

CURRICULUM VITAE

Safaa Kamal Nazzal, MSc, OT

CONTACT INFORMATION

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ACADEMIC EDUCATION

- | <u>Period</u> | <u>Degree</u> |
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| ❖ September, 2017 – July, 2019 | Master degree in Clinical Rehabilitation Sciences |
| Jordan University of Science and Technology, Irbid – Jordan. | |
| ❖ August, 2006 – June, 2010 | Bachelor of Science in Occupational Therapy, BSc |
| Jordan University of Science and Technology, Irbid – Jordan. | |

PROFESSIONAL EXPERIENCE

❖ TEACHING EXPERIENCE

- | <u>Period</u> | <u>Position</u> |
|---|--------------------|
| ☒ September, 2025 – Present | Full-time lecturer |
| Jordan University of Science and Technology -Applied Medical Sciences | |
| ☒ August, 2021 – September, 2025 | Full-time lecturer |
| Occupational Therapy Program
Batterjee Medical College (BMC)_ Jeddah – KSA | |

Courses taught:

- OT Process
- Rehabilitation Psychology
- Strategies for Independent Living
- Environment & Disability
- Psychiatry Cases
- OT Theories/Approaches
- Wheeled Mobility & Seating Interventions
- Therapeutic Media in OT
- Applied OT for Psychiatric Conditions
- Special Topics in OT
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| ☒ September, 2010 – September, 2017 | Teaching Assistant |
| Faculty of Applied Medical Sciences
Jordan University of Science and Technology, Irbid – Jordan | |

Participating & assisting in academic teaching in the following Courses:

- Skills and activities used in OT.
- Musculoskeletal assessment.
- Occupational therapy and counseling.
- Pediatric rehabilitation.
- Occupational therapy applied to physical dysfunction (1+2).
- Occupational therapy fundamentals.
- Independency

❖ CLINICAL EXPERIENCE

<u>Period</u>	<u>Position</u>
☒ September, 2010 – September, 2017	Clinical Instructor:
Duties included training of undergraduate occupational therapy students in the following settings:	
• Clinical training (pediatric) at al-Basheer hospital –Amman. • Advanced clinical training (pediatric) at al-Basheer hospital – Amman. • Clinical training in physical dysfunction (AL-Basheer- Princess Basma Hospital). • Community rehabilitation –Irbid refugee camp/ Northern Academy/ Disabled Child Association/ALAWAJ center	

PUBLICATIONS

- ❖ Ismael, N. T., Nazzal, S. A. K., Jaber, A. F., & Yabroudi, M. A. (2023). Exploring perceived occupational performance among individuals with Vertigo in Jordan: A cross-sectional study. *British Journal of Occupational Therapy*, 03080226231175571.

POSTER PRESENTATIONS

- ❖ “Exploring Self -Perceived Occupational Performance and satisfaction in Individuals with Vestibular Disorders” _ BMC Research Conference.March-2023.

Invited Presentations

Presentation on topic “OT Role in Psychiatric Conditions, The 8th Health Professions Conference (8th), College of Applied Medical Sciences-Jeddah-KSA, 2024.

CERTIFICATIONS

- Certified Item Author Program- Saudi Commission for Health Specialties,2024
- Wheelchair Training Program (WTP), ISWP, BMC-2023-2025
- Academic Development workshop for 1 hour on Accreditation orientation sessions (1, 2) BMC_2025
- Academic Development workshop on Performance Indicators Workshop for 2 hours _BMC_2024
- Two days' workshop "Cognitive Rehabilitation Therapy, Amman-Jordan, 2023
- Two days training online" Introduction to Early Intervention Programs, 2023
- Academic Development workshop on Blueprint, BMC, November 2021
- Academic Development workshop on Course Report -, BMC, Desember21-22.
- Academic Development workshop on Item writing (MCQ)_ , BMC Desember21-22.
- Academic Development workshop on writing of learning outcomes- , BMC-Desemper21-22.
- Academic Development workshop on psychometric Analysis of MCQ- , BMC-Desemper21-22
- Academic Development workshop on course portfolio-, BMC - Desember21-22
- Online webinar "The Impact of Covid 19 on Family and How to Cope with it, Gadara Initiative ,June 1,2020
- Online course/"Coping with the Stress of Coronavirus", Harvard Medical School, May 04/ 2020.
- Online webinar "Sleep Disturbance and Fatigue: The Role of Neurorehabilitation Specialists", Online webinar in collaboration with Maharat"; an open courses platform hosted by the Center for E-learning open educational resources, Jordan University of Science and Technology, APRIL 14,2020.
- Online course /"Ethical and Psychosocial Issues in Management of COVID-19", Harvard Medical School, April 18, 2020.
- online course from EDRAK "Emotional intelligence",2018
- Training workshop on occupational health and safety/Jordan University of Science &technology, Alramtha/2017
- Training entitled "Spinal Cord Injury and Rehabilitation Training", Japan Medical Network in cooperation with the Jordanian Ministry of Health/Amman/2016
- "Case study" training: presentation of various cases of bone injuries, stroke, cerebral palsy and how to evaluate them and develop a treatment plan for them/ Japan Medical Network in cooperation with the Jordanian Ministry of Health/Amman/2016.
- MDS-AOS Rehabilitation Updates in Parkinson's disease/ International Parkinson and Movement Disorder Society, Amman/2016
- Community-based rehabilitation/japan Medical Network/Jordan-Irbid/2015
 - A training course to assist Syrian refugees with disabilities and their families/ Jordan-Irbid/2015
- "Skill-Up training for physiotherapists"/Japan Medical Network/Jordan- Amman/2015
- Workshop on: "Management of Seating Neurological Clients, Jordan Association for Occupational Therapy, Amman/December,3rd 2015

- Training program “protection human research participants” at Website approved by the National Institute of Health(NIH) ,29/4/2010
- Attend the second ALnahda Festival- II / ALnahda Society of the Challenges motor workshop entitled "Independent Living for people with disabilities and consult with peers",6/6/2009- Teachers Club, Irbid
- 3 days’ workshop “Introduction wheelchair skills training “Complex, Prince Raad bin Zeid+ALnahda society/11/2009, Amman-Irbid.

HONORS & AWARD’S

- Employee of the Month; for outstanding performance, service and dedication –BMC,KSA -October-2022
- **August, 2006 – June, 2010**
Listed 2 times on the deanship list of honors for distinguished academic achievement, Jordan University of Science and Technology, Irbid - Jordan

ADMINISTRATIVE WORK:

- Academic Program Coordinator –OT Program- BMC. (September 2021 - 2025).
- Quality committee Coordinator –OT Program- BMC. (September 2021 - 2025).
- Academic Advisory Panel Coordinator –OT Program- BMC (September 2021 – 2025)
- Academic Advising Coordinator –OT Program- BMC. (September 2025)
- Uploading New Curriculum To Saudi Commission for Health Specialties(SCFHS) Online Portal(2025)
- Contribute in self-evaluation report(SER) for AHPGS accreditation and visit-BMC_(2024-2025)
- Assessment committee Coordinator –OT Program- BMC. (September 2021-2024)
- Social responsibility committee Coordinator –OT Program- BMC. (September 2022-2023)

Community Service

- **Coordinator of** “ let’s talk Mental Health: Break the Stigma Together” Event-BMC-Jeddah-KSA-2025
- **Coordinator and facilitator** in group therapy for mothers of children with cerebral palsy to provide psychological support and introduce a procedural intervention for occupational therapy, al-Basheer Hospital – Amman, 2017
- Coordinator** at occupational therapy open day” giving with meaning to a better life”
To represent the therapeutic means and tools provided by occupational therapy
, JUST, 11/2016
- To give **a lecture** on occupational therapy (definition, personal skills, labor market) for the tenth-grade students, at schools of the Jordanian Ministry of Education/Irbid/2014.
- **Coordinator** at occupational therapy open day” Occupational therapy: Bring meaning for our life, JUST, 4/2011.

MEMBERSHIPS/LICENSES

- Member of the W.F.O.T World Federation of Occupational Therapists
- Member of the Jordanian society for occupational therapy
- Member of the International Parkinson and Movement Disorder Society.