ...

International Journal of General Medicine, 803-816

- 18) Prevalence of sleep disorders among medical students and their association with poor academic performance: A case-control study

A Yassin, AH Al-Mistarehi, OB Yonis, AJ Aleshawi, SM Momany, ...

Annals of medicine and Surgery 58, 124-129

- 19) Greater awareness is the first step in the fight against Ovarian Cancer in Jordan

I Alsharaydeh, N Obeidat, OB Yonis, A Abdulla

Authorea Preprints

- 20) Water-pipe usage among Jordanian high school students: prevalence and basic features

AH Al-Mistarehi, A Yassin, Ö Dulaimy, R Banyata, A Masalmeh, T Arar, ...

European Respiratory Journal 54 (suppl 63)

- 21) Case Report: Rhinocerebral Mucormycosis in An Immunocompetent Patient.

MB Ata, M Alsalem

Jordan Medical Journal 53 (2)

References

Available upon request.